

## **Koho Tokai 10 February, 2016**

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### **1. Medical Services on Weekends in Feb.**

Hours: 9:30a.m. - 2:00p.m., except noon-1:00p.m. (Hours are available for all locations.)

Thu.11: Tokai Village Hospital ph. 029-282-2188

Sun. 14: Ibarakihigashi National Hospital ph. 029-282-1151

Sun.21: Tokai Clinic, ph.029-283-1711

Sun.28: Tokai Village Hospital ph. 029-282-2188

Ibaraki Prefecture 24 Hour Emergency Medical Information Control Center, ph. 029-241-4199

Ibaraki Children's Resource Line, ph. #8000 (touch-tone phones and mobile phones) or 029-254-9900: everyday 6:30p.m.-00:30a.m., Sundays, public holidays, 9:00 a.m.-5:00 p.m.

### **2. Extension of Administrative Service Time**

**Date:** Every 1st and 3rd Thu. 2016

**Time:** 8:30a.m.-7:00p.m.

#### **Services and Sections:**

**Civil Registration Section:** Resident registration, seal (hanko) registration, passport issuance, and publishing of other certifications and permissions.

**Welfare and Insurance Section:** Procedures of national health insurance and national pension plan, issuance of Motheral and Child Health Handbook (boshi kenko techo)

**Childcare Support Section:** Procedures for day-care center, application of children allowance and child-rearing allowance.

**Welfare and Nursing Care Section:** Application of long-term care insurance and support of the elderly.

**Accounting Section:** Payment of tax (except national tax, prefectural tax and national pension

premiums) and royalties.

**Tax Section:** Issuance of certifications, (local) taxpayer assistance (needs reservation)

**Waterworks Section:** Procedures to supply public water, payment of water and sewage bills.

### **3. Information of the Procedure Needing My Number**

Your “My number” will be needed when you make an application listed below.

- Application for issuance of “Boshi Kenko Techo (Maternity Health Record Book)”
- Jido Teate Ninte Seikyu (Child allowance authorization application) / Genkyo Todoke (Present condition form)
- Application for Day Care Center/ Kindergarten/ Kodomo-en
- Application at Tax Section, Welfare and Insurance Section, Welfare and Nursing Care Section and Childcare Support Section

Please bring either of the following certificates when you visit the counter of Tokai-mura Village Office.

- “Kojin Bango Card (Individual Number Card)”
- “Tsuchi Card (Notification Card)” and ID like driver’s license or health insurance card

#### **Inquiries:**

- About “My number”: General Affairs Section, ph. 029-282-1711 ext.1313
- About various application: Please contact section in charge directly

### **4. 37th Tokai-mura Educational Promotion Meeting (Tokai-mura Kyouiku Shinko Taikai)**

**Date:** Fri. 19 Feb.

**Place:** Tokai Culture Center

**Cost:** Free

#### **Program:**

1) 1:10 p.m. - Ceremony

Commendation for contributor of educational field

2) 1:55 p.m. - Presentation

-A research presentation by exhibitor of exhibition of Ibaraki Prefecture scientific researches

-Music performance by wind orchestral band of Muramatsu Elementary School

3) 2:55 p.m. - Performance

Eco-experiment performance by Ranma-sensei (Eco-experiment performer) and Mr. Conro (World Juggling Champion)

4) Exhibition will be displayed in the lobby

-Handiwork by Tokai-mura kindergarten children

-Exhibition of Ibaraki Prefecture scientific researches

**Inquiries:** School Education Section of Tokai-mura, ph. 029-282-1711 ext.1411, 1412

## **5. Garden Plots to Rent**

**Term:** Tue. 1 Mar, 2016- Tue. 28 Feb, 2017

**Place:** Shirakata and Toyooka area

**Eligible people:** Those who either lives or works in Tokai-mura

**Cost:** 3,000 yen/ 1 plot (50 square meters) per year (Up to 3 plots per person may be rented.)

### **Application:**

Bring your personal seal and apply with the fee at Tokai Farmers' Market "Nijinonaka" from Fri. 12 Feb. 8:30 a.m. - 5:15 p.m. (except Mon.).

**Others:** First- come- first- served basis.

**Inquiries:** Farmers' Market "Nijinonaka", ph. 029-287-7867

## **6. The Day of Receiving Garbage Disposal at Cleaning Center on Public Holiday will be changed**

The date when unburnable garbage can be carried in directly to the cleaning center will be changed from Apr. 2016.

Current: the third Sun 8:30a.m. -noon.

From Apr.: the second and fourth Sat. 8:30a.m. -noon.

**Content:** unburnable garbage, bulky rubbish, recyclable waste, pruned brunches and leaves

**Inquiries:** Tokai-mura Cleaning Center, ph. 029-282-7289

## **7. Deadline of Measles-Rubella Vaccinations Coupon**

Measles is a potentially fatal serious disease that can be prevented by inoculating twice vaccinations. Children who have already had the first MR vaccination during infancy are recommended to get the second inoculation.

### **Eligible people:**

First shot: Children aged 1 year old and over but less than 2 years old

Second shot: Children born between- 2 Apr. 2009 and 1 Apr. 2010 (The last preschool year)

### **Vaccination Coupon:**

First shot: Vaccination Coupon had been sent when children aged 1month. You may not be subsidized after children turns to be 2 years old.

Second shot: Vaccination Coupon was sent in Apr.2015. The deadline is Thu. 31 Mar. 2016.

