広報とうかい 2/25 号

1.3月の休日診療

2.3月の健康体操

3. 第12回「那珂のひなまつり」

Attention;

A coronavirus is going around many places.

Some events listed below might be canceled or postponed to prevent infection. Please check with each organizer about whether the event will be held or not. Thank you for your patience and understanding.

Tokai Newsletter 25 February, 2020

1. Weekend Medical Services in Mar.

- 2. Health Checks for Infants and Toddlers in Mar. at Tokai Health Center
- 3. The 12th Naka Doll Festival

1. Weekend Medical Services in Mar.

Hours: 9:30 a.m. - 2:00 p.m., except noon - 1:00 p.m. (Hours are available for all locations.)

Sun. 1: Higashihara Clinic, ph.029-283-2301

Sun. 8: Ibarakihigashi National Hospital, ph.029-282-1151

Sun. 15: Tokai Hospital, ph.029-282-2188

Fri. 20: Tokai Hospital, ph.029-282-2188

Sun. 22: Higashihara Clinic, ph.029-283-2301

Sun. 29: Ishii Orthopedics (Seikeigeka) Clinic, ph.029-270-5141

Ibaraki Children Emergency Information Helpline, ph. #8000 or 03-5367-2367:

Ibaraki Adult Emergency Information Helpline, ph. #7119 or 03-5367-2365:

If you experience an injury or illness and aren't sure what to do, call #7119(#8000) for advice. You can find out if you should call an ambulance or have an immediate medical exam, and also learn which clinics and hospitals are currently receiving patients. Available 24/7/365

2. Health Checks and Consultation in Mar.

(1) "Genki-up" Health Consultation for Adults

Date: Fri. 13 Mar.

Time: 9:00 - 11:30 a.m.

1:00 - 5:00 p.m.

Please make an appointment.

(2) Health Consultation for Mothers and Children

Date: Fri.13 Mar.

Time: 9:30 - 11:00 a.m.

1:00 - 2:00 p.m.

(3) Health Check for Babies

1) Infants born in Oct. 2019

Date: Wed. 4 Mar.

Time: 1:00 - 1:45 p.m.

2) Children (born in Aug. 2018) aged 1 year and 6 months old

Date: Thu. 5 Mar.

Time: 1:00 - 1:45 p.m.

3) Children (born in Jan. 2017) aged 3 years old

Date: Wed. 11 Mar.

Time: 1:00 - 1:45 p.m.

 4) Dental Checks for Children (born in Aug. 2017) aged 2 years and 6 months old Date: Thu. 19 Mar.

Time: 1:00 - 1:45 p.m.

5) Baby (born in Dec. 2019) class

Date: Fri. 6 Mar.

Time: 1:00 - 1:20 p.m.

Inquiries: Tokai Health Center, ph. 029-282-2797

3. The 12th Naka Doll Festival

Historical hanging dolls and hina dolls will be exhibited.

Term: Until Sun. 8 Mar.

Time: 9:00 a.m. - 4:30 p.m.

Place: 1. Rekishi Minzoku Shiryokan (Tozaki 428-2, Naka City) *Until 4 p.m. on Sun. 8 Mar. only.

- 2. Magariya (Sugaya 4520-1, Naka City)
- 3. Naka City Central Public Hall (Fukuda 1819, Naka City)
- 4. Sougou Center "Raporu" (Kotoku 371, Naka City)

*No closed day for 2, closed on Mondays for 1, 3 and 4 Fee: Free Inquiries: Rekishi Minzoku Shiryokan, ph. 029-297-0080