

## **Koho Tokai 25 September, 2015**

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### **1. Medical Services on Weekends in Oct.**

Hours: 9:30a.m. - 2:00p.m., except noon-1:00p.m. (Hours are available for all locations.)

Sun.4: Ogata Clinic, ph.029-282-4781

Sun.11: Tokai Village Hospital ph. 029-282-2188

Mon.12: Ibarakihigashi National Hospital ph. 029-282-1151

Sun.18: Tokai Village Hospital ph. 029-282-2188

Sun.25: Higashihara Clinic, ph.029-283-2301

Ibaraki Prefecture 24 Hour Emergency Medical Information Control Center, ph. 029-241-4199

Ibaraki Children's Resource Line, ph. #8000 (touch-tone phones and mobile phones) or  
029-254-9900: everyday 6:30p.m.-00:30a.m., Sundays, public holidays, 9:00 a.m.-5:00 p.m.

### **2. Calisthenics Class in Oct.**

Stretch and yoga exercise classes will be held at Tokai-mura Welfare Center “Kizuna”.

**Eligible people:** Residents aged 30- 64 years old.

**Date:** Thu.1, 8, 15, 22, Oct. 2015

**Time:** 9:30~11:00 a.m.

**Others:** First-time attendees need to apply.

**Inquiries:** SC Smile Tokai Secretariat, Tokai Gymnasium, ph. 029-283-1001

### **3. Health Checks for Infants and Toddlers in Oct. at Tokai-mura Health Center**

#### **(1) Mother and Child Health Consultation**

**Date:** Fri. 9 Oct.

**Time:** 9:30- 11:00 a.m.

1:00- 2:00 p.m.

#### **(2) “Genki-up” Health Consultation**

Please make an appointment.

#### **(3) Health Check for Babies**

##### **1) Infants born in May 2015**

**Date:** Wed. 7 Oct. 2015

**Time:** 1:00-1:45p.m.

##### **2) Children (born in Mar. 2014) aged 1 year and 6 months old**

**Date:** Thu. 8 Oct. 2015

**Time:** 1:00-1:45p.m.

##### **3) Children (born in Aug. 2012) aged 3 years old**

**Date:** Wed. 14 Oct. 2015

**Time:** 1:00-1:45p.m.

##### **4) Dental Checks for Children (born in Mar. 2013) aged 2 years and 6 months old**

**Date:** Wed. 21 Oct. 2015

**Time:** 1:00-1:45 p.m.

##### **5) Baby (born in Jul. 2015) class**

**Date:** Tue. 27 Oct. 2015

**Time:** 1:00-1:20p.m.

**Inquiries:** Tokai-mura Health Center, ph. 029-282-2797

### **4. Subsidized Influenza Vaccinations**

#### **What’s Influenza vaccinations?**

Influenza vaccinations can be effective in preventing influenza or reducing the severity of symptoms. Immunity lasts for about five months from two weeks after the injection (or second injection for children under 13). Recipients should be aware of side effects or adverse reactions, and only have the injection when in good health conditions.

The following groups are entitled to subsidized vaccinations.

**Term:** Thu. 1 Oct.-Sun. 31 Jan. 2016

**1) Eligible people:** Children aged between one (as of 1 Oct. 2015) and 15 years old (3rd year junior high).

**Cost:** 1,000 yen each time.

**Application:**

Vaccination coupons will be sent out in late Sep.

No need to apply for the subsidy unless you moved to Tokai-mura after Sep. In that case, applications will be possible at Tokai-mura Health Center.

**2) Eligible people:** Residents 65 years and over.

**Cost:** Free

**Application:**

Vaccination coupons will be sent out in late Sep.

No need to apply for the subsidy unless you moved to Tokai-mura after Sep. In that case, applications will be possible at Tokai-mura Health Center. Vaccination coupons for residents born between 2 and 31 Dec. 1950, will be sent out from Nov.

**3) Eligible people:**

Residents between 60 and 64 years old with level one disabilities (e.g. heart disease, kidney disease, and respiratory disease).

**Cost:** Free

**Application:**

-If you are going to receive a vaccination for the first time, bring your physical disability certificate to apply at Tokai-mura Health Center.

-Previous recipients only need to call Tokai-mura Health Center in advance.

**4) Eligible people:** For any residents of households exempt from municipal resident tax.

**Cost:** Free

**Application:**

Bring your 'municipal inhabitant taxation certificate to apply for the influenza vaccination subsidy' (Tokai-mura influenza wakuchin sesshuyo son/kenminzei hikazei shomeisho) to Tokai-mura Health Center. And if there is any applicants in your family aged 1 year old to 15 years old, bring the vaccination coupon too.

\*To apply for the 'municipal inhabitant taxation certificate to apply for the influenza vaccination subsidy' (Tokai-mura influenza wakuchin sesshuyo son/kenminzei hikazei shomeisho), bring your ID (e.g. driver's license or insurance card) and fill out an application form at the Tax Division (Tokai-mura Village Office 1F). It will cost 200 yen.

Anyone who moved to Tokai-mura after 2 Jan. 2015 also needs a certificate of taxation from the

local government office at their former address.

**5) Eligible people:** For residents receiving public assistance.

**Cost:** Free

**Application:**

Vaccination coupons will be sent out in late Sep.

No need to apply for the subsidy.

In case you didn't receive the coupon, bring your 'certificate of public assistance (seikatsu hogo jukyusho) to apply at Tokai-mura Health Center. And if there is any applicants in your family aged 1 year old to 15 years old, bring the vaccination coupon too.

\*Residents aged from 16 to 64 except eligibility 4) and 5), must pay for the expense of the vaccinations. If you want receive the vaccinations, make inquiries at any hospitals or clinics.

**Inquiries:** Tokai-mura Health Center, ph. 029-282-2797

## **5. Replacement of Water Meters**

Water meters verifiable as eight-years old will be replaced in accordance with the Measurement Act.

**Term:** Fri. 9 Oct. - Fri. 6 Nov.

**Area:** Tokai-mura water-supply area

**Property:** Water meters whose numbers begin with 07

**Cost:** Free

**The contracted companies:** Ishigami, Karube, Yumiyama Kensetsu Kougyo, Hamada Kougyosho, Mitsuwa Kougyo, Nemoto Kensetsu Kougyo and Daiken Kougyo.

**Others:** Contracted companies will carry out the work for free. If anyone comes to do his/ her work, check that he/ she has an ID certification that says: “量水器交換工事作業用 = Ryosuiiki kokan koji sagyoyo”. Call the Waterworks section at the Village Office if you have any doubts.

**Notes:**

- You need not be at home when the work is carried out, but it will be necessary for someone to enter your property.
- The work will not take long, but it is necessary to stop the water supply while it is being carried out.
- Please make sure not to leave anything on or near the water meter box.
- Keep dogs away from the water meter.
- After the replacement is complete, leave the tap running for a few minutes to wash away air and dirt.

**Inquiries:** Waterworks Section, ph. 282-1711, ext. 1152

## 6. Sukoyaka Walking

One hour of walking along the Ibaraki Health Road around Akogigaura Park and Muramatsu-san Kokuzo-do Temple.

**Date:** Wed. 7 Oct. 2015 (Canceled in case of rain)

**Time:** 10:00 a.m. (register from 9:30 a.m.)

**Meeting place:** Muramatsu Community Center parking lot

**Eligible people:** Tokai-mura residents

**Cost:** Free

**Others:** Bring a drink and towel.

**Inquiries:** Tokai-mura Health Center, ph. 029-282-2797

## 7. Health Checks for Residents

Jumin Kenshin (residents' health checks of tuberculosis, lung cancer, colon cancer, prostate cancer, liver inflammation, specific health checks, health checks for the elderly and lifestyle disease prevention health checks) will be held in October as below.

### **Date and Place:**

Fri.16: Muramatsu Community Center

Sat.17: Tokai-mura Health Center

Wed.21: Funaishikawa Community Center

Thu.22: Masaki Community Center

Fri.23: Ishigami Community Center

Wed.28: Shirakata Community Center

Thu.29: Nakamaru Community Center

Fri. 30: Tokai-mura Health Center

**Reception Time:** 9:30- 11:00a.m., 1:30- 2:30p.m.

**Cost:** Free

**Others:** If you had received any health check in June or July, you may not receive the same check in October.

**Application:** Anyone wishing to have the checks who did not return the health check questionnaire sent out in January, recently moved to Tokai-mura or sheltered from Fukushima Pref. should apply at the Tokai-mura Health Center.

**Inquiries:** Tokai-mura Health Center, ph. 029-282-2797

## 8. Due Date of Temporary Welfare Benefits

Temporary welfare benefits will be provided for people on low-income by the impact of increase

in the consumption tax, and the due date is Thu.1 Oct.. Application form had been already sent to eligible people.

**Eligible People:**

The person who meets all conditions below

- 1) The person who is a resident of Tokai-mura on 1 Jan. 2015.
- 2) The person who was exempt from municipal resident tax in 2015.

\*Except welfare recipients and the dependent of the person who is subject to taxation and.

**Allowance:** 6,000yen per person (\*It will be transferred designated account after Oct.)

**Submitted Documents:**

- Application form
- Copy of driver's license, passport or insurance card
- Something to your account

**Application:** Submit or send in enclosed envelope the application form with the other documents to be submitted.to Welfare and Insurance Section in person from Wed.1 Jul. to Thu. 1 Oct. (except Sat., Sun. and public holidays).

The office is opened 8:30 a.m.-5:15 p.m. (8:30 a.m.-7:00 p.m. on the first and third

Thu.)

**Inquiries:** Welfare and Insurance Section, ph. 029-282-1711 ext.1437

**9. Learning English through Games and Storytelling**

Learning English through games with NLT (Native Language Teacher) and learning how to enjoy picture books from the staff of Tokai-mura Library.

**Date:** Fri. 9 Oct.

**Time:** 9:30 –11:00a.m.

**Place:** Tokai Muramatsusyuku-Kodomoen

**Eligible people:** Children between 1 and 3 years old with a guardian.

**Capacity:** There is a limit of 10 pairs.

**Cost:** Free

**Application and Inquiries:**

Call Tokai Muramatsusyuku-Kodