

Koho Tokai 25 October, 2015

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1. Medical Services on Weekends in Nov.

Hours: 9:30a.m. - 2:00p.m., except noon-1:00p.m. (Hours are available for all locations.)

Sun.1: Ishii Orthopedics (Seikeigeka) Clinic, ph.029-270-5141

Tue.3: Tokai Village Hospital ph. 029-282-2188

Sun.8: Muto Pediatric Clinic, 029-282-7722

Sun.15: Tokai Clinic, 029-283-1711

Sun.22: Higashihara Clinic, ph.029-283-2301

Mon.23: Tokai Village Hospital ph. 029-282-2188

Sun.29: Ibarakihigashi National Hospital ph. 029-282-1151

Ibaraki Prefecture 24 Hour Emergency Medical Information Control Center, ph. 029-241-4199

Ibaraki Children's Resource Line, ph. #8000 (touch-tone phones and mobile phones) or 029-254-9900: everyday 6:30p.m.-00:30a.m., Sundays, public holidays, 9:00 a.m.-5:00 p.m.

2. Calisthenics Class in Nov.

Stretch and yoga exercise classes will be held at Tokai-mura Welfare Center "Kizuna".

Eligible people: Residents aged 30- 64 years old.

Date: Thu.5, 12, 19, 26, Nov. 2015

Time: 9:30~11:00 a.m.

Others: First-time attendees need to apply.

Inquiries: SC Smile Tokai Secretariat, Tokai Gymnasium, ph. 029-283-1001

3. Health Checks for Infants and Toddlers in Nov. at Tokai-mura Health Center

(1) Mother and Child Health Consultation

Date: Fri. 27 Nov.

Time: 9:30- 11:00 a.m.

1:00- 2:00 p.m.

(2) “Genki-up” Health Consultation

Please make an appointment.

(3) Health Check for Babies

1) Infants born in Jun. 2015

Date: Wed. 4 Nov. 2015

Time: 1:00-1:45p.m.

2) Children (born in Apr. 2014) aged 1 year and 6 months old

Date: Thu. 5 Nov. 2015

Time: 1:00-1:45p.m.

3) Children (born in Sep. 2012) aged 3 years old

Date: Thu. 12 Nov. 2015

Time: 1:00-1:45p.m.

4) Dental Checks for Children (born in Apr. 2013) aged 2 years and 6 months old

Date: Wed. 18 Nov. 2015

Time: 1:00-1:45 p.m.

5) Baby (born in Aug. 2015) class

Date: Thu. 19 Nov. 2015

Time: 1:00-1:20p.m.

Inquiries: Tokai-mura Health Center, ph. 029-282-2797

4. The 32nd Tokai Yattan-sai Festival

This annual festival is organized by student volunteers from Tokai-mura High School Students Association, junior high students who went on the Nature Learning Tour and other youth associations.

Date: Sun. 1 Nov.

Time: 10:00 a.m.-3:00 p.m.

Place: Tokai-minami Junior High School

Content:

-Challenge Hiroba

Enjoy exciting amusements such as a giant maze, hockey experience and others. The main event

will be mini sports meeting.

-Bazar Hiroba Refreshments available from the stalls include Japanese pilaf, curry, bread and others by handmade of youth associations.

Inquiries:

Tokai Yattan-sai Festival Administration Committee in Tokai-mura Youth Center, ph. 029-282-7049

5. Part of Operation Schedule of Route Bus will be changed

Operation Schedule of Route Bus in early morning will be changed from Mon. 2 Nov. in order to improve convenience.

Notice: Time table printed in the flyer that will be distributed with Koho Tokai 25th Oct. issue doesn't apply this change.

Date of the change: From Mon. 2 Nov.

Route of the change:

- 1) East exit of Tokai station ⇔ Floresta-suwama, Minamidai, Midorigaoka (Circular-Route Bus)
- 2) East exit of Tokai station ⇔ Floresta-suwama, Minamidai, Midorigaoka ⇔ Ibarakihigashi National Hospital, West exit of Seaside Park

For more details, please see the Tokai-mura HP

Inquiries: Ibaraki Transport Corporation Katsuta office ph.029-272-7311

6. Daycare Center Applications

Application for new entries in Apr. 2016 will soon start. Each of the following day care centers has a few places available for new entries.

Daycare Center

Public: Hyakutsuka Daycare Center, Funaishikawa Daycare Center

Private: Tulip Daycare Center, Migiwa Daycare Center, Ozora Daycare Center, Sunflower Kodomo-no-mori Daycare Center

Certified Children Centers

Public: Tokai Muramatsusyuku-Kodomoen

Private (will be opened in Apr. 2016): Sachinomi-Kodomoen, Okusufunaba-Kodomoen

Eligibility:

Applicants should meet one of the following conditions, and have no other family member resident in the household who can take care of a child:

1. Parents or guardians work during the day.
2. The mother is about to give birth, or has just recently given birth.
3. Parents or guardians are ill or with disabilities.
4. Parents or guardians have long-term nursing care obligations.

