広報とうかい 7/25 号

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- 2.8月の健康体操
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- 5. 水稲病害虫防除を実施します
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Koho Tokai 25 July 2017

- 1. Weekend Medical Services in Aug.
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- 3. Health Checks for Infants and Toddlers in Aug. at Tokai Health Center
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- 7. Refresh Exercise
- 8. Kangaroo Circle
- 9. Tokai Village Singles Tennis Tournament
- 10. Nakaminato Marine Fireworks Display
- 11. Oarai Marine Fireworks Display
- 12. Summer Events at the Nuclear Science Museum

1. Weekend Medical Services in Aug.

Hours: 9:30 a.m. - 2:00 p.m., except noon-1:00 p.m. (Hours are available for all locations.)

Sun. 6: Tokai Hospital, ph.029-282-2188

Fri. 11: Tokai Hospital, ph.029-282-2188

Sun. 13: Ishii Orthopedics (Seikeigeka) Clinic, ph.029-270-5141

Sun. 20: Higashihara Clinic, ph.029-283-2301

Sun. 27: Ogata Clinic, ph.029-282-4781 Ibaraki Prefecture 24 Hour Emergency Medical Information Control Center, ph. 029-241-4199 Ibaraki Children's Resource Line, ph. #8000 (for mobile phones), or 029-254-9900: Between

Mon. and Fri. 6:30p.m.-8:00a.m. of the following day. Sundays, public holidays, 8:00 a.m.-8:00 a.m. of the following day.

2. Calisthenics Class in Aug.

Stretch and yoga exercise classes will be held at Tokai Welfare Center "Kizuna".
Eligible people: Residents aged 30- 64 years old.
Date: Thu.3, 31 Aug.
Time: 9:30~11:00 a.m.
Others: First-time attendees need to apply.
Inquiries: SC Smile Tokai Secretariat, Tokai Gymnasium, ph. 029-283-1001

3. Health Checks for Infants and Toddlers in Aug. at Tokai Health Center

(1) Mother and Child Health Consultation

Date: Fri. 4 Aug.

Time: 9:30- 11:00 a.m.

1:00- 2:00 p.m.

(2) "Genki-up" Health Consultation

Please make an appointment.

(3) Health Check for Babies

1) Infants born in Mar. 2017

Date: Wed. 2 Aug.

Time: 1:00-1:45 p.m.

2) Children (born in Jan. 2016) aged 1 year and 6 months old

Date: Thu. 3 Aug

Time: 1:00-1:45 p.m.

3) Children (born in Jun. 2014) aged 3 years old

Date: Wed. 9 Aug.

Time: 1:00-1:45 p.m.

 4) Dental Checks for Children (born in Jan. 2015) aged 2 years and 6 months old Date: Thu. 10 Aug. Time: 1:00-1:45 p.m.

5) Baby (born in May. 2017) class
Date: Thu. 24 Aug.
Time: 1:00-1:20 p.m.

6) "Dental Checkup day" (born in Aug. 2016) classDate: Fri. 18 Aug.

Time: 9:00-9:20 a.m.

Please make an appointment in advance.

Inquiries: Tokai Health Center, ph. 029-282-2797

4. Nuclear Disaster Evacuation Drill for a Widespread Area

Nuclear disaster evacuation drill will be held in a widespread area on Sun. 30 Jul.. Participants are residents in Tokai Village who have applied for the drill beforehand. In the drill, we will give some information about disaster prevention through the disaster prevention administrative radio, emergency alert e-mail, and social networking service. Traffic jams will be expected around the venues.

Thank you for your understanding and cooperation.

Date: Sun. 30 Jul.

Time: 7:00 a.m. -noon (estimated)

Place: Tokai Village Office, Muramatsu Community Center, Masaki Community Center

Inquiries: Disaster Prevention and Nuclear Energy Safety Section, ph. 029-282-1711 ext.1524

5. The Aerial Spraying of Insecticide over Rice Fields

Rice fields in Tokai Village will be sprayed aerially with insecticide by unmanned helicopters.

Date: Tue. 1 Aug. (postponed in case of rain or strong winds)

Time: 4:30- 11:00 a.m.

Place: all rice fields in Tokai Village

Others: If postponed, the new date will be announced over indoor speakers.

Notice:

-Do not go near the rice fields during spraying.

-Wash the insecticide away if it adheres to your skin or car.

-Please give your cooperation in instructions of field operators for preventing accident.

Inquiries: Agricultural Policy Section, ph. 029-282-1711 ext. 1222

6. The 39th Tokai Matsuri (festival)

Part of attraction will be held in the area around AEON and Tokai Station East Exit.

Date: Sun. 6 Aug. (canceled in case of bad weather)

Time: 2:00 p.m. Opening

3:00 p.m. Tokai Ondo (dance and song)

3:30 p.m. Carrying of portable shrines by children

4:00 p.m. Drawing Dashi (Festival cars) and Mikoshi (portable shrines)

7:30 p.m. Finale will come with a new Tokai Ondo.

Place: The area around AEON and Tokai Station east exit.

Contents: Tokai taiko (drums), tsuna-hiki (a tug of war), street performance, Iron man show and other events.

Part of Fireworks will be held at Akogigaura Park.

