

広報とうかい 12/10 号

1. 12月の休日診療
2. 窓口業務時間延長
3. 国際親善姉妹都市米国アイダホフォールズ市からの一般訪問団が来村しました
4. 年末年始の「ごみの直接搬入」と「燃えるごみの収集日」について
5. ハローベビースクール
6. 親子で Let's ダンス
7. スローエアロビック体験教室
8. 初・中級者テニス教室
9. クリスマスイルミネーション in 涸沼自然公園

Tokai News Letter 10 December, 2019

1. Weekend Medical Services in Dec.
2. Extension of Administrative Service Time
3. Idaho Falls Delegation visited Tokai Village
4. Garbage Disposal during New Year Holidays
5. Hello Baby Classes for Pregnant Women
6. Dance Class for Children and Parents
7. Slow Aerobic Trial Classes
8. Tennis Classes for Beginners and Intermediates
9. Christmas Illumination in Hinuma Shizen Park

1. Weekend Medical Services in Dec.

Hours: 9:30 a.m. - 2:00 p.m., except noon - 1:00 p.m. (Hours are available for all locations.)

Sun. 15: Ishii Orthopedics (Seikeigeka) Clinic, ph.029-270-5141

Sun. 22: Tokai Hospital, ph.029-282-2188

Sun. 29: Tokai Clinic, ph.029-283-1711

Mon. 30: Ogata Clinic, ph.029-282-4781

Tue. 31: Ogata Clinic, ph.029-282-4781

Ibaraki Children Emergency Information Helpline, ph. #8000 or 03-5367-2367:

Ibaraki Adult Emergency Information Helpline, ph. #7119 or 03-5367-2365:

If you experience an injury or illness and aren't sure what to do, call #7119(#8000) for advice. You can find out if you should call an ambulance or have an immediate medical exam, and also learn which clinics and hospitals are currently receiving

patients. Available 24/7/365

2. Extension of Administrative Service Time

Date: Every 1st and 3rd Thu.

Time: 8:30 a.m. - 7:00 p.m.

Services and Sections:

Civil Registration Section: Resident registration, seal (hanko) registration, passport issuance, and publishing of other certifications and permissions, procedures of national health insurance and national pension plan and long life medical care for the elderly.

Elderly Welfare Section: Application of long-term care insurance and support of the elderly.

Tax Section: Issuance of certifications, (local) taxpayer assistance (needs reservation)

Accounting Section: Payment of tax (except national tax, prefectural tax and national pension premiums) and royalties.

Childcare Support Section: Procedures for day-care center, application of children allowance and child-rearing allowance.

Waterworks Section: Procedures to supply public water, payment of water and sewage bills.

3. Idaho Falls Delegation visited Tokai Village

Tokai village made an international sister city agreement with the city of Idaho Falls, U.S.A. in July, 1981. Since then, more than 1000 students and adults of Tokai Village and Idaho Falls have visited each other's country over the last 38 years. 18 people came and had great international exchange experiences such as Japanese tea ceremony, Japanese cooking class and so on with residents in Tokai Village from 31 Oct. to 9 Nov.

See more details: <https://www.shimaitoshikouryuu.jimdo.com>

Inquiries: Secretarial and Public Relations Section, ph. 029-282-1711 ext. 1304

4. Garbage Disposal during New Year Holidays

-Garbage collection days and times for burnable garbage will change over the New

Year period.

1) Collection day Monday and Thursday area:

The last collection; Mon. 30 Dec. 2019

The first collection; Mon. 6 Jan. 2020

2) Collection day Tuesday and Friday area:

The last collection; Tue. 31 Dec. 2019

The first collection; Tue. 7 Jan. 2020

*Be sure to take burnable garbage in the designated bag to the collection site by 8:30 a.m..

In case you take your garbage directly to either of the clean centers in Tokai or Hitachinaka; The last day when garbage can be carried in directly to the clean centers is Mon. 30 Dec. 2019. The first day is Sat. 4 Jan. 2020 for Hitachinaka Tokai Clean Center, and is Mon. 6 Jan. 2020 for Tokai Clean Center. As this period is usually very crowded, it is recommended to come earlier. The garbage available to be taken directly to the clean center is as following and neither center will accept garbage in any category other than these:

Hitachinaka • Tokai Clean Center; burnable garbage

*Open from 8:30 to 11:30 a.m. on Sat. 28 Dec. and 4 Jan.2020, and from 8:30 a.m. to 4:30 p.m. only on Mon. 30 Dec..

