

## 広報とうかい 5/25 号

1. 6月の休日診療
2. 6月の健康体操
3. 健康相談
4. 東海村春のクリーン作戦
5. 照沼学童クラブ夏季休暇期間利用申し込み受付
6. バギーのままコンサート
7. 東海村芸術祭（芸能部門）
8. 大沼・赤城山ハイキング
9. 夏休みキャンプ教室
10. ヨガサークル「星ヨガ」会員募集
11. 「スクエアダンスクラブ東海ウェイヴ」会員募集
12. 大洗しらす祭り
13. キャンドルアート作品募集

## Koho Tokai 25 May, 2018

1. Weekend Medical Services in Jun.
2. Calisthenics Class in Jun.
3. Health Checks for Infants and Toddlers in Jun. at Tokai Health Center
4. Spring Cleanup Day
5. Terunuma After-school Children's Club for Summer Holidays
6. "A concert with buggy" Special Version
7. "The 30<sup>th</sup> Anniversary of Tokai Art Festival" (Entertainment Section)
8. Hiking Tour to Onuma / Mt.Akagi
9. Summer Camp at Katsuta Self-defense Force Base
10. Yoga Circle "Hoshi-yoga"
11. Square Dance Club "Tokai Wave"
12. Oarai Shirasu (Whitebait) Festival
13. Recruit Exhibitors of Candle Art

### 1. Weekend Medical Services in Jun.

**Hours:** 9:30 a.m. - 2:00 p.m., except noon-1:00 p.m. (Hours are available for all locations.)

Sun. 3: Ogata Clinic, ph.029-282-4781

Sun. 10: Tokai Hospital, ph.029-282-2188

Sun. 17: Higashihara Clinic, ph.029-283-2301

Sun. 24: Tokai Hospital, ph.029-282-2188

Ibaraki Prefecture 24 Hour Emergency Medical Information Control Center,  
ph. 029-241-4199

Ibaraki Children's Resource Line, ph. #8000 (for mobile phones), or 029-254-9900:  
Between Mon. and Fri. 6:30p.m.-8:00a.m. of the following day. Sundays, public  
holidays, 8:00 a.m.-8:00 a.m. of the following day.

## **2. Calisthenics Class in Jun.**

Stretch and yoga exercise classes will be held at Tokai Welfare Center "Kizuna".

**Eligible people:** Residents aged 30- 64 years old.

**Date:** Every Thursdays in Jun. and Sat. 9 Jun.

**Time:** 9:30 - 11:00 a.m.

**Others:** First-time attendees need to apply.

**Inquiries:** SC Smile Tokai Secretariat, Tokai Gymnasium, ph. 029-283-1001

## **3. Health Checks for Infants and Toddlers in Jun. at Tokai Health Center**

### **(1) Mother and Child Health Consultation**

**Date:** Fri. 29 Jun.

**Time:** 9:30- 11:00 a.m.

1:00- 2:00 p.m.

### **(2) "Genki-up" Health Consultation**

Please make an appointment.

### **(3) Health Check for Babies**

#### **1) Infants born in Jan. 2018**

**Date:** Wed. 13 Jun.

**Time:** 1:00-1:45 p.m.

#### **2) Children (born in Nov. 2016) aged 1 year and 6 months old**

**Date:** Thu. 14 Jun.

**Time:** 1:00-1:45 p.m.

#### **3) Children (born in Apr. 2015) aged 3 years old**

**Date:** Wed. 20 Jun.

**Time:** 1:00-1:45 p.m.

#### **4) Dental Checks for Children (born in Nov. 2015) aged 2 years and 6 months old**

**Date:** Thu. 28 Jun.

**Time:** 1:00-1:45 p.m.

**5) Baby (born in Mar. 2018) class**

**Date:** Fri. 15 Jun.

**Time:** 1:00-1:20 p.m.

**6) “Dental Checkup day” (born in Jul. 2017) class**

**Date:** Mon. 18 Jun.

**Time:** 9:00-9:30 a.m.

Please make an appointment in advance for each class.