Date: Sat. 12 Aug. (postponed to Sun. 13 Aug. in case of bad weather) **Time:** 7:00- 8:30 p.m.

Place: Akogigaura Park

Others: Shuttle buses will run between Tokai Station East Exit, Tokai Culture Center, Tokai Welfare Center "Kizuna" and Akogigaura Park. The hockey field will be off-limits because of artificial turf. Viewing area has changed, so please check on the leaflet or website.

Inquiries: Tokai Matsuri Planning Committee Secretariat, ph. 029-283-2141 For details please check the leaflet that will be inserted in a future newspaper or Tokai Matsuri HP:<u>http://www.tokai-fes.com/</u>

7. Refresh Exercise

Would you like to do exercise for a change?
Date: Tue. 5, 12 and 19 Sep. (3 classes)
Time: 1:30-3:00 p.m.
Place: Tokai Welfare Center, "Kizuna"
Eligible people: Mothers who are bringing up children between 3 months old and

Pre-school age.
Capacity: The first 20 applicants will be accepted.
Cost: Free
Others: Childcare service will provided for free.
Inquiries and applications: Apply to Tokai Health Center from Fri. 28 Jul. to Thu.
10 Aug. Tokai Health Center, ph. 029-282-2797

8. Kangaroo Circle (Autumn)

The Kangaroo Circle is a support group for parents and babies.

Date: (1) Every Tuesday from 5 Sep. to 7 Nov. (10 Classes)

(2) Every Wednesday from 6 Sep. to 8 Nov. (10 Classes)

Time: 10:30-11:15 a.m. (Reception starts from 10:00 a.m.. A numbered ticket will be distributed on a first-come-first-served basis.)

Place: Hyakutsuka Daycare Center

Eligible People: Children born between September 2016 and March 2017, accompanied by a parent. Only first-time attendees will be accepted.

Capacity: The first 15 pairs for each class will be accepted.

Cost: Free

Contents: Play with babies and parents, childcare lecture and others.

Other: Sisters and brothers will not be accepted to join.

Application: Apply in person between 10:00 and 11:15 a.m. on Tue. 8 Aug. at the Parenting Support Center in Hyakutsuka Daycare Center. Additional applications will be accepted by phone between 2:00 and 4:00 p.m. from Tue. 8 to Thu. 10 Aug. **Inquiries:** Parenting Support Center at Hyakutsuka Daycare Center, ph.029-270-5660

9. Tokai Village Singles Tennis Tournament

Dates: Sat. 9 and Sun. 10 Sep. (Postponed to Sun. 24 Sep. in case of bad weather) **Time:** Game starts at 9:00 a.m.

Place: Tokai tennis courts

Eligible people: Tokai village residents, anyone who works or studies in Tokai village and Tokai village tennis league members

Events: Open men's singles (groups I & II, manhood groups I & II), open women's singles (groups I & II). (Might be together in case of the status of application.)

Entry fee: 1,500 yen per person, or 1,000 yen for Tokai village tennis league members

Application: Apply at the Tokai tennis court club house by 5:00 p.m. on Fri. 25 Aug., ph. 029-282-8571

Inquiries: Mr. Hikaru Migawa, ph. 090-3344-9246

10. Nakaminato Marine Fireworks Display

Date: Tue. 8 Aug. Time: 7:00 - 8:30 p.m. Place: Nakaminato fishing port Inquiries: Nakaminato Marine Fireworks Display Committee, ph. 029-263-7811

11. Oarai Marine Fireworks Display

Date: Sat. 29 Jul. (postponed to Sun. 30 Jul. in case of bad weather)Place: Oarai Sun BeachInquiries: Oarai Festival Committee, ph. 029-267-5111

12. Summer Events at the Ibaraki Science Museum of Atomic Energy

The following free summer events are scheduled at the Nuclear Science Museum.

1) Paper aquarium

Your drawing will swim around like a fish. Let's try it.

Term: Until Sun. 27 Aug. (except Mondays)

Time: 1) 9:30 a.m.~ noon (Admission will be accepted until 11:30 a.m.)

(2) 1:00 ~ 4:00 p.m. (Admission will be accepted until 3:30 p.m.)

Eligible people: Junior high students and younger

Others: Attendance will be accepted just once per day. You can play about 30 mins per time.

Application: Reception starts from 9:00 a.m. on the day.

2) Stamp Rally during the Summer Holidays

Collecting stamps at the following 5 exhibition halls to get a present.

Term: Sat. 29 Jul. - Thu.31 Aug.

Eligible people: Junior high students and younger

Object: Hitachi Civic Center (Saiwaicho 1-21-1, Hitachi city)

*Closed Mon. 31 Jul., Mon. 28 Aug.

Nikkou Memorial hall (Miyatacho 3585, Hitachi city)

* Closed every Mon., Fri. 11, Thu. 31 Aug.

Genden Tokai Visitor Center

* Closed every Mon.

Oarai Wakuwaku Science Museum (Minatochuo 12, Oarai town)

* Closed every Mon. and Tue.

Nuclear Science Museum (Muramatsu 225-2, Tokai Village)

* Closed every Mon.

Inquiries: Nuclear Science Museum, ph. 029-282-3111