Tokai Clean Center; unburnable garbage, bulky rubbish, recyclable waste, pruned branches and leaves

*Open from 8:30 a.m. to noon on Sat. 28 Dec., 8:30 a.m. to 4:30 p.m. (except noon - 1:00 p.m.) on Mon. 30 Dec.. Closed on Sat. 21 Dec. and 4 Jan. 2020.

Inquiries: Tokai Clean Center, ph. 029-282-7289

5. Hello Baby Classes for Pregnant Women

Let's learn about pregnancy, childbirth, child care, and share your concerns and experiences with us as an expecting mother.

Date and Content:

1) Fri. 24 Jan. 2020, 9:15 a.m. - 1:30 p.m. (Registration starts at 9:00 a.m.)

Lecture by a midwife, a nutrition manager and a dental hygienist. You can also enjoy free talking and lunch time. Bring an apron, a bandana to cover your hair, a wiping cloth and a hand towel. Childcare service will be provided.

2) Sat. 25 Jan. 2020, 9:15 - 11:45 a.m. (Registration starts at 9:00 a.m.)

Talk about babies cry/ how to bath a new born/ pregnancy experience for fathers.

Introduce about services for before and after childbirth. Bring aprons for each attendees. No childcare service will be provided.

Place: Tokai Health Center

Cost: Free

Others: Bring your Maternal and Child Health Handbook (boshi kenko techo), the supplementary handbook, pen and notebook.

Inquiries and Applications: Apply on the phone to Tokai Health Center (ph. 029-282-2797) by Tue. 7 Jan. 2020. Reservations are required for both of classes.

6. Dance Class for Children and Parents

Date: Thu. 26 Dec.

Time: 10:00 - 11:00 a.m.

Place: Tokai Muramatsu-syuku Kodomoen

Eligible People: Children between 6 months old and pre-school aged with a guardian who resides in Tokai Village.

Instructor: Ms. Kanon Kubo (Dance instructor)

Cost: Free

Others: Bring a drink, a towel and wear comfortable clothes. There is a gravel parking lot next to Muramastu Community Center.

Inquiries: Tokai Muramatsu-syuku Kodomoen Parenting Support Center., ph. 029-282-7390

Reservations are not required.

7. Slow Aerobic Trial Classes

Dates: Wednesdays from 15 Jan. to 12 Feb. (5 classes)

Time: 10:00 - 11:00 a.m.

Place: Tokai Gymnasium

Eligible people: Anyone who lives or works in Tokai Village (including family living together) or belong to SC Smile Tokai and are 18 years old or over.

Capacity: The first 15 applicants will be accepted.

Instructor: Ms. Akiko Sugiyama

Cost: Free for Smile Tokai members, 2,500 yen for non-members.

Application: Apply with the fee at Tokai Gymnasium between 8:30 a.m. and 5:15 p.m. from Tue. 17 Dec. 2019 to Thu. 9 Jan. 2020 (except Mondays, Sat. 28 Dec.- Fri. 3 Jan.

2020)

Inquiries: Tokai Gymnasium, ph. 029-283-1001

8. Tennis Classes for Beginners and Intermediates

Date: A series of 8 classes on Saturdays and Sundays from Sat. 11 Jan. to Sun. 2 Feb. 2020

Time: 11:00 a.m. - 1:00 p.m.

Place: Tokai Tennis Court

Eligible people: Anyone of junior high school age or above, who either lives, works, or goes to school in Tokai Village, or any member of Tokai Tennis Association (including family living together).

Capacity: Around 45 people will be accepted.

Cost: 3,000 yen per person

Application: Apply with the fee and filled out application form by Sat. 21 Dec. (except Mondays) at Tokai Tennis Court Club House or Tokai Gymnasium.

Inquiries: Mr. Suzuki, Tokai Tennis Association Secretariat, ph. 050-3701-4713

9. Christmas Illumination in Hinuma Shizen Park

Term: until Tue. 24 Dec. 2019

Time: 5:00 - 8:00 p.m.

Place: Hinuma Shizen Park (Nakaishizaki 2263, Ibaraki town)

Inquiries: Ibaraki Town Commerce and Tourism Section, ph. 029-292-1111