広報とうかい 4/25 号

- 1.5月の休日診療
- 5月の健康相談
- 3. 村長からのメッセージ
- 4. 軽自動車税納税通知書を郵送します
- 5. チャレンジスクール「弓道の部」
- 6. チャレンジスクール「卓球の部」
- 7. SC スマイル TOKAI「ノルディックウオーキング体験教室」

新型コロナウイルス感染症の拡大防止のため、中止・延期などを行う場合が あります。

In order to event the spread of the infectious disease of the novel coronavirus some or all of the events may be cancelled or postponed.

Tokai News Letter 25 Apr. 2020

- 1. Weekend Medical Services in May
- 2. Health Checks and Consultation in May
- 3. Mayor's guideline for Tokai Village citizens
- 4. Light Vehicle Tax
- 5. Kyudo(Japanese archery) Classes
- 6. Table Tennis Classes
- 7. A Trial Lesson of Nordic Walking Classes

1. Weekend Medical Services in May

Hours: 9:30 a.m. - 2:00 p.m., except noon - 1:00 p.m. (Hours are available for all locations.)

Sun. 3: Tokai Hospital, ph.029-282-2188

Mon.4: Ogata Clinic, ph.029-282-4781

Tue. 5: Tokai Hospital, ph.029-282-2188

Wed.6: Muto Pediatric Clinic, ph.029-282-7722

Sun.10: Higashihara Clinic, ph.029-283-2301

Sun.17: Ishii Orthopedics (Seikeigeka) Clinic, ph.029-270-5141

Sun.24: Tokai Clinic, ph.029-283-1711

Sun.31: Ibarakihigashi National Hospital, ph.029-282-1151

Ibaraki Children's Resource Line, ph. #8000 (for mobile phones), or 03-6667-3377:

Hours: open 24 hours a day, every day of the year (including emergency medical information)

Ibaraki Adult's Resource Line, ph. #7119 (for mobile phones), or 03-6667-3377:

Hours: open 24 hours a day, every day of the year (including emergency medical information)

2. Health Checks and Consultation in May

- (1) "Genki-up" Health Consultation for Adults
 - Date: Fri. 22 May.

Time: 9:00 a.m. - 11:30 a.m.

1:00 p.m. - 5:00 p.m.

Please make an appointment.

(2) Health Consultation for Mothers and Children

Date: Fri. 22 May

Time: 9:30 a.m. - 11:00 a.m.

1:00 p.m. - 2:00 p.m.

- (3) Health Check for Babies
 - 1) Infants

Date: Wed. 13 May

Time: 12:30 p.m. - 1:30 p.m.

2) Children - aged 1 year and 6 months old

Date: Thu. 14 May.

Time: 12:45 p.m. - 1:30 p.m.

3) Dental Checks for Children - aged 2 years and 6 months old Date: Thu. 20 May

Time: 1:00 p.m. - 1:45 p.m.

*All eligible children will be notified individually

Inquiries: Tokai Health Center, ph. 029-282-2797

3. Mayor's guidelines for Tokai Village citizens.

To avoid the spread of infectious diseases.

① Do not go out of your house unless for essential needs.

- ② Avoid gathering in the following three situations:
 "Tightly shut space", "A crowded location" and "In a close situation with another person".
- (3) Wash your hands and follow proper coughing etiquette.

4. Light Vehicle Tax

Light vehicle tax bill will be sent out to owners soon.

Please make sure to make payment at banks, convenience stores or the Japan Post Bank (in Kanto and Yamanashi pref.) designated on the back of the notice by Mon. 1 Jun.

The amount will be deducted from your account on Mon. 1 Jun. only for bank transfer registrants.

Anyone who has not received or has lost the tax notice, or who has received it for a scrapped/disused car or a car that changed ownership before 1 Apr. 2020, please inquire at Tax Section, Tokai Village Office.

Regarding reduction and exemption for the disabled, please contact Tax Section.

Application period: By Mon. 1 Jun. (except Saturdays, Sundays and national holidays)

Inquiries: Tax Section, ph. 029-282-1711 ext. 1117

5. Kyudo(Japanese archery) Classes

A series of 10 classes will be offered.

Dates:

Saturdays; 23, 30 May, 6, 13, 20 Jun.

Sundays; 24, 31 May, 7, 14, 21 Jun.

Time: 4:15 p.m. - 6:15 p.m.

Place: Tokai Gymnasium

Eligible people: Anyone of junior high school student or above, who either lives, works or goes to school in Tokai Village (including family living together).

Capacity: The first 15 people for adult and the first 15 junior high school students will be accepted (minimum number is 15 for both).

Cost: 2,000 yen per person

Application and Inquiries: Apply with the fee at Tokai Gymnasium between 8:30 a.m. and 5:15 p.m., from Tue. 28 Apr. to Sun. 17 May (except Thu. 7 and Mon. 11 May). Tokai Gymnasium, ph. 029-283-0673

6. Table Tennis Classes

A series of six classes will be offered.

[For Elementary students]

Dates: Saturdays 6, 13, 20, 27 Jun. and 4, 11 Jul.

Time: 2:00 p.m. - 3:30 p.m.

Eligible people: Anyone of elementary school student, who either lives or goes to school in Tokai Village.

Capacity: The first 20 applicants will be accepted. (minimum number is 10.)

Cost: 2,000 yen per person

[For Adult]

Dates: Tuesdays 2, 9, 16 Jun., Fridays 5, 12, 19 Jun.

Time: 7:00 p.m. - 9:00 p.m.

Eligible people: Anyone of junior high school student or above, who either lives, works or goes to school in Tokai Village (including family living together).

Capacity: The first 25 applicants will be accepted. (minimum number is 15.)

Cost: 2,000 yen per person

Place: Tokai Gymnasium

Others: Free tools will be offered for applicants.

Application and Inquiries: Apply with the fee at Tokai Gymnasium between 8:30 a.m.

and 5:15 p.m., from Tue. 28 Apr. to Sun. 24 May (except Thu. 7, Mon. 11 and 18 May).

Tokai Gymnasium, ph. 029-283-0673

7. A Trial Lesson of Nordic Walking Classes

Dates: Sat. 23, 30 May, 6, 20, 27 Jun., 11 Jul. (6 classes)

*Sat. 18 Jul. will be a temporary day.

Time: 9:00 a.m. - 11:00 a.m.

Place:

Tokai Gymnasium and others

Eligible people: Anyone who lives or works in Tokai Village (including family living together) or belong to SC Smile Tokai and are 18 years old or above.

Capacity: The first 20 applicants will be accepted.

Cost: 3,000 yen for SC Smile Tokai members, 4,500 yen for the family living together or non-members

Other: The poles will be offered by organizers.

Application: Apply at Tokai Gymnasium between 8:30 a.m. and 5:15 p.m. from Wed.

29 Apr. to Sun. 17 May (except Thu. 7 and Mon. 11 May).

Inquiries: Tokai Gymnasium, ph.029-283-1001