#### 広報とうかい 8/25 号

- 1.9月の休日診療
- 2.9月の健康体操
- 3.9月の健康相談
- 4. すこやかウォーキング
- 5. 育児講座「親子 de Let's ダンス」
- 6. ハッピーランド
- 7. 「百塚保育所」こあらひろば
- 8. 親子でリトミック
- 9. さちのみ認定子ども園平成30年度園児募集
- 10. 第1回東海村ピアノマラソンコンサート
- 11. 東海村のアーティストをご紹介するコンサート vol. 4

#### Koho Tokai 25 Aug. 2017

- 1. Weekend Medical Services in Sep.
- 2. Calisthenics Class in Sep.
- 3. Health Checks for Infants and Toddlers in Sep. at Tokai Health Center
- 4. Sukoyaka Walking
- 5. Let's Dance for Children and Parents
- 6. Happy Land for Children and Parents
- 7. Venue for Parents and Children to Receive Assistance with Childcare
- 8. Eurhythmics for Children and Parents
- 9. Admissions Information of Sachinomi Kodomoen for 2018
- 10. Tokai Village Piano Marathon Concert
- 11. Concert of Artists from Tokai Village Vol. 4

#### 1. Weekend Medical Services in Sep.

**Hours:** 9:30 a.m. - 2:00 p.m., except noon-1:00 p.m. (Hours are available for all locations.)

Sun. 3: Ogata Clinic, ph.029-282-4781

Sun. 10: Tokai Clinic, ph.029-283-1711

Sun. 17: Tokai Hospital, ph.029-282-2188

Mon. 18: Ishii Orthopedics (Seikeigeka) Clinic, ph.029-270-5141

Sat. 23: Muto Pediatric Clinic, ph.029-282-7722

Sun. 24: Tokai Hospital, ph.029-282-2188

Ibaraki Prefecture 24 Hour Emergency Medical Information Control Center,

ph. 029-241-4199

Ibaraki Children's Resource Line, ph. #8000 (for mobile phones), or 029-254-9900: Between Mon. and Fri. 6:30p.m.-8:00a.m. of the following day. Sundays, public holidays, 8:00 a.m.-8:00 a.m. of the following day.

# 2. Calisthenics Class in Sep.

Stretch and yoga exercise classes will be held at Tokai Welfare Center "Kizuna".

Eligible people: Residents aged 30-64 years old.

Date: Thu.7, 14, 21, 28 Sep.

Time: 9:30 - 11:00 a.m.

**Others:** First-time attendees need to apply.

Inquiries: SC Smile Tokai Secretariat, Tokai Gymnasium, ph. 029-283-1001

#### 3. Health Checks for Infants and Toddlers in Sep. at Tokai Health Center

(1) Mother and Child Health Consultation

Date: Fri. 15 Sep.

**Time:** 9:30- 11:00 a.m.

1:00-2:00 p.m.

#### (2) "Genki-up" Health Consultation

Please make an appointment.

- (3) Health Check for Babies
  - 1) Infants born in Apr. 2017

Date: Wed. 13 Sep.

**Time:** 1:00-1:45 p.m.

2) Children (born in Feb. 2016) aged 1 year and 6 months old

Date: Thu. 14 Sep.

**Time:** 1:00-1:45 p.m.

3) Children (born in Jul. 2014) aged 3 years old

**Date:** Wed. 20 Sep. **Time:** 1:00-1:45 p.m.

4) Dental Checks for Children (born in Feb. 2015) aged 2 years and 6 months old

**Date:** Thu. 21 Sep. **Time:** 1:00-1:45 p.m.

#### 5) Baby (born in Jun. 2017) class

**Date:** Tue. 26 Sep. **Time:** 1:00-1:20 p.m.

# 6) "Dental Checkup day" (born in Sep. 2016) class

**Date:** Wed. 27 Sep. **Time:** 9:00-9:30 a.m.

Please make an appointment in advance.

Inquiries: Tokai Health Center, ph. 029-282-2797

# 4. Sukoyaka Walking

One-hour walk along the Ibaraki Health Road. **Date:** Wed. 6 Sep. (Cancelled in case of rain) **Time:** 9:30 a.m. (register from 9:00 a.m.)

Meeting place: Nakamaru Community Center

Eligible people: Tokai Village residents

Cost: Free

**Others:** Bring a drink and a towel, and wear comfortable clothes. Please share cars due to the limited space in the parking lot.

Inquiries: Tokai Health Center, ph. 029-282-2797

#### 5. Let's Dance for Children and Parents

Date: Thu. 21 Sep.

**Time:** 10:00-11:00 a.m.

Place: Nakamaru Community Center

**Eligible People:** Children aged between 6 months old and 6 years old accompanied by a guardian who is a resident of Tokai Village.