### **Others:**

Anyone who recently moved to Tokai- mura or who has not received the vaccination coupon, refer to Tokai-mura Health Center.

**Inquiries:** Tokai-mura Health Center, ph. 029-282-2797

### **8. Exchange Meeting for Pregnant Women and Experience as a Mother**

This is an exchange meeting for pregnant women and women raising kids. Let's talk about pregnancy, childbirth, childcare with experience as a mother.

**Date:** Tue.23 Feb.

**Time:** 10:15-11:15a.m.

**Place:** Muramatsusyuku-Kodomoen

**Eligible people:** Pregnant women

**Capacity:** The first 5 applicants will be accepted.

**Cost:** Free

**Applications:** Call Tokai Muramatsusyuku-Kodomoen Parenting Support Center from Mon. 15 to Mon.22 Feb. noon-5:00p.m.

**Inquiries:** Tokai Muramatsusyuku-Kodomoen Parenting Support Center, ph. 029-282-7390

### **9. Hello Baby Classes for Pregnant Women**

Let's learn about pregnancy, childbirth, child care, and share with us your concerns and your experience as a future mother.

**Date and Content:**

1) Mon. 14 Mar. 2016, 9:30a.m.-1:00p.m.

Discussion with a midwife about nutrition during pregnancy and cooking hints. Bring an apron and a bandana to cover your hair. Childcare service will provided.

2) Thu. 17 Mar. 2016, 1:30-4:00p.m.

Delivery process and life after childbirth/ dental checkups and brushing guidance/ children safety seat for cars. Childcare service will provided.

3) Sat. 19 Mar. 2016, 9:20a.m.-noon

Talk about babies / how to bath a new born/ pregnancy experience for fathers. Bring an apron. There is no childcare service.

**Place:** Tokai-mura Health Center

**Cost:** Free

**Others:** Bring your Mother and Child Health Handbook (boshi kenko techo), the supplementary handbook, pen and notebook.

**Inquiries and applications:** To register for the class 1 and childcare services for the class 1 and 2, call Tokai-mura Health Center (ph.029-282-2797) by Fri. 26 Feb. 2016. No registration is necessary for class 2 and 3.

### **10. 34<sup>th</sup> Regular Concert by Tokai-mura Children's Choir**

A suite of chorus "Furusato Tokai-mura" and Disney medley by musical and band performance will be held on stage.

**Date:** Sun. 21 Feb.

**Time:** 1:30 p.m. (doors open 1:00 p.m.)

**Place:** Tokai Culture Center

**Fee:** Free

**Other:** No reservation required.

**Inquiries:** Lifelong Learning Section, ph. 029-282-1711 ext.1423

### 11. Gathering for Girl Scouts Doll Festival

**Date:** Sat. 27 Feb.

**Time:** 10:00 a.m. - 2:00 p.m.

**Place:** Nakamaru Community Center

**Eligible People:** Girls between the last preschool year and 6 grade of elementary school, and their guardian. First 5 pairs are accepted.

**Contents:** Cooking Hina-Sushi rolls, Origami, Recreation

**Fee:** 500 yen per pair

**Application and Inquiries:** Apply to Ms. Sachiko Kumagai by Mon. 22 Feb., ph. 080-2110-2868

E-mail: [ibarakigirl@gmail.com](mailto:ibarakigirl@gmail.com)

### 12. Tokai 500-yen Coin Theater

**Movies:**

1. Harikomi (a 1958 film)

**Date:** Sat. 13 Feb.

**Time:** ① 10:00 a.m. ② 3:30 p.m. The Bad Sleep Well (a 1960 film)

**Date:** Sat. 13 Feb.

**Time:** ① 0:40 p.m. ② 5:50 p.m.

2. Kuroi Gashu (a 1960 film)

**Date:** Sun. 14 Feb.

**Time:** ① 10:00 a.m. ② 3:20 p.m.

3. The White Tower (a 1966 film)

**Date:** Sun. 14 Feb.

**Time:** ① 12:30 p.m. ② 5:20 p.m.

**Place:** Tokai Culture Center

**Fee:** 500 yen per person. Fee free for children aged 2 years old and under.

**Others:**

All non-reserved seat. No advance tickets. Choose the time that suits you best.

Disturbance of images/sounds might be happened because of aging deterioration.

**Inquiries:** Tokai Culture Center, ph. 029-282-8511

### **13. Yoga Class for Beginners**

Yoga class for beginners will be held for non-Japanese people at Tokai-mura Sister City Hall. You will learn breathing, posing and meditation. Feel free to contact us!

**Date & Time:** Wed. 16 Mar. 10:00 a.m.-noon

**Place:** Tokai-mura Sister City Hall (west side of Tokai-mura Village Office)

**Eligible People & Capacity:**

Non-Japanese residents or non-Japanese people who works in Tokai-mura  
10 people (first-come-first-served basis)

**Fee:** Free

**Instructor:** Mrs. Masae Numa

**Others:** Please come with relaxing wear and bring Yoga mat or bath towel, face towel and water (if you need). If you need babysitting service (charged), please tell us when you apply.

**Application:**

Mon.15 – Mon.22 Feb.

Please tell your name, address and phone number on the phone or by e-mail.

**Inquiries:** Tokai-mura Sister City Hall, ph/029-282-0535(9:00a.m.-5:00p.m.)

Except Sunday

E-mail/ tokai.sch@net1.jway.ne.jp

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在姐妹城市交流会馆的 Facebook 上, 我们用英语和汉语提供信息。