

## 広報とうかい 8/10 号

1. 8月の休日診療
2. 窓口業務時間延長
3. 安定ヨウ素剤配布に当たっての説明・配布会を開催します
4. 英語で遊ぼう
5. 親子で Let's ダンス
6. 親子でエアロビクス
7. ハローベビースクール
8. さちのみ認定子ども園平成 31 年度園児募集
9. チャレンジスクール「合気道の部」
10. チャレンジスクール「剣道の部」
11. チャレンジスクール「ジュニアホッケーの部」

## Koho Tokai 10 Aug., 2018

1. Weekend Medical Services in Aug.
2. Extension of Administrative Service Time
3. Briefing about and Distribution of Stable Iodine Tablets
4. Learning English for Children
5. Dance Class for Children and Parents
6. Aerobics for Parents and Children
7. Hello Baby Classes for Pregnant Women
8. Admissions Information of Sachinomi Kodomoen for 2019
9. Aikido Classes
10. Kendo Classes
11. Junior Hockey Classes

### **1. Weekend Medical Services in Aug.**

**Hours:** 9:30 a.m. - 2:00 p.m., except noon-1:00 p.m. (Hours are available for all locations.)

Sat. 11: Tokai Hospital, ph.029-282-2188

Sun. 12: Ishii Orthopedics (Seikeigeka) Clinic, ph.029-270-5141

Sun. 19: Higashihara Clinic, ph.029-283-2301

Sun. 26: Tokai Hospital, ph.029-282-2188

Ibaraki Prefecture 24 Hour Emergency Medical Information Control Center,  
ph. 029-241-4199

Ibaraki Children's Resource Line, ph. #8000 (for mobile phones), or 029-254-9900:

Between Mon. and Fri. 6:30p.m.-8:00a.m. of the following day. Sundays, public holidays, 8:00 a.m.-8:00 a.m. of the following day.

## **2. Extension of Administrative Service Time**

**Date:** Every 1st and 3rd Thu.

**Time:** 8:30 a.m. - 7:00 p.m.

### **Services and Sections:**

**Civil Registration Section;** Resident registration, seal (hanko) registration, passport issuance, and publishing of other certifications and permissions, procedures of national health insurance and national pension plan and long life medical care for the elderly.

**Elderly Welfare Section;** Application of long-term care insurance and support of the elderly.

**Tax Section;** Issuance of certifications, (local) taxpayer assistance (needs reservation)

**Accounting Section;** Payment of tax (except national tax, prefectural tax and national pension premiums) and royalties.

**Childcare Support Section;** Procedures for day-care center, application of children allowance and child-rearing allowance.

**Waterworks Section;** Procedures to supply public water, payment of water and sewage bills.

## **3. Briefing about and Distribution of Stable Iodine Tablets**

Stable iodine tablets will be distributed to residents who live in Tokai Village by Ibaraki Prefecture and Tokai Village. In order to receive stable iodine tablets, participation in the distribution meeting is required and a set of information papers should be brought to the meeting. All the information papers will be sent out by late Jul.. If you lose them, please ask for new ones at the reception desk on that day.

If you have already had stable iodine tablets, please change them to the new one.

A household representative (18 years old and above) can receive stable iodine tablets for all the members of the family. In that case, the household has to bring the numbered tickets, the check sheets and the old stable iodine tablets or jelly (if your child is 3 years old or under) of the family.

**[Notice to the guardian who has child of age 3 as of the end of Sep. 2018]**

Please return the stable iodine jelly.

**What is stable iodine tablet?**

A stable iodine tablet is a prescribed product for preventing radioactive deficiency by radioactive iodine. The stable iodine tablet will be distributed in advance and taken quickly in case of a nuclear disaster.

**[Place and Date ] It takes about one hour to have the briefing and distribution.**

**Place:** Tokai Welfare Center “Kizuna”

**Date:** Sun.19, 26 and Wed. 29 Aug., Sun. 2, 9, 30 and Wed.5 Sep.

**Time:** 9:00 - 11:30 a.m., 1:00 - 4:30 p.m.

**Place:** Funaishikawa Community Center

**Date:** Wed. 22 Aug. and Sat. 8 Spt.

**Time:** 9:00 - 11:30 a.m., 1:00 - 4:30 p.m

**Place:** Nuclear Energy Inspection Training Room of Tokai Village Office (5F)

**Date:** Thu. 23 Aug.

**Time:** 9:00 - 11:30 a.m., 1:00 - 4:30 p.m

**Others:**

\*Reservation is not required. You can come at your convenience. Please note it will be crowded in the morning.

