

## 広報とうかい 2/10 号

1. 2月の休日診療
2. 窓口業務時間延長
3. ハローベビースクール
4. 親子で Let's ダンス
5. 石神・村松コミュニティーセンター内装工事の状況について

## Koho Tokai 10 February, 2019

1. Weekend Medical Services in Feb.
2. Extension of Administrative Service Time
3. Hello Baby Classes for Pregnant Women
4. Dance Class for Children and Parents
5. Ishigami and Muramatsu Community Centers Renovation

### 1. Weekend Medical Services in Feb.

**Hours:** 9:30 a.m. - 2:00 p.m., except noon - 1:00 p.m. (Hours are available for all locations.)

Sun. 10: Tokai Hospital, ph.029-282-2188

Mon. 11: Ibarakihigashi National Hospital, ph.029-282-1151

Sun. 17: Higashihara Clinic, ph.029-283-2301

Sun. 24: Tokai Hospital, ph.029-282-2188

### **Ibaraki Prefecture 24 Hour Emergency Medical Information Control Center,**

ph. 029-241-4199: Between Mon. and Sat. 9:00 a.m. - 5:30 p.m.

**Ibaraki Children's Resource Line,** ph. #8000 (for mobile phones), or 03-5367-2367:

Between Mon. and Sat. 5:30 p.m. - 9:00 a.m. of the following day. Sundays, public holidays, year end, New Year, 9:00 a.m. - 9:00 a.m. of the following day.

**Ibaraki Adult's Resource Line,** ph. #7119 (for mobile phones), or 03-5367-2365:

Between Mon. and Sat. 5:30 p.m. - 9:00 a.m. of the following day. Sundays, public holidays, year end, New Year, 9:00 a.m. - 9:00 a.m. of the following day.

### 2. Extension of Administrative Service Time

**Date:** Every 1st and 3rd Thu.

**Time:** 8:30 a.m. - 7:00 p.m.

**Services and Sections:**

**Civil Registration Section:** Resident registration, seal (hanko) registration, passport issuance, and publishing of other certifications and permissions, procedures of national health insurance and national pension plan and long life medical care for the elderly.

**Elderly Welfare Section:** Application of long-term care insurance and support of the elderly.

**Tax Section:** Issuance of certifications, (local) taxpayer assistance (needs reservation)

**Accounting Section:** Payment of tax (except national tax, prefectural tax and national pension premiums) and royalties.

**Childcare Support Section:** Procedures for day-care center, application of children allowance and child-rearing allowance.

**Waterworks Section:** Procedures to supply public water, payment of water and sewage bills.

### **3. Hello Baby Classes for Pregnant Women**

Let's learn about pregnancy, childbirth, child care, and share your concerns and experiences with us as an expecting mother.

**Date and Content:**

1) Fri. 15 Mar., 9:15 a.m. - 1:30 p.m. (Reception starts from 9:00 a.m.)

Discussion with a midwife about nutrition during pregnancy and cooking tips.

Bring an apron, a bandana to cover your hair, wiping cloth and a hand towel.

Childcare service will be provided.

2) Sat. 16 Mar., 9:15 - 11:45 a.m. (Reception starts from 9:00 a.m.)

Talk about babies / how to bath a new born / pregnancy experience for fathers.

Bring an apron for each attendee. No childcare service will be provided.

**Place:** Tokai Health Center

**Cost:** Free

**Others:** Bring your Maternal and Child Health Handbook (boshi kenko techo), the supplementary handbook, pen and notebook. Reservation is required for all classes.

**Inquiries and Applications:** Apply to Tokai Health Center by Fri. 22 Feb., ph. 029-282-2797

### **4. Dance Class for Children and Parents**

**Date:** Thu. 28 Feb.

**Time:** 10:00 - 11:00 a.m.

**Place:** Tokai Muramatsu-syuku Kodomoen

**Eligible People:** Children aged between 6 months old and pre-school age children with a guardian who resides in Tokai Village.

**Instructor:** Ms. Kanon Kubo (Dance instructor)

**Cost:** Free

**Others:** Bring a drink, a towel and wear comfortable clothes. There is a gravel parking lot next to Muramastu Community Center.

**Inquiries:** Tokai Muramatsu-syuku Kodomoen, ph. 029-282-3700

Reservations are not required.

### **5. Ishigami and Muramatsu Community Centers Renovation**

Ishigami and Muramatsu Community Centers are currently under renovation.

Reopening date of the Japanese room in Muramatsu Community Center has been changed on Wed 13 Feb.. The meeting room (2F) and Japanese rooms in Ishigami Community Center and the multipurpose hall in Muramatsu Community Center will reopen on Fri 15 Mar.. Thank you for your understanding and cooperation.

**Others:** Make a reservation starts from 9:00 a.m. on Mon. 11 (National holiday) Feb.. A temporary reservation by phone starts from 1:00 p.m. on the day.

**Inquiries:** Community Development Promotion Section, ph. 029-282-1711 ext. 1462