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Tokai News Letter 25 May, 2019

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1. Weekend Medical Services in Jun.

Hours: 9:30 a.m. - 2:00 p.m., except noon - 1:00 p.m. (Hours are available for all locations.)

Sun. 2: Muto Pediatric Clinic, ph.029-282-7722

Sun. 9: Tokai Hospital, ph.029-282-2188

Sun. 16: Tokai Hospital, 029-282-2188

Sun. 23: Ibarakihigashi National Hospital, ph.029-282-1151

Sun. 30: Ibarakihigashi National Hospital, ph.029-282-1151

Ibaraki Children's Resource Line, ph. #8000 (for mobile phones), or 03-5367-2367:

Hours: open 24 hours a day, every day of the year (including emergency medical information)

Ibaraki Adult's Resource Line, ph. #7119 (for mobile phones), or 03-5367-2365:

Hours: open 24 hours a day, every day of the year (including emergency medical information)

2. Health Checks and Consultation

(1) "Genki-up" Health Consultation for Adults

Date: Fri. 28 Jun.

Time: 9:00 - 11:30 a.m.

1:00 - 5:00 p.m.

Please make an appointment in advance.

(2) Health Consultation for Mothers and Children

Date: Fri. 28 Jun.

Time: 9:30 - 11:00 a.m.

1:00 - 2:00 p.m.

(3) Health Check for Babies

1) Infants born in Jan. 2019

Date: Wed. 12 Jun.

Time: 1:00 - 1:45 p.m.

2) Children (born in Nov. 2017) aged 1 year and 6 months old

Date: Thu. 13 Jun.

Time: 1:00 - 1:45 p.m.

3) Children (born in Apr. 2016) aged 3 years old

Date: Wed. 19 Jun.

Time: 1:00 - 1:45 p.m.

4) Dental Checks for Children (born in Nov. 2016) aged 2 years and 6 months old

Date: Thu. 27 Jun.

Time: 1:00 - 1:45 p.m.

5) Baby (born in Mar. 2019) class

Date: Mon. 10 Jun

Time: 1:00 - 1:20 p.m.

6) "Dental Checkup day" (born in Jul. and Aug. 2018) class

Date: Mon. 24 Jun.

Time: 9:30 - 9:45 a.m.

Please make an appointment in advance.

Inquiries: Tokai Health Center, ph. 029-282-2797

3. Spring Cleanup Day

Spring cleanup is scheduled for Sat. 1 Jun. between 7:00 and 8:00 a.m. in all areas of Tokai. Your cooperation is appreciated to help clean up the town. Please separate burnables from grass, leaves and branches. In case of rain, an announcement in Japanese will be made and the cleanup will be postponed to Sun. 2 Jun..

Inquiries: Environmental Policy Section, ph. 029-282-1711 ext. 1451

4. Healthy Walking Group

One hour of walk along the Ibaraki Health Road “Funaishikawa Mahorobano-sato and Kinrin park course”.

Date: Fri. 7 Jun. (Canceled in case of rain.)

Time: 9:30 a.m. (register from 9:00 a.m.)

Meeting place: Funaishikawa Community Center

Eligible people: Tokai Village residents

Others: Bring a drink and a small towel, and wear comfortable clothes. Please share cars due to the limited space in the parking lot.

Inquiries: Tokai Health Center, ph. 029-282-2797

Reservations are not required.

5. Happy Land for Children and Parents

Date and Contents:

- 1) Wed. 5 Jun.: Handmade crafts
- 2) Wed. 19 Jun.: Rhythm Activities

Time: 10:00 - 11:00 a.m.

Place: Funaishikawa Community Center

Eligible people: Pre-school age children accompanied by a guardian who is a resident of Tokai Village.

Cost: Free

Others: Bring a drink, towel and spare clothes.

Inquiries: Parenting Support Center at Hyakutsuka Daycare Center, ph.029-270-5660

Reservations are not required.

6. Venue for Parents and Children to Receive Assistance with Childcare

Date: Wed. 12 and 26 Jun.

Time: 9:30 - 11:30 a.m.

Place: Hyakutsuka Daycare Center

Eligible People: Pre-school age children accompanied by a guardian who is a resident of Tokai Village.

Contents: Playing freely, Storytelling

Others: Bring a drink and spare clothes.