\*If you have already received the explanation about stable iodine tablets, the explanation can be omitted by checking the “explanatory contents reconfirmation filed” on the back of the numbered ticket that will be sent with other papers in an envelope by late Jul..

**Inquiries:**

-About distribution of stable iodine tablet: Ibaraki Prefectural Pharmaceutical Administration, ph. 029-301-3384

-About the schedule and place of briefing and distributing meeting: Disaster Prevention and Nuclear Energy Safety Section, ph. 029-282-1711 ext. 1522

**4. Learning English for Children**

Let's learn English through games with NLT (Native Language Teacher).

**Date:** Tue. 4 Sep.

**Time:** 9:45 - 10:30 a.m.

**Place:** Tokai Muramatsu-syuku Kodomoen

**Eligible people:** Children between one and a half years old and pre-school age children with a guardian.

**Capacity:** The first 10 pairs will be accepted.

**Cost:** Free

**Application and Inquiries:** Apply on the phone to Tokai Muramatsu-syuku Kodomoen Parenting Support Center from 9:00 a.m. to 5:00 p.m. on Fri. 24 Aug., ph. 029-282-7390

### **5. Dance Class for Children and Parents**

**Date:** Thu. 23 Aug.

**Time:** 10:00 - 11:00 a.m.

**Place:** Tokai Muramatsu-syuku Kodomoen

**Eligible People:** Children aged between 6 months old and pre-school children with a guardian who are residents of Tokai Village.

**Instructor:** Ms. Kanon Kubo (Dance instructor)

**Cost:** Free

**Others:** Bring a drink, a towel and wear comfortable clothes. There is the gravel parking lot next to Muramastu Community Center.

**Inquiries:** Tokai Muramatsu-syuku Kodomoen, ph. 029-282-3700

Reservations are not required.

### **6. Aerobics for Parents and Children**

**Date:** Thu. 6 Sep.

**Time:** 10:00 - 11:00 a.m. (Doors open at 9:45 a.m.)

**Place:** Sunflower Kodomo-no-mori Daycare Center

**Eligible people:** Children aged between 8 months old and 1 and a half years old with a guardian.

**Capacity:** The first 20 pairs will be accepted.

**Instructor:** Ms. Aki Nishimizu (Aerobics instructor)

**Others:** Bring a drink, a towel and a change of clothes, and wear comfortable clothes.

\*Barefoot activity.

**Application and Inquiries:** Apply on the phone between 10:00 a.m. and 3:00 p.m.

from Mon. 20 Aug. (except Sat., Sun.) to Sunflower Kodomo-no-mori Daycare Center,  
ph.029-287-7111

## **7. Hello Baby Classes for Pregnant Women**

Let's learn about pregnancy, childbirth, child care, and share your concerns and experiences with us as an expecting mother.

### **Date and Content:**

1) Fri. 28 Sep. 9:15 a.m. - 1:30 p.m. (Registration starts at 9:00 a.m.)

Lecture by a midwife, a nutrition manager and a dental hygienist. You can also enjoy free talking and lunch time. Bring an apron, a bandana to cover your hair, a wiping cloth and a hand towel. Childcare service will be provided.

2) Sat. 29 Sep. 9:15 - 11:45 a.m. (Registration starts at 9:00 a.m.)

Talk about babies cry/ how to bath a new born/ pregnancy experience for fathers. Introduce about services for before and after childbirth. Bring aprons for each attendees. No childcare service will be provided.

**Place:** Tokai Health Center

**Cost:** Free

**Others:** Bring your Maternal and Child Health Handbook (boshi kenko techo), the supplementary handbook, pen and notebook.

**Inquiries and Applications:** Apply on the phone to Tokai Health Center (ph.029-282-2797) by Fri. 14 Sep.. Reservations are required for both of classes.