**Inquiries:** Tokai Health Center, ph. 029-282-2797

#### **4. Spring Cleanup Day**

Spring cleanup is scheduled for Sat. 2 Jun. between 7:00 and 8:00 a.m. in all areas of Tokai. Your cooperation is appreciated to help clean up the town. Please separate burnables from grass, leaves and branches. In case of rain, an announcement in Japanese will be made around 6:30 a.m. and the cleanup will be postponed to Sun. 3 Jun..

**Inquiries:** Environmental Policy Section, ph. 029-282-1711 ext. 1451

#### **5. Terunuma After-school Children’s Club for Summer Holidays**

Terunuma After-school Children’s Club have started receiving applications for summer holidays. Other after-school children’s clubs are not accepting applications because there are no vacancies. Children who do not belong to Terunuma elementary school can also apply.

**Eligible People:** Children who are in 1st to 6th grade satisfying the following conditions.

-Children without anyone to take care of them during the day during summer holidays due to work, sickness, or other extenuating circumstances.

-Children who can be dropped off and picked up at Terunuma’s club by a guardian.

**Capacity:** About 10 children (may not be admitted in the case of too many applicants.)

**Open:** From 7:30 a.m. to 7:00 p.m. between Mon. and Fri. (except public holidays)

**Childcare Fee:** 12,500 yen per person and per month (2,500 yen for July, 10,000 yen for August). An extra fee will be added for snack, lunch and events.

**Application:** Please fill out the application form attached to each after-school children's club and submit it to Terunuma After-school Children's Club by Fri. 15 Jun..

**Inquiries:** TelWel East Japan Corporation After-school Children's Office, ph.029-287-1003

Childcare Support Section, ph.029-282-1711 ext.1185

#### **6. "A concert with buggy" Special Version**

Chinese acrobatics and Mystery face changing show will be held for family including babies and kids. Anyone can enter the hall and enjoy the performance even babies in buggies or anyone in a wheel chair. Let's enjoy entertainment show by world class performers this time.

**Date:** Mon. 16 Jul. (public holiday)

**Time:** 2:00 p.m. (Doors open at 1:15 p.m.)

**Place:** Tokai Industry and Information Plaza "iVil"

**Performers:** Chinese Ethnic Singing and Dancing Group

**Capacity:** Around the first 250 people will be accepted.

**Entry fee:** 500 yen per person

High school student and under; free

**Others:** All seats will be Non-reserved. Pre-school age children including infants will also be accepted. You have to bring a ticket even if you are a high school student or under.

You might watch standing up as seating is limited.

A room for nursing baby, changing diapers and crawling will be opened.

**Application and Inquiries:** Ticket will be sold from 9 a.m. on Sat. 9 Jun. at Tokai Culture Center, ph. 029-282-8511 or each ticket agency.

#### **7. "The 30<sup>th</sup> Anniversary of Tokai Art Festival" (Entertainment Section)**

A memorial ceremony, special attraction "Mito dai-kagura" and tea ceremony will be held, painting and other works will be displayed.

**Date:** Sun. 10 Jun.

**Time:** From 0:45 p.m. (Doors open at 0:15 p.m.)

**Place:** Tokai Culture Center

**Inquiries:** Tokai Culture Center, ph. 029-282-8511

## **8. Hiking Tour to Onuma / Mt.Akagi**

**Date:** Sat. 23 Jun.

**Time:** Meeting at Fureaino-mori Park at 5:50 a.m.

**Departure time:** 6:00 a.m.

**Place:** Maebashi City in Gunma pref.

**Eligible people:** People who live or work in Tokai Village (including family living together) or belong to SC Smile Tokai and are 18 years old or above.

**Capacity:** The first 25 applicants will be accepted.

**Courses:** You can choose one from two courses below.

1) Onuma Course; Hiking around Lake Onuma and Akagi Shrine. The course takes approximately three hours.