Capacity: The first 20 pairs will be accepted. (first-come-first-served-basis)

**Contents:** Play with Mothers, Playing Peek- a- Boo.

Cost: Free

**Others:** Bring a drink and wear comfortable clothes.

Inquiries: Apply on the phone between 2:00 and 4:00 p.m. from Tue. 29 to Thu. 31

Aug. to Parenting Support Center at Hyakutsuka Daycare Center,

ph. 029-270-5660.

## 6. Happy Land for Children and Parents

#### Date and Contents:

1) Thu. 14 Sep.: Play with the newspaper

2) Thu. 28 Sep.: Rhythm Activities

Time: 10:00-11:00 a.m.

Place: Funaishikawa Community Center

Eligible people: Pre-school age children accompanied by a guardian who is a

resident of Tokai Village.

Cost: Free

**Others:** Bring a drink, towel and spare clothes.

Inquiries: Parenting Support Center at Hyakutsuka Daycare Center,

ph.029-270-5660 Reservations are not necessary.

#### 7. Venue for Parents and Children to Receive Assistance with Childcare

Date: Thu. 7 and Fri. 22 Sep.

Time: 9:30-11:30 a.m.

Place: Hyakutsuka Daycare Center

Eligible People: Pre-school age children accompanied by a guardian who is a

resident of Tokai Village.

Contents: Playing freely, Storytelling

Cost: Free

**Others:** Bring a drink and spare clothes.

Inquiries: Parenting Support Center at Hyakutsuka Daycare Center,

ph. 029-270-5660 Reservations are not necessary.

#### 8. Eurhythmics for Children and Parents

Date: Thu. 28 Sep.

Time: 10:00- 11:00 a.m. (Doors open at 9:45 a.m.)

Place: Sunflower Kodomo-no-mori Daycare Center

Eligible people: Children aged between 18 months and 3 years old and their parent.

Capacity: The first 10 pars will be accepted.

Cost: Free

**Others:** Bring a drink, towel and spare clothes.

**Application and Inquiries:** Apply on the phone between 10:00 a.m. and 3:00 p.m. from Mon. 4 Sep. (except Saturdays and Sundays) to Sunflower Kodomo-no-mori Daycare Center, ph.029-287-7111

# 9. Admissions Information of Sachinomi Kodomoen for 2018

# Eligible People:

- a) 3 years old children born between 2 Apr. 2014 and 1 Apr. 2015
- b) 5 years old children born between 2 Apr. 2012 and 1 Apr. 2013
- \* 4 years old children won't be admitted.

Capacity: 1 child for a), 1 child for b)

\* If there are too many applicants, a lottery will be held.

#### Distribute Application:

9:00 a.m. 5:00 p.m. between Fri. 22 and Fri. 29 Sep. (except Sat., Sun. and national holiday)

Others: School tour will be held between 10:00 and 11:30 a.m. on Fri.

22 Sep.. Please apply between 9:00 a.m. and 5:00 p.m. from Wed. 6 to Wed. 13 Sep., except Saturday and Sunday if you want to attend.

# Application and Inquiries:

Apply in person at Sachinomi Kodomoen between 9:10 and 9:30 a.m. on Thu. 12 Oct., ph. 029-212-5057

#### 10. Tokai Village Piano Marathon Concert

Playing Yamaha grand piano(Yamaha CFIII-S) concert will be held by many people who are aged between 1st grade of elementary school and 82 years old.

Date: Sun. 3 Sep.

**Time:** 10:00 a.m. -5:00 p.m. (estimated)

Place: Tokai Culture Center

#### Contents:

Part 1

- 1) Performance by the cast public invitation
- 2) Watching piano tuning
- 3) Performance by a guest; Mrs. Momoko Tanimoto who is a pianist living in Tokai Village.

Part 2

- 1) Performance by the cast public invitation
- 2) Performance by a guest; Mrs. Hitomi Ogawa who is a pianist living in Tokai Village.

Part 3

Performance by the cast public invitation

Fee: Free

Inquiries: Tokai Cultural Center, ph.029-282-8511

# 11. Concert of Artists from Tokai Village Vol. 4

This is a series of concerts to introduce artists who are from Tokai Village. Ms. Takemi Hirohara who is a Tsugaru-jamisen player will come on stage.

Date: Sat. 14 Oct.

Time: From 2:00 p.m. (Doors open at 1:30 p.m.)

Place: Tokai Culture Center

Cost: 1,000 yen (500 yen for 18 years old and younger students)

**Others:** Non-reserved seat only. Pre-school age children cannot attend this event, but childcare services will be offered (1,000yen per child). If you want to apply for the childcare services, please call Tokai Culture Center by Sat. 7 Oct.

**Application:** Tickets are on sale from 9:00 a.m. on Sat. 9 Sep.at Tokai Culture Center and other ticket agencies. Reservation by phone is possible from 1:00 p.m. depending on tickets availability. Sale date and time depends on each ticket agency.

Inquiries: Tokai Culture Center, ph. 029-282-8511