## **8. Admissions Information of Sachinomi Kodomoen for 2019**

### **Eligible People:**

- a) 3 years old children born between 2 Apr. 2015 and 1 Apr. 2016
- b) 4 years old children born between 2 Apr. 2014 and 1 Apr. 2015
- c) 5 years old children born between 2 Apr. 2013 and 1 Apr. 2014

**Capacity:** 5 children for a), 2 children for b), 2 children for c)

\* If there are too many applicants, a lottery will be held.

### **Distribute Application:**

9:00 a.m. - 5:00 p.m. between Thu. 20 and Thu. 27 Sep. (except Sat., Sun. and national holiday)

**Others:** School tour will be held between 10:00 and 11:30 a.m. on Thu. 20 Sep.. If you are interested, please apply between 9:00 a.m. and 5:00 p.m. from Wed. 5 to Wed. 12

Sep., except Saturday and Sunday.

**Application and Inquiries:** Apply in person at Sachinomi Kodomoen between 9:10 and 9:30 a.m. on Thu. 11 Oct., ph. 029-212-5057

### 9. Aikido Classes

Aikido is practiced by a wide range of people, regardless of age and gender. You can learn manners, basic skills and demonstration. A series of 6 classes will be offered, please feel free to join us.

**Dates:** Sat. 8, 15, 29 Sep., 6, 13, 20 Oct.

**Time:** 4:00 - 5:30 p.m. (You can learn until 6:15 p.m. if you want.)

**Place:** Tokai Gymnasium

**Eligible people:** Anyone of elementary school or above, who either lives, works or goes to school in Tokai Village (including family living together).

**Capacity:** The first 20 people will be accepted.

**Cost:** 500 yen per person

**Others:** Please wear long sleeves and pants (jersey, Judo or Karate outfit) for preventing injury.

**Application and Inquiries:** Apply with the fee at Tokai Gymnasium between 8:30 a.m. and 5:15 p.m., from Tue. 14 Aug. to Mon. 17 Sep. (except Mondays 20, 27 Aug., 3, 10 Sep.). Tokai Gymnasium, ph. 029-283-0673

### 10. Kendo Classes

Kendo is a traditional Japanese martial art.

Please feel free to join. We welcome from beginners to advanced.

**Dates:** Sun. 9, 16, 30 Sep., 7, 14, 21 Oct. (six classes)

**Time:** 1:30 - 3:00 p.m.. The advanced classes can be extended until 4 p.m..

**Place:** Tokai Gymnasium

**Eligible people:** Anyone of elementary school or above, who either lives, works or goes to school in Tokai Village (including family living together).

**Capacity:** The first 20 applicants will be accepted. (minimum applicant count is 5)

**Cost:** 1,000 yen per person

**Others:** Free tools will be offered for applicants.

**Application and Inquiries:** Apply with the fee at Tokai Gymnasium between 8:30 a.m. and 5:15 p.m., from Tue. 14 Aug. to Sun. 2 Sep. (except Mondays). Tokai Gymnasium, ph. 029-283-0673

### **11. Junior Hockey Classes**

A series of 4 classes will be offered, please feel free to join them.

**Dates:** Sun. 2, 9, 16, 30 Sep.

Sun. 14, 21 Oct. will be substitute days.

**Time:** 1:00 - 3:00 p.m.

**Place:** Tokai High School

\*It will be held in Tokai Gymnasium only for second class, Sun. 9 Sep..

**Eligible people:** Children between 1st and 6th grade of elementary school who live in or around Tokai Village.

**Capacity:** The first 20 people will be accepted. (minimum number is 5 students).

**Cost:** Free

**Instructor:** Tokai Hockey Sport Club members, Ibaraki Hockey Club, H.C.TOKAI

**Others:** Tools are already prepared at the school. Attendees will be invited to "Hockey Clinic" held by the Japanese women's hockey team members. The match is from 10:00 to 11:30 a.m. on Sat. 27 Oct. at Akogigaura Park.

**Application and Inquiries:** Apply to Tokai Gymnasium between 8:30 a.m. and 5:15 p.m., from Tue. 14 to 28 Aug. (except Mondays). Tokai Gymnasium, ph. 029-283-0673