2) Mt. Akagi Course; You can enjoy the panoramic view from top of Mt. Kurobi, the highest mountain in the Akagi Mountain range, part of the “Jomo-Sanzan (Three Famous Mountains in Gunma). The course takes approximately four hours.

**Cost:** 7,500 yen for Smile Tokai members, 9,500 yen for the family of the Smile Tokai members, 11,000 yen for non-members.

**Application:** Apply with the fee at Tokai Gymnasium between 8:30 a.m. and 5:15 p.m. from Tue. 5 to Tue. 19 Jun. (except Mondays).

**Inquiries:** Tokai Gymnasium, ph.029-283-1001

## **9. Summer Camp at Katsuta Self-defense Force Base**

Let's learn how to pitch a tent, and cook rice using a mess kit. There will also be a campfire.

**Date:** 10:00 a.m. Sat. 21- 2:00 p.m. Sun.22 Jul.

**Place:** Katsuta Self-defense Force Base

**Eligible people:** Elementary school students and guardians.

\*One guardian per household is required to participate.

**Capacity:** A maximum of 70 people can participate, and a lottery will be held if there are too many applicants.

**Cost:** 2,500 yen per person

**Application:** Send a return postcard giving all applicants' names (with *furigana* pronunciation), date of birth, age, his/her school grade and guardian occupation, gender, address and telephone number. Mail it to:

Rikujo Jieitai

Katsuta Chutonchi Koho-han,

Katsukura 3433, Hitachinaka City 312-8509

**Valid:** By Fri. 15 Jun. (Must arrive)

**Inquiries:** Rikujo Jieitai Katsuta Chutonchi Koho-han, ph. 029-274-3211

#### **10. Yoga Circle “Hoshi-yoga”**

**Date:** Every Monday

**Time:** 7:30 - 9:00 p.m.

**Place:** Nakamaru Community Center

**Cost:** 3500 yen per month (Instructor fee and facility rental fee)

**Application and Inquiries:** Ms. Tomomi Seki, E-mail: hoshiyoga.t@gmail.com

#### **11. Square Dance Club “Tokai Wave”**

**Date:** 3 days per month (all Mondays)

**Time:** 10:00 - noon

**Cost:** 1000 yen per month

**Trial Lesson:**

**Date:** Mon. 4, 11 Jun.

**Time:** 10:00 - 11:00 a.m.

**Place:** Hyakutsuka Assembly House

**Cost:** Free

**Other:** Please bring indoor exercise shoes and come with comfortable cloths.

**Application and Inquiries:** Ms. Kyoko Neyatani, ph. 090-5821-3569

#### **12. Oarai Shirasu (Whitebait) Festival**

**Date:** Sun. 10 Jun. (rain or shine)

**Time:** 9:00 a.m. - 2:00 p.m.

**Place:** Oarai Fish Market

**Other:** Please note that contents may be changed due to weather conditions.

**Inquiries:** Agriculture, Forestry and Fishery Section, Oarai Town Office, ph. 029-267-5111

### **13. Recruit Exhibitors of Candle Art**

Exhibitors of Candle art are wanted for the Tokai Kankyo Festa (Environmental Festival). You can apply individually or with your friends. You can exhibit a work of candle art by making a beautifully decorated candle or an object consisting of lighted candles.

**Date:** Sat. 21 Jul. (Canceled only in the case of heavy rain)

**Time:** 6:30- 8:30 p.m.

\*Preparation for the exhibition from 2:00 to 6:00 p.m.

\*Clean-up from 8:30 to 9:00 p.m.

**Place:** Tokai Village Office (courtyard)

\*You will receive the exact location at preliminary briefing session in Jun..

**Size:** Depth and Width; within 3 meters

Height; within 2 meters

**Cost:** Free

**Others:** There are souvenirs to all attendees.

**Application and Inquiries:** Fill in the application form and apply in person at the Environmental Policy Section by Fri. 15 Jun., ph.029-282-1711 ext.1454, Fax.029-287-0479, E-mail; [kankyou@vill.tokai.ibaraki.jp](mailto:kankyou@vill.tokai.ibaraki.jp)