5. Parents or guardians are working in disaster recovery.
6. Parents or guardians are job- hunting or in the process of starting a business continually.
7. Parents or guardians are studying at any school or in job training.
8. Parents or guardians are abusive.

Capacity: A few place is available at each of day care centers.

*That differs depending on age of infant and toddler and institution.

Application:

Submit the application form (available from Mon. 2 Nov. at the Childcare Support Section in the Village Office) and documentary proof of why care at home is not possible (e.g. certificates of employment or medical certificates) to the Childcare Support Section on the 1st floor of the Tokai-mura Village Office between Mon. 16 and Mon. 30 Nov. (closed weekends and public holidays).

Inquiries: Childcare Support Section, ph.029-282-1711 ext.1185

7. Experiencing Daycare for Children who are not in a Daycare Center or a Kindergarten [Wakuwaku Club]

- 1) Circle for 0-1 year old children and their guardian on Fri.20 Nov.
- 2) Circle for 2 years old children and their guardian on Fri.13 Nov.
- 3) Circle for 3-5 years old children and their guardian on Fri.6 Nov.

Time: 10:00 -11:30a.m.

Place: Tokai Muramatsusyuku-Kodomoen

Eligible People: Children who are not in a daycare center or a kindergarten and their guardian who have never joined this activity and is a resident of Tokai-mura.

Capacity: There is a limit of 3 pairs for each circle.

Cost: Free

Contents: Seeing class activities, playing with each other

Inquiries: Apply at Tokai Muramatsusyuku-Kodomoen Parenting Support Center from 9:00a.m. Fri. 30 Oct. to two days before the date of circle. Ph. 029-282-7390

8. Kangaroo Circle (The class of winter is welcoming new members)

Date: 1) Every Tuesday from Tue.1 Dec. to Wed.24 Feb. (10 Classes)

2) Every Wednesday from Tue.1 Dec. to Wed.24 Feb. (10 Classes)

Time: 10:00- 11:15 a.m.

Place: Hyakutsuka Daycare Center

Eligible People: Children born between Dec.2014 and Jun. 2015 accompanied by a parent.

Capacity: The first 15 parents and children for each class will be accepted.

Contents: Play Activities, Learning Child Care

Cost: Free

Application: Apply in person on Wed. 18 Nov. from 10:00a.m.to 0:00p.m. at the Regional Parenting Support Center in Hyakutsuka Daycare Center directly.

* Only in the case there is a vacancy, application can be received by phone on Wed.18, Thu. 19 and Fri. 20 Nov. from 1:00 to 5:00p.m.

Others: Only first- time attender (child) will be accepted.

Inquiries: Regional Parenting Support Center, ph. 029-270-5660

9. Yoga for Parents and Children

Date: Fri. 20 Nov. 2015

Time: 10:00- 11:00 a.m.

Place: Hyakutsuka Daycare Center

Eligible people: Children aged between 6 months and 2 years old and a guardian.

Capacity: The first 15 applicants will be accepted.

Instructor: Ms. Michiyo Nemoto (dance therapy and baby yoga instructor)

Cost: Free

Others: Bring a drink, two bath towels and a hand towel, and wear comfortable clothes.

Application and Inquiries: Apply on the phone between 1:00 and 4:00 p.m. from Wed. 4 by Fri. 6 Nov. 2015 to Parenting Support Center at Hyakutsuka Daycare Center, ph.029-270-5660

10. Happy Land for Children and Parents

Date and Contents:

- 1) Thu. 12 Nov. 2015: Hand craft for Shichi-go-san festival
- 2) Thu. 26 Nov. 2015: Rhythm activities

Time: 10:00-11:00 a.m.

Place: Funaishikawa Community Center

Eligible people: Preschool age children accompanied by a guardian who is a resident of Tokai-mura.

Cost: Free

Others: Bring a drink, towel and spare clothes. Reservations are not necessary.

Inquiries: Parenting Support Center at Hyakutsuka Daycare Center, ph. 029-270-5660

11. Room Koara- Hiroba for Parents and Children to Support Their Childcare

Date: Thu. 5 and Thu. 19 Nov. 2015

Time: 9:30-11:30 a.m.

Place: Hyakutsuka Daycare Center

Eligible People: Preschool age children accompanied by a guardian who is a resident of Tokai-mura.

Contents: Playing freely and Storytelling

Cost: Free

Others: Bring a drink, towel and spare clothes. Reservations are not necessary.

Inquiries: Parenting Support Center at Hyakutsuka Daycare Center, ph. 029-270-5660

12. Invitation Tickets to the Mito Hollyhock Game

Invitation tickets to a soccer match between Mito Hollyhock and Consadole Sapporo are available for Tokai-mura residents.

Date: Sat. 14 Nov.

Time: 3:00 p.m. kickoff

Place: K's Denki Mito Stadium (2058-1 Kobuki-cho, Mito City)

Eligible people: Anyone who either lives or goes to school in Tokai-mura.

