

Koho Tokai 10 January, 2017

1. Weekend Medical Services in Jan.2017
2. Extension of Administrative Service Time
3. Traffic Restrictions for Katsuta Marathon
4. Station Gallery Exhibitions
5. The 10th Dried Sweet Potato Competition
6. Ultrasonic Thyroid Exams
7. Health Checks for Residents
8. Breast Cancer and Cervical Cancer
9. Room Koara- Hiroba for Parents and Children to Support Their Childcare
10. Tokai Seinen-kai Exchange Meeting
11. Disaster Preparedness Seminar

1. Weekend Medical Services in Jan.

Hours: 9:30 a.m. - 2:00 p.m., except noon-1:00 p.m. (Hours are available for all locations.)

Sun.15: Tokai Clinic ph.029-283-1711

Sun.22: Muto Pediatric Clinic, 029-282-7722

Sun.29: Ishii Orthopedics Clinic ph.029-270-5141

Ibaraki Prefecture 24 Hour Emergency Medical Information Control Center, ph. 029-241-4199

Ibaraki Children's Resource Line, ph. #8000 (for mobile phones), or 029-254-9900: Between Mon. and Fri. 6:30p.m.-8:00a.m. of the following day, Sundays, public holidays, and 8:00 a.m.-8:00 a.m. of the following day.

2. Extension of Administrative Service Time

Date: Every 1st and 3rd Thu. 2017

Time: 8:30a.m.-7:00p.m.

Services and Sections:

Civil Registration Section: Resident registration, seal (hanko) registration, passport issuance, and publishing of other certifications and permissions.

Welfare and Insurance Section: Procedures of national health insurance and national pension plan and long life medical care for the elderly.

Welfare and Nursing Care Section: Application of long-term care insurance and support of the elderly.

Tax Section: Issuance of certifications, (local) taxpayer assistance (needs reservation)

Accounting Section: Payment of tax (except national tax, prefectural tax and national pension premiums) and royalties.

Childcare Support Section: Procedures for day-care center, application of children allowance

and child-rearing allowance.

Waterworks Section; Procedures to supply public water, payment of water and sewage bills.

Tokai Health Center; Procedures of vaccination, health check and healthcare for mother and child, and issuance of Maternal and Child Health Handbook (boshi kenko techo)

3. Traffic Restrictions for Katsuta Marathon

Date: Sun. 29 Jan.

Start Time: 10:30a.m.

Traffic restriction areas and time:

Route 245; 10:30 a.m.- 0:45 p.m.

Genken-dori Avenue; 11:00 a.m.- 1:00 p.m.

Momiji-dori Street; 11:00 a.m.- 1:30 p.m.

Please follow directions if you are in these areas. Your understanding and cooperation are appreciated.

Inquiries: Katsuta Marathon Secretariat, ph. 029-272-8405

4. Station Gallery Exhibitions

Place: JR Tokai Station (2F)

Inquiries: Community Facility Management Office, Tokai Station, ph. 029-287-3680

The 29th “Art Road” exhibition by art lovers want to make the town more artistic.

1) Exhibition of paintings, sculptures, handicrafts and flower arrangements.

Date: Sun. 5 - Sat. 11 Feb.

Time: 10:00 a.m.-6:00 p.m. (until 3:00 p.m. on 11 Feb.)

Place: Gallery A, B

2) Exhibition of photos and calligraphy.

Date: Sun. 12- Sat. 18 Feb.

Time: 10:00 a.m.-6:00 p.m. (until 3:00 p.m. on 18 Feb.)

Place: The photos will be exhibited at Gallery A

Calligraphy will be exhibited at Gallery B

5. The 10th Dried Sweet Potato Competition

A comparison of the tastes of dried sweet potato produced by farmers who grow agricultural products considering safety and health will be held. You can taste several dried sweet potatoes and vote to decide on a gold prize winner.

Date: Sat.21, Sun.22 Jan. (Vote: Sat. 21, Announcement of result: Sun. 22)

Time: 10:00 a.m.- 5:00 p.m.

Place: Newport Hitachinaka Fashion Cruise 1F Main Hall
(Shinko-cho 35 Hitachinaka-city)

Inquiries: Agricultural Policy Section, ph. 029-282-1711 ext.1222

6. Ultrasonic Thyroid Exams

Children can undergo the exam individually at designated medical facilities.

Term: until Fri. 31 Mar. 2017

Eligible people: Children born between Apr. 2, 1997 and Apr. 1, 2011 who are Tokai residents and have not received the mass exams between July and December 2016.

Subsidy: Full amount

Others: Need to pay at the facility, and full amount will be automatically reimbursed to your bank account.

Inquiries and applications: Apply in advance to Tokai Health Center (ph.029-282 2797) for receiving an examination card and forms for subsidy.

7. Health Checks for Residents

Residents who missed their health check last year can receive health checks in January.

Date: Thu. 26, Fri. 27 Jan.

Time: 9:30- 11:00 a.m., 1:30- 2:30 p.m.

Place: Tokai Health Center

Eligible People:

- Lung cancer; anyone aged 40 and over (including tuberculosis check for anyone aged 65 and over)
- Prostate cancer; men between 50 and 79
- Colon cancer; anyone aged 40 and over
- Hepatitis viruses; anyone over 18 who has not been tested in the check provided by Tokai Village municipality previously
- Checks for young people; anyone between 18 and 39
- Specific health examination; residents with national health insurance between 40 and 74

Cost: Free

Application: People who recently moved to Tokai Village and sheltered from Fukushima pref., and wish to have a health check should apply at Tokai Health Center by Thu. 19 Jan. between 8:30 a.m. and 5:15 p.m. (except Saturdays and Sundays).

Anyone who wants receive specific health examination should apply at Welfare and Insurance Section.

People who wishes to have specific health examination at an assigned clinic or hospital should do so by Tue. 31 Jan. after making a reservation in advance.

Inquiries: Tokai Health Center, ph. 029-282-2797,
Welfare and Insurance Section of Tokai Village, ph. 029-282-1711 ext. 1131

8. Breast Cancer and Cervical Cancer

Women who had applied before are entitled to receive free examination for breast and cervical cancer at Tokai Health Center.

Date: February; Sat.11, Thu.23, Fri.24, Sat.25, Mon.27, Tue.28
March; Thu.2, Fri.3, Sat.4, Mon.6, Tue.7

Place: Tokai Health Center

Cost: Free

Application: Reservations are necessary (except for checking osteoporosis).

Anyone wishing to have the checks who recently moved to Tokai Village should apply at the Tokai Health Center in advance.

Others: People who have already received the checks at a hospital/clinic individually can't receive a free examination for breast and cervical at Tokai Health Center at this time.

Inquiries: Tokai Health Center, ph. 029-282-2797

9. Room Koara- Hiroba for Parents and Children to Support Their Childcare

Date: Thu. 19 and Thu. 26 Jan.

Time: 9:30-11:30 a.m.

Place: Hyakutsuka Daycare Center

Eligible People: Preschool age children accompanied by a guardian who is a resident of Tokai Village.

Contents: Playing freely and Storytelling

Cost: Free

Others: Bring a drink, towel and spare clothes. No reservation needed.

Inquiries: Parenting Support Center at Hyakutsuka Daycare Center, ph. 029-270-5660

10. Tokai Seinen-kai Exchange Meeting

An exchange meeting will be held by Tokai Seinen-kai. The participants can communicate with each other by cooking.

Date: Sat. 18 Feb.

Time: 8:30a.m. - 5:00p.m.

Place: Gozenyama Youth Trip Village (Shimoisehata2730, Hitachiomiya City)

Eligible people: Participants from 20 to 35 years old who live or work at Tokai Village or neighboring area.

Capacity: The first 20 people will be accepted.

Cost: 3,000 yen per person (transport costs etc.).

Application and Inquiries:

Send email to the Tokai Seinen-kai with address, name (with furikana), age, gender and contact information (phone number and e-mail address) by Mon. 30 Jan.

Tokai Seinen-kai (Tokai Youth Center): ph. 029-282-7049,

E-mail: seinenkai_1977@yahoo.co.jp

11. Disaster Preparedness Seminar

Disaster prevention seminar for Non-Japanese people will be held at Tokai Sister City Hall.

Date & Time: Sat. 4 Feb. 10:00 a.m.- 12:30 p.m.

Place: Tokai Sister City Hall (west side of Tokai Village Office)

Eligible People: Non-Japanese residents/people who works in Tokai Village

Capacity: 20 people (first-come-first-served basis)

Fee: Free

Lecturer: Staff of Japanese Red Cross Society

Contents: Disaster prevention learning, Lecture on healthy life, Introduction of emergency foods

Others: If you need babysitting service (free), please tell us when you apply.

*This service is available for a limited number of people.

*Interpreters in English are available.

*Come in comfortable clothes and shoes.

Application: Fri.13- Wed.18 Jan. 2017

Please give your name, address and phone number by e-mail or on the phone.

Inquiries: Tokai Sister City Hall, ph.029-282-0535(9:00a.m.-5:00p.m.)

Except Sunday

E-mail/ tokai.sch@net1.jway.ne.jp

You can get information about this event in English and Chinese on our facebook page.

<https://www.facebook.com/tokai.sch>