Inquiries: Parenting Support Center at Hyakutsuka Daycare Center, ph. 029-270-5660

Reservations are not required.

7. Kangaroo Circle (Spring)

The Kangaroo Circle is a support group for parents and babies.

Date: (1) Every Tuesday from 11 Jun. to 16 Jul. (5 classes, except 2 Jul.)

(2) Every Thursday from 13 Jun. to 18 Jul. (5 classes, except 4 Jul.)

Time: 10:00 - 11:15 a.m.

Place: Hyakutsuka Daycare Center

Eligible People: Children born between June and December 2018, accompanied by a parent. Only first-time attendees will be accepted.

Capacity: The first 15 pairs for each class will be accepted.

Cost: Free

Contents: Playing together and crafts, etc.

Application: Apply in person between 10:00 and 11:15 a.m. on Tue. 28 May at the Parenting Support Center at Hyakutsuka Daycare Center. If there are any vacancies, additional applications will be accepted by phone between 2:00 and 4:00 p.m. from Tue. 28 to Thu. 30 May.

Inquiries: Parenting Support Center at Hyakutsuka Daycare Center, ph. 029-270-5660

8. Terunuma After-school Children's Club for Summer Holidays

Terunuma After-school Children's Club have started receiving applications for

summer holidays. Other after-school children's clubs are not accepting applications because there are no vacancies. Children who do not belong to Terunuma elementary school can also apply.

Open: From 7:30 a.m. to 7:00 p.m. between Mon. and Fri. (except public holidays)

Eligible People: Residents who are in 1st to 6th grade of elementary school satisfying the following conditions.

-Children without anyone to take care of them during the day during summer holidays due to work, sickness, or other extenuating circumstances.

-Children who can be dropped off and picked up at Terunuma's club by a guardian.

Capacity: About 20 students (may not be admitted in the case of too many applicants.)

Childcare Fee: 12,500 yen per person and per month (2,500 yen for July, 10,000 yen for August). An extra fee will be added for snacks, lunch and events.

Application: Please fill out the application form attached to each after-school children's club or Childcare Support Section and submit it to TelWel East Japan Corporation After-school Children's Office (Shirakata 174, NTT Tokai bldg., 2F) between 10:30 a.m. and 6:30 p.m. by Fri. 14 Jun..

Inquiries: TelWel East Japan Corporation After-school Children's Office, ph.029-287-1003

Childcare Support Section, ph.029-282-1711 ext.1183

9. Tennis Classes for Beginners and Intermediates

A series of eight classes will be offered.

Date: Sundays from Sun. 7 Jul. to Sun. 1 Sep. (except Sun. 11 Aug.)

Time: 7:00 - 9:00 a.m.

Place: Tokai Tennis Court

Eligible people: Anyone of junior high school age or older, who either lives, works, or goes to school in Tokai Village, or any member of Tokai Village Tennis Federation (including family living together).

Capacity: About 60

Cost: 3,000 yen per person

Application: Apply with the filled out application form by Sat. 22 Jun. (except Mondays) at Tokai Tennis Court Club House or Tokai Gymnasium.

Inquiries: Mr. Katsumi Kishimoto, Tokai Village Tennis Federation Secretariat, ph. 090-7421-4679

10. Summer Camp at Katsuta Self-Defense Force Base

Let's learn how to pitch a tent, and cook rice using a mess kit. There will also be a campfire.

Date: 9:00 a.m. Sat. 20 - 2:00 p.m. Sun. 21 Jul.

Place: Katsuta Self-defense Force Base

Eligible people: Elementary school students and guardians.

*One guardian per household is required to participate.

Capacity: A maximum of 70 people can participate, and a lottery will be held if there are too many applicants.

Cost: 2,500 yen per person

Application: Send a return postcard giving all applicants' names (with *furigana* pronunciation), date of birth, age, his/her school grade and guardian occupation, gender, address, telephone number and food allergy. Mail it to:

Rikujo Jieitai

Katsuta Chutonchi Koho-han,

Katsukura 3433, Hitachinaka City 312-8509

Valid: By Fri. 14 Jun. (Must arrive)

Inquiries: Rikujo Jieitai Katsuta Chutonchi Koho-han, ph. 029-274-3211