

広報とうかい 12/10 号

1. 12月の休日診療
2. 窓口延長
3. 医療福祉費支給制度（マル福）
4. ステーションギャラリー
5. 劇団とみかるミュージカル「オズのまほう使い」
6. ハローベビースクール
7. 親子ベビーマッサージ
8. 初・中級者テニス教室

Koho Tokai 10 December, 2016

1. Weekend Medical Services in Dec.
2. Extension of Administrative Service Time
3. Medical and Welfare Treatment System (Maru-Fuku)
4. Exhibitions at Tokai Station Gallery
5. Musical Production produced by Theatrical Company Tomical
6. Hello Baby Classes for Pregnant Women
7. Baby Massage
8. Tennis Classes for Beginners and Intermediates

1. Weekend Medical Services in Dec.

Hours: 9:30 a.m. - 2:00 p.m., except noon-1:00 p.m. (Hours are available for all locations.)

Sun.11: Ibarakihigashi National Hospital ph. 029-282-1151

Sun.18: Ishii Orthopedics Clinic ph.029-270-5141

Fri.23: Tokai Village Hospital ph. 029-282-2188

Sun.25: Tokai Village Hospital ph. 029-282-2188

Fri. 30: Ogata Clinic ph. 029-282-4781

Sat. 31: Ogata Clinic ph. 029-282-4781

Ibaraki Prefecture 24 Hour Emergency Medical Information Control Center,
ph. 029-241-4199

Ibaraki Children's Resource Line, ph. #8000 (for mobile phones), or 029-254-9900:
Between Mon. and Fri. 6:30p.m.-8:00a.m. of the following day, Sundays, public
holidays, and 8:00 a.m.-8:00 a.m. of the following day.

2. Extension of Administrative Service Time

Date: Every 1st and 3rd Thu. 2016

Time: 8:30a.m.-7:00p.m.

Services and Sections:

Civil Registration Section; Resident registration, seal (hanko) registration, passport issuance, and publishing of other certifications and permissions.

Welfare and Insurance Section; Procedures of national health insurance and national pension plan and long life medical care for the elderly.

Welfare and Nursing Care Section; Application of long-term care insurance and support of the elderly.

Tax Section; Issuance of certifications, (local) taxpayer assistance (needs reservation)

Accounting Section; Payment of tax (except national tax, prefectural tax and national pension premiums) and royalties.

Childcare Support Section; Procedures for day-care center, application of children allowance and child-rearing allowance.

Waterworks Section; Procedures to supply public water, payment of water and sewage bills.

Tokai Health Center; Procedures of vaccination, health check and healthcare for mother and child, and issuance of Maternal and Child Health Handbook (boshi kenko techo)

3. Medical and Welfare Treatment System (Maru-Fuku)

When you receive the new “Medical and Welfare Recipient Certificate (Maru-Fuku card)”, please keep it and discard the previous one after checking expire date.

The update period: The end of birth month (period of entering Junior High School for people in 6th grade of elementary school.)

People eligible for Maru-Fuku:

You receive Maru-Fuku card(white) for hospitalization and Maru-Toku card(yellow) for outpatient.

People eligible for Maru-Toku:

You receive only Maru-Toku card(yellow) for both of hospitalization and outpatient.

Inquiries: Welfare and Insurance Section, 029-282-1711 ext.1135

4. Exhibitions at Tokai Station Gallery

1) Asuka Sakuma Exhibition

The huge sculpture made with familiar waste such as newspapers, used socks, tea bags, etc. created by Asuka Sakuma who is a sculptor will be exhibited.

Date: Fri. 6 - Sat. 21 Jan. 2017

Time: 10:00a.m. - 7:00p.m. (close 1:00p.m. on the last day)

Place: JR Tokai Station (Gallery A, 2F)

2) Workshop ~ let's make ornament curtain~

Participants will make many paper ornaments made with old newspapers or leaflets to make artistic curtains.

Date: Sat. 7 Jan. 2017

Time: 1:00p.m. ~

Place: JR Tokai Station (Gallery B, 1F)

Eligible People: The first 30 people will be accepted.

*2nd grade elementary school student and under must come with a guardian.

Cost: Free

Application and Inquiries: Apply in person from 9:00a.m. on Sun. 18 Dec. at Community Facility Management Office, Tokai Station, ph. 029-287-3680

* You can apply on phone from 10:00a.m. on Sun. 18 Dec.

5. Musical Production produced by Theatrical Company Tomical

Tomical is a theatre company originally from Tokai Village that performs musical in local communities to make this art more popular. This year they are performing "The Wizard of Oz" this is a story full of adventure.

Date: Sun. 18 Dec. 2016

Time: 2:00 p.m. (door opens on 1:30p.m.)

Place: Tokai Culture Center

Admission Fee: Free

* Small children and infants are welcome

Inquiries: Theatrical Company Tomical, (tomical.office@gmail.com), Tokai Culture & Sports Foundation, ph. 029-282-8511

6. Hello Baby Classes for Pregnant Women

Let's learn about pregnancy, childbirth, child care, and share with us your concerns and your experience as a future mother.

Date and Content:

1) Mon. 16 Jan. 2017, 9:30a.m.-1:00p.m.

Discussion with a midwife about nutrition during pregnancy and cooking hints.

Bring an apron and a bandana to cover your hair. Childcare service will provided.

2) Thu. 19 Jan. 2017, 1:30-4:00p.m.

Delivery process and life after childbirth/ dental checkups and brushing guidance/ children safety seat for cars. Childcare service will provided.

3) Sat. 21 Jan. 2017, 9:20a.m.-noon

Talk about babies / how to bath a new born/ pregnancy experience for fathers.

Bring an apron. There is no childcare service.

Place: Tokai Health Center

Cost: Free

Others: Bring your Maternal and Child Health Handbook (boshi kenko techo), the supplementary handbook, pen and notebook.

Inquiries and applications: To register for the class 1 and childcare services for the class 1 and 2, call Tokai Health Center (ph.029-282-2797) by Wed. 28 Dec. 2016. No registration is necessary for class 2 and 3.

7. Baby Massage

Date and Place: Tue.20 and 27 Dec. Funaishikawa Community Center

Thu.22 Dec. Ishigami Community Center

Time: 10:30-11:30 a.m.

Eligible people: Baby between 2 months and before crawling, and a guardian.

Capacity: 5 pairs for each day

Cost: 1,500 yen per pair (including the cost for oil, diaper sheet and others.)

Others: Babies should arrive 15 minutes in advance for an oil patch test.

Application and Inquiries: Apply on the phone between 3:00- 5:00 p.m. from Monday to Friday with Ms. Kaori Kataoka, ph.090-5567-2318

8. Tennis Classes for Beginners and Intermediates

Date: A series of 8 classes on Saturdays and Sundays from Sat. 14 Jan. to Sun. 5 Feb. 2017

Time: 11:00 a.m. - 1:00 p.m.

Place: Tokai Tennis Court

Eligible people: Anyone of junior high school age or above, who either lives, works, or goes to school in Tokai, or is a registrant of Tokai Tennis Association (including family living together). The class size is around 45.

Cost: 3,000 yen per person

Application: Apply with the filled out application form by Sat. 24 Dec.2016 (except Mondays) at Tokai Tennis court Club House or Tokai Gymnasium.

Inquiries: Mr. Hideo Naruse, Tokai Tennis Association Secretariat, ph. 090-4395-4924