Other: Reservations are not necessary.

Application: Bring an ID such as a driver's license or school identification card to the Tokai-mura booth next to the stadium main entrance to receive a ticket on the day.

Inquiries: Lifelong Learning Section of Tokai-mura, ph. 029-282-1711 ext.1422

13. 7th Tokai Deai-mura (Match Making Party)

A buffet style party will be held.

Date: Sat. 19 Dec. 2015

Time: 1:30- 5:00 p.m. (reception from 1:00 p.m.)

Place: Nakamaru Community Center

Eligible People: Unmarried men and women between 30 and 45 years old. 20 men and 20 women will be accepted. Priority is given to Tokai-mura resident and a lottery will be held if there are too many applicants.

Cost: 2000 yen per person

Application and Inquiries: Apply by e-mail to Daisuki Ibaraki Networking Association Tokai-mura Secretariat (tokaideaimura2013@gmail.com) with the following information. The deadline of the application is Sat. 21 Nov.

1. Subject of the e-mail; Dai 7 Kai Tokai Deai-mura sanka moushikomi
2. Address
3. Name
4. Gender

5. Date of birth
6. Phone number
7. E-mail address

14. Information from Tokyo Gas Engineering Co.

Gas will be burned from the chimney for making a trial run of raw material tank at the Tokyo gas Hitachi LNG(Liquefied Natural Gas) terminal for starting to run commercially on Mar. 2016. No worries if you see blaze from chimney, and no bad influence on the environment.

Term: from the middle of November to the end of December.

Place: Hitachi Port (North side of Tokai-mura)

Inquiries: Tokyo Gas Engineering Co. Hitachi LNG Terminal, ph.0294-29-3834

15. Distribution Meeting of Stable Iodine Tablet

Stable iodine tablet will be distributed for the residents who live in Tokai-mura by Ibaraki Prefecture and Tokai-mura. People who attended to the briefing will be distributed.

The household who had participated the briefing should bring number tickets and check sheets about you and your family which was distributed in the briefing. Based on the policies of the Central government, stable iodine tablet will be taken ONLY by a doctor's judgment.

What is Stable iodine tablet?

If a nuclear disaster occurs and leads to the environmental emergency due to the release of large quantity of radioactive iodine, the radioactive iodine can be absorbed inside our bodies. If a stable iodine tablet is taken within a prudent period of time after the disaster has occurred, the thyroidal will be filled with stable iodine, and the radioactive iodine will not reach into the thyroidal, therefore radioactive deficiency will be prevented. The residents who cannot participate in any of the briefing indicated above, but desire to be distributed stable iodine tablet, can attend the briefing and the distributing meeting that will be held at Hitachinaka Health Center (95 Shinko-cho, Hitachinaka city) later.

[The schedule of the distribution meeting]

The dates of the distribution meeting for Tokai-mura residents are the following. Please attend the meeting of the area which corresponds to your address.

Date: Sun.25 Oct.

Reception Time: 9:30-12:00 and 13:00-18:00

Place: Ishigami Community Center

Eligible people: 1st District, Tojuku; 2nd District, Tojuku

Place: Masaki Community Center

Eligible people: Masaki-ku

Date: Sun.1 Nov.

Reception Time: 9:30-12:00 and 13:00-18:00

Place: Nakamaru Community Center

Eligible people: Midorigaoka-ku; Minamidai-ku; Atomic Energy Agency Nagahori-ku;
Floresta-suwama-ku

Place: Funaishikawa Community Center

Eligible people: 2nd District, Funaishikawa

Place: Shirakata Community Center

Eligible people: Shirakata-ku

Date: Tue.3 Nov.

Reception Time: 9:30-12:00 and 13:00-18:00

Place: Ishigami Community Center

Eligible people: 1st District, Uchijuku; 2nd District, Uchijuku; Takegawara-ku

Place: Masaki Community Center

Eligible people: 3rd District, Funaishikawa; Atomic Energy Agency Arayadai-ku

Date: Sun.8 Nov.

Reception Time: 9:30-12:00 and 13:00-18:00

Place: Nakamaru Community Center

Eligible people: Oshinobe-ku; Suwama-ku; Funaishikawa-nakamaru-ku

Place: Shirakata Community Center

Eligible people: Toyoshiro-ku; Toyooka-ku; Kameshita-ku; Muramatsukita-ku

Date: Wed. 11 Nov.

Reception Time: 9:30-12:00; 13:00-18:00; 18:30-20:00

Place: Tokai-mura Health Center

Eligible people: The residents who cannot participate the meeting of the above date and time.

*The residents who cannot participate the distributing meeting in their district can participate in the briefing of another venue.

Inquiries:

-About distribution of stable iodine tablet: Ibaraki Prefectural [Pharmaceutical Administration](#),
ph.029-301-3384

-About the schedule and place of briefing and distributing meeting: Disaster Prevention and
Nuclear Energy Safety Section, ph. 029-282-1711 ext. 1518