

Koho Tokai 25 October, 2016

1. Weekend Medical Services in Nov.
2. Calisthenics Class in Nov.
3. Health checks for infants and toddlers in Nov. at Tokai Health Center
4. Tokai Village Office wants your feedback
5. Application for Tokai Village After-school Care Club 2017
6. Daycare Center and Kodomoen Applications
7. Hello Baby Classes for Pregnant Women
8. "Happy Land" (for children and parents)
9. Learning Child Care [Aerobics Classes for Parents and Children]
10. Learning English through Games and Storytelling
11. Shape-up Class with Dance
12. The 109th Kasama Chrysanthemum Festival at Kasama-city
13. The 33rd Tokai Yattan-sai Festival

1. Weekend Medical Services in Nov.

Hours: 9:30 a.m. - 2:00 p.m., except noon-1:00 p.m. (Hours are available for all locations.)

Thu.3: Tokai Village Hospital ph. 029-282-2188

Sun.6: Ogata Clinic ph. 029-282-4781

Sun.13: Higashihara Clinic ph. 029-283-2301

Sun. 20: Muto Pediatric Clinic ph. 029-282-7722

Wed.23: Tokai Village Hospital ph. 029-282-2188

Sun.27: Ibarakihigashi National Hospital ph. 029-282-1151

Ibaraki Prefecture 24 Hour Emergency Medical Information Control Center,
ph. 029-241-4199

Ibaraki Children's Resource Line, ph. #8000 (for mobile phones), or 029-254-9900:
Between Mon. and Fri. 6:30p.m.-8:00a.m. of the following day, Sundays, public
holidays, and 8:00 a.m.-8:00 a.m. of the following day.

2. Calisthenics Class in Nov.

Stretch and yoga exercise classes will be held at the Tokai Welfare Center, "Kizuna".

Eligible people: Residents aged 30- 64 years old.

Date: Thu. 10, 17 and 24 Nov. 2016

Time: 9:30-11:00 A.M.

Others: First-time attendees must apply.

Inquiries: SC Smile Tokai Secretariat, Tokai Gymnasium, ph. 029-283-1001

3. Health checks for infants and toddlers in Nov. at Tokai Health Center

(1) Mother and Child Health Consultation

Date: Fri. 18 Nov.

Time: 9:30- 11:00. A.M

1:00- 2:00 P.M.

(2) “Genki-up” Health Consultation

Please make an appointment.

(3) Health Check for Babies

1) Infants born in Jun. 2016

Date: Wed. 9 Nov. 2016

Time: 1:00-1:45 P.M.

2) Children (born in Apr. 2015) aged 1 year and 6 months old

Date: Thu. 10 Nov. 2016

Time: 1:00-1:45 P.M.

3) Children (born in Sep. 2013) aged 3 years old

Date: Wed. 16 Nov. 2016

Time: 1:00-1:45 P.M.

4) Dental Checks for Children (born in Apr. 2014) aged 2 years and 6 months old

Date: Thu.17 Nov. 2016

Time: 1:00-1:45 P.M.

5) Baby (born in Aug. 2016) class

Date: Wed. 30 Nov. 2016

Time: 1:00-1:20 P.M

Inquiries: Tokai Health Center, ph. 029-282-2797

4. Tokai Village Office wants your feedback

Tokai Village Office wants to know why you enjoy the life in Tokai and/or the good things about Tokai that you would like to share with other citizens.

30 people will be given a lovely present by lottery, so please take part in the survey and enjoy winning great prizes.

Eligible people: People who live, work or study in Tokai Village or enjoy Tokai Village.

*One application can be submitted per person or organization.

An individual cannot submit another application as an organization if he or she has already submitted one as an individual.

Contents:

- 1) What are some important points of interest and why are you proud of Tokai?
- 2) What do you want Tokai to be like in 10 years? Why do you want it to be that way?
- 3) Which color represents Tokai? Why do you think so?

Application and Inquiries:

Submit the application form (you can get it at Tokai Village Office, Tokai Library and Tokai Welfare Center, “Kizuna”) to Public Relations Section or send a postcard or email your response to questions 1-3 and the applicants’ names (corporate and representative name in case of organization), telephone number, zip code, address, age, gender and occupation(grade) to Public Relations Section (Tokai Village Office 3F, Tokai3-7-1, 319-1192), ph. 029-282-1711 ex.1304

E-mail: city-pro@vill.tokai.ibaraki.jp

Due: By Wed. 23 Nov.

*You also can get the application form Tokai Village homepage.

5. Application for Tokai Village Afterschool Care Club 2017

Open: Afterschool until 7:00 P.M. Mon. through Fri. (except public holidays). Special hours will be 7:30 A.M. to 7:00 P.M. during extended and school holidays.

Place: Tokai Village Afterschool Care Club (Ishigami, Funaishikawa, Nakamaru, Shirakata and Terunuma) *All are located next to the elementary schools.

Eligible People: Children satisfying the following conditions:

- Children who have working/sick parents, or have parents who need elderly care/nursing or have handicaps, and have nobody at home during afterschool.
- Children who will be in 1st to 6th grade in Apr.2017
- New applicants

Childcare Fee: 5,000 yen per individual per month (10,000 yen for only August)

An extra fee will be added for snack, lunch and events.

Other: Explanatory meeting will be held on Sun.20 Nov. between 10:00 A.M. and noon at Ishigami Community Center.

Application: Send the filled out application form with the documents you need to submit to the care club where you should apply by Fri.16 Dec.. You can get the form at each Afterschool Care Club.

Inquiries: TelWel East Japan Corporation, ph.029-287-1003

Childcare Support Section, ph.029-282-1711 ext.1184

If you want to apply for the Muramatsu Afterschool Care Club, please contact them directly. ph.029-283-0983

6. Daycare Center and Kodomoen Applications

Application for new entrants in Apr. 2017 will begin soon.

Entrance Date: 1 Apr. 2017(Only 1 Apr. entrants will be accepted this time.)

Daycare Center:

Public: Hyakutsuka Daycare Center, Funaishikawa Daycare Center

Private: Tulip Daycare Center, Migiwa Daycare Center, Ozora Daycare Center, Sunflower Kodomo-no-mori Daycare Center

Certified Kodomoen:

Public: Tokai Muramatsusyuku-Kodomoen

Private: Sachinomi-Kodomoen, Oaks funaba-Kodomoen

Eligibility:

Applicants should meet one of the following conditions, and have no other family member residing in the household who can take care of a child:

1. Parents or guardians work more than 64 hours a month.
2. The mother is about to give birth, or has just recently given birth.
3. Parents or guardians are ill or with disabilities.
4. Parents or guardians have long-term nursing care obligations.
5. Parents or guardians are working in disaster recovery.
6. Parents or guardians are job- hunting or in the process of starting a business continually.
7. Parents or guardians are studying at any school or in job training.
8. Parents or guardians are abusive.

Capacity: A few places are available at each of day care centers.

*This differs depending on the age of infant or toddler and the institution.

Application: Submit the application form (available from Tue.1 Nov. at the Childcare Support Section in the Village Office) and documentary proof of why care at home is not possible (e.g. certificates of employment or medical

certificates) to the Childcare Support Section on the 4th floor of the Tokai Village Office between Wed. 9 and Tue. 22 Nov. (closed weekends).

Inquiries: Childcare Support Section, ph.029-282-1711 ext.1185

7. Hello Baby Classes for Pregnant Women

Let's learn about pregnancy, childbirth, child care, and share your concerns and experiences as a future mother with us.

Date and Content:

1) Mon. 21 Nov. 9:30 A.M.-1:00 P.M.

Discussion with a midwife about nutrition during pregnancy and cooking hints. Bring an apron and a bandana to cover your hair. Childcare service will be provided.

2) Thu. 24 Nov. 1:30-4:00 P.M.

Delivery process and life after childbirth/ dental checkups and brushing guidance/ children safety seats for cars. Childcare service will be provided.

3) Sat. 26 Nov. 9:20 A.M.-noon

Talk about babies / how to bathe a newborn/ pregnancy experience for fathers. Bring an apron. There is no childcare services provided.

Place: Tokai Health Center

Cost: Free

Others: Bring your Mother and Child Health Handbook (boshi kenko techo), the supplementary handbook, pen and notebook.

Inquiries and applications:

To register for class 1 and childcare services for classes 1 and 2, call Tokai Health Center (ph.029-282-2797) by Mon. 7 Nov.. No registration is necessary for classes 2 and 3.

8. "Happy Land" (for children and parents)

Date and Contents: Thu. 10 Nov. : Handmade crafts for Shichi-Go-San Festival

Thu. 24 Nov. : Rhythm activities

Time: 10:00-11:00 A.M.

Place: Funaishikawa Community Center

Eligible people: Preschool age children accompanied by a guardian who is a resident of Tokai Village.

Cost: Free

Others: Bring a drink, towel and spare clothes. Reservations are not necessary.

Inquiries: Parenting Support Center at Hyakutsuka Daycare Center, ph. 029-270-5660

9. Learning Child Care [Aerobics Classes for Parents and Children]

Date: Thu. 17 Nov.

Time: 10:00-11:00 A.M.

Place: Nakamaru Community Center

Eligible people:

Children between 18 months and 3 years old accompanied by a guardian who is a resident of Tokai Village.

The first 20 pairs are accepted.

Instructor: Ms. Akiko Sugiyama (Aerobics instructor)

Cost: Free

Others: Bring drink and towel, and wear comfortable clothes that allow movement.

Application: Please make a reservation from Mon. 31 Oct. through Wed. 2 Nov. from 2:00 to 4:00 P.M. by phone.

Inquiries: Regional Parenting Support Center at Hyakutsuka Daycare Center, ph. 029-270-5660

10. Learning English through Games and Storytelling

Learning English through games with an NLT (Native Language Teacher) and learn how to enjoy picture books from the staff of Tokai Library.

Date: Tue. 22 Nov.

Time: 9:30 -11:00 A.M.

Place: Tokai Muramatsusyuku-Kodomoen

Eligible people: Children between 1 and 2 years old with a guardian.

Capacity: There is a limit of 10 pairs.

Cost: Free

Application and Inquiries:

Apply to Tokai Muramatsusyuku-Kodomoen Parenting Support Center from 1:00 to 5:00 P.M. between Tue.1 and Fri.18 Nov., ph. 029-282-7390

11. Shape-up Class with Dance

Staff from Jazz Dance Federation will instruct with stretching exercises and cheerleading.

Date: Sun.13 Nov.

Time: 1:30 -3:00 P.M.

Place: Tokai Central Community Center

Eligible People: Women age 20 years and over who live or work in Tokai Village.

Capacity: First 15 women will be accepted.

Cost: Free

Others: Bring a bath towel for laying out.

Application and Inquiries:

Apply to Tokai Culture Center by Sat.12 Nov., ph. 029-282-8511

12. The 109th Kasama Chrysanthemum Festival at Kasama-city

The Kasama Inari Chrysanthemum Festival is the oldest chrysanthemum festival in Japan. Ten thousand chrysanthemum flowers are exhibited in the precincts and various parts of the city.

Date: By Wed. 23 Nov.

Place: Around Kasama Inari Shrine (Kasama 1, Kasama-city)

Inquiries: Kasama Chrysanthemum Festival in Kasama Commerce, industry and Tourism Section, ph. 0296-77-1101

13. The 33rd Tokai Yattan-sai Festival

This annual festival is organized by student volunteers from Tokai High School Students Association and other youth associations. Please enjoy the event.

Date: Sun. 6 Nov.

Time: 10:00 A.M.-3:00 P.M.

Place: Tokai-minami Junior High School

Content:

-Challenge Hiroba

Enjoy exciting amusements such as a giant maze, hockey experience, and more. The main event will be an obstacle race.

-Bazar Hiroba

Snacks available from the stalls include Japanese pilaf, Okonomiyaki, Imokenpi

(sweetened sweet potato fries) and other handmade treats made by various youth associations.

Inquiries:

Tokai Yattan-sai Festival Administration Committee in Tokai Youth Center, ph. 029-282-7049