

## 広報とうかい 1/10号

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Koho Tokai 10 Jan., 2018

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### **1. Weekend Medical Services in Jan.2018**

**Hours:** 9:30 a.m. - 2:00 p.m., except noon-1:00 p.m. (Hours are available for all locations.)

Sun. 14: Ishii Orthopedics (Seikeigeka) Clinic, ph.029-270-5141

Sun. 21: Ogata Clinic, ph.029-282-4781

Sun. 28: Tokai Clinic, ph.029-283-1711

Ibaraki Prefecture 24 Hour Emergency Medical Information Control Center,  
ph. 029-241-4199

Ibaraki Children's Resource Line, ph. #8000 (for mobile phones), or 029-254-9900:  
Between Mon. and Fri. 6:30p.m.-8:00a.m. of the following day. Sundays, public  
holidays, 8:00 a.m.-8:00 a.m. of the following day.

### **2. Extension of Administrative Service Time**

**Date:** Every 1st and 3rd Thu.

**Time:** 8:30 a.m.-7:00 p.m.

**Services and Sections:**

**Civil Registration Section;** Resident registration, seal (hanko) registration, passport issuance, and publishing of other certifications and permissions.

**Welfare and Insurance Section;** Procedures of national health insurance and national pension plan and long life medical care for the elderly.

**Welfare and Nursing Care Section;** Application of long-term care insurance and support of the elderly.

**Tax Section;** Issuance of certifications, (local) taxpayer assistance (needs reservation)

**Accounting Section;** Payment of tax (except national tax, prefectural tax and national pension premiums) and royalties.

**Childcare Support Section;** Procedures for day-care center, application of children allowance and child-rearing allowance.

**Waterworks Section;** Procedures to supply public water, payment of water and sewage bills.

**Tokai Health Center;** Procedures of vaccination, health check and healthcare for mother and child, and issuance of Maternal and Child Health Handbook (boshi kenko techo)

### **3. Want Performers in the Tokai Village Promotion Video**

A Tokai Village promotion video is being recording, and needs performers who are interested in dancing with PR ambassadors Ms. Kanami Araki (Oboist), Ms. Yuka Kobayashi (Free climber) and Mr. Maharu Yoshimura (Table tennis player). It is a fun dance so please feel free to join us!

**Date and Time:** Sun. 4 Feb. from 10:30 a.m. (estimated)

**Place:** Tokai Industry and Information Plaza “iVil”

**Other:** See more details on Tokai Village official website;

<https://www.vill.tokai.ibaraki.jp/>

**Inquiries:** Public Relations Section, ph. 029-282-1711 ext.1305

### **4. The 30<sup>th</sup> “Art Road” Exhibitions**

The 30<sup>th</sup> “Art Road” exhibitions done by art lovers want to make the town more

artistic.

- 1) Exhibition of paintings, sculptures, handicrafts and flower arrangements

**Date:** Sun. 4 - Sat. 10 Feb.

**Time:** 10:00 a.m.- 6:00 p.m. (until 3:00 p.m. on 10 Feb.)

- 2) Exhibition of photos and calligraphy

**Date:** Sun. 11 - Sat. 17 Feb.

**Time:** 10:00 a.m.- 6:00 p.m. (until 3:00 p.m. on 17 Feb.)

**Place:** JR Tokai Station, Gallery A(2F)/ B(1F)

**Inquiries:** Community Facility Management Office, Tokai Station, ph. 029-287-3680

## 5. The 11<sup>th</sup> Dried Sweet Potato Competition

A comparison of the tastes of dried sweet potatoes produced by farmers who grow agricultural products considering safety and health will be held. The First 2000 people arriving to this event will be able to taste several dried sweet potatoes and vote to decide on a gold prize winner.

**Date:** Sat.20, Sun.21 Jan. (Vote; Sat. 20, Announcement of result; Sun. 21)

**Time:** 10:00 a.m.- 5:00 p.m.

**Place:** Newport Hitachinaka Fashion Cruise 1F Main Hall (Shinko-cho 35, Hitachinaka City)

**Contents:** 15 kinds of dried sweet potatoes such as Tamayutaka, Beniharuka and Izumi will be there to try.

**Inquiries:** Agricultural Policy Section, ph. 029-282-1711 ext.1222

## 6. Breast Cancer and Cervical Cancer Checks

Women who had applied before are entitled to receive free examination for breast and cervical cancer at Tokai Health Center.

**Date:** February; Tue.20 - Sat.24, Mon.26 - Wed.28

March; Fri.2, Sat.3

**Reception Time:** 9:30- 10:30 a.m., 12:30- 1:30 p.m.

**Place:** Tokai Health Center

**Cost:** Free

**Application:** Reservation is required (except for checking osteoporosis).

People who recently moved to Tokai Village and sheltered from Fukushima pref., and want to have the checks should apply at the Tokai Health Center in advance.

**Others:** People who have already received the checks at a hospital/clinic individually in this fiscal year can't receive a free examination for breast and cervical at Tokai Health Center at this time.

**Inquiries:** Tokai Health Center, ph. 029-282-2797

## 7. Health Checks for Residents

Residents who missed their health check in this fiscal year can receive health checks in January.

**Date:** Thu. 25, Fri. 26 Jan.

**Time:** 9:30- 11:00 a.m., 1:30- 2:30 p.m.

**Place:** Tokai Health Center

### **Eligible People:**

- Lung cancer; anyone aged 40 and over
- Prostate cancer; men aged between 50 and 79
- Colon cancer; anyone aged 40 and over
- Hepatitis viruses; anyone aged 18 and over who has not been tested in the check provided by Tokai Village before.
- Checks for young people; anyone aged between 18 and 39
- Specific health examination; residents with national health insurance aged between 40 and 74
- Elderly health examination; anyone aged 75 and over

**Cost:** Free

**Application:** People who recently moved to Tokai Village and sheltered from Fukushima pref., and want to have a health check should apply at Tokai Health Center by Fri. 19 Jan. between 8:30 a.m. and 5:15 p.m. (except Saturdays and Sundays).

Anyone who wants receive specific health examination or elderly health examination should apply at Welfare and Insurance Section of Tokai Village.

People who wants to have specific health examination at an assigned clinic or hospital should do so by Wed. 31 Jan. after making a reservation in advance.

**Inquiries:** Tokai Health Center, ph. 029-282-2797,

Welfare and Insurance Section of Tokai Village, ph. 029-282-1711 ext. 1131

## 8. Yoga Class for Beginners

Yoga class for beginners will be held at Tokai Sister City Hall. You will learn breathing, posing and meditation. Please feel free to contact us.

**Date:** Mon. 29 Jan.

**Time:** 10:00 a.m. - noon

**Place:** Tokai Sister City Hall (west side of Tokai Village Office)

**Eligible People:** Anyone aged 20 and over, who lives in Tokai Village.

**Capacity:** 15 people (first-come-first-served basis), only first-time attendees will be accepted.

**Fee:** Free

**Instructor:** Ms. Masae Numa

**Others:** Please come with relaxing wear and bring Yoga mat or bath towel, face towel and water (if you need). If you need babysitting service (free), please tell us when you apply.

**Application and Inquiries:**

Apply on the phone between 10:00 a.m.-9:00 p.m. from Mon. 15 Jan.to Tokai Sister City Hall, ph.029-282-0535