

広報とうかい 2/10 号

1. 2月の休日診療
2. 窓口業務時間延長
3. ハローベビースクール
4. 親子でフラダンス
5. 「みそ」を作ろう！
6. 第124回「水戸の梅まつり」

Tokai Newsletter 10 February, 2020

1. Weekend Medical Services in Feb.
2. Extension of Administrative Service Time
3. Hello Baby Classes for Pregnant Women
4. Hula Dancing Class for Children and Parents
5. Miso Making Class
6. The 124th Mito Ume Festival (Japanese Plum Blossom Festival)

1. Weekend Medical Services in Feb.

Hours: 9:30 a.m. - 2:00 p.m., except noon - 1:00 p.m. (Hours are available for all locations.)

Tue. 11: Tokai Clinic, ph. 029-283-1711

Sun. 16: Ibarakihigashi National Hospital, ph. 029-282-1151

Sun. 23: Tokai Hospital, ph. 029-282-2188

Mon. 24: Ishii Orthopedics (Seikeigeka) Clinic, ph. 029-270-5141

Ibaraki Children Emergency Information Helpline, ph. #8000 or 03-5367-2367:

Ibaraki Adult Emergency Information Helpline, ph. #7119 or 03-5367-2365:

If you experience an injury or illness and aren't sure what to do, call #7119(#8000) for advice. You can find out if you should call an ambulance or have an immediate medical exam, and also learn which clinics and hospitals are currently receiving patients. Available 24/7/365

2. Extension of Administrative Service Time

Date: Every 1st and 3rd Thu.

Time: 8:30 a.m. - 7:00 p.m.

Services and Sections:

Civil Registration Section: Resident registration, seal (hanko) registration, passport issuance, and publishing of other certifications and permissions, procedures of national health insurance and national pension plan and long life medical care for the elderly.

Elderly Welfare Section: Application of long-term care insurance and support of the elderly.

Tax Section: Issuance of certifications, (local) taxpayer assistance (needs reservation)

Accounting Section: Payment of tax (except national tax, prefectural tax and national pension premiums) and royalties.

Childcare Support Section: Procedures for day-care center, application of children allowance and child-rearing allowance.

Waterworks Section: Procedures to supply public water, payment of water and sewage bills.

3. Hello Baby Classes for Pregnant Women

Let's learn about pregnancy, childbirth, child care, and share your concerns and experiences with us as an expecting mother.

Date and Content:

1) Thu. 12 Mar. 9:15 a.m. - 1:30 p.m. (Registration starts at 9:00 a.m.)

Lecture by a midwife, a nutrition manager and a dental hygienist. You can also enjoy free talking and lunch time. Bring an apron, a bandana to cover your hair, a wiping cloth and a hand towel. Childcare service will be provided.

2) Sat. 14 Mar. 9:15 - 11:45 a.m. (Registration starts at 9:00 a.m.)

Talk about babies cry/ how to bath a new born/ pregnancy experience for fathers. Introduce about services for before and after childbirth. Bring aprons for each attendees. No childcare service will be provided.

Place: Tokai Health Center

Cost: Free

Others: Bring your Maternal and Child Health Handbook (boshi kenko techo), the supplementary handbook, pen and notebook.

Inquiries and Applications: Apply on the phone to Tokai Health Center (ph. 029-282-2797) by Thu. 20 Feb. 2020

Reservations are required for both of classes.

4. Hula Dancing Class for Children and Parents

Date: Thu. 20 Feb.

Time: 10:00 - 11:00 a.m.

Place: Tokai Muramatsu-syuku Kodomoen

Eligible People: Children between 1-year-old and pre-school aged with a guardian who resides in Tokai Village.

Instructor: Ms. Takako Nemoto (Hula dance instructor)

Cost: Free

Others: Bring a drink, a towel and wear comfortable clothes. There is a gravel parking lot next to Muramastu Community Center.

Inquiries: Tokai Muramatsu-syuku Kodomoen Parenting Support Center., ph. 029-282-7390

Reservations are not required.

5. Miso Making Class

Date: Sat. 7 Mar.

Time: 10:00 a.m. - 2:00 p.m.

Place: Tokai Sister City Hall

Eligible People: Non-Japanese residents or non-Japanese people who work in Tokai Village.

Capacity: 10 people (priority for first-time participants)

Fee: Free

Others: If you need babysitting service (free), please tell us when you apply.

Application: Please tell your name, address and phone number by e-mail from Thu. 13 to Thu. 20 Feb.

Inquiries: Tokai Sister City Hall, ph/029-282-0535(9:00 a.m.-5:00 p.m.)

Except Sunday

E-mail/ tokai.sch@net1.jway.ne.jp

You can get more information about this event in English on our facebook.
<https://www.facebook.com/tokai.sch>

6. The 124th Mito Ume Festival (Japanese Plum Blossom Festival)

Mito Ume Festival will be held in Kairakuen Garden and Kodokan Mito Han School.

Term: Sat. 15 Feb. - Sun. 29 Mar.

Place: Kairakuen Garden and Kodokan Mito Han School

Cost:

Kairakuen Garden; 300 yen per person (150 yen for elementary school, junior high school student, 70 years old and above)

Kodokan Mito Han School; 400 yen per person (200 yen for elementary school, junior high school student, 70 years old and above)

Inquiries: Mito Tourist Association, ph. 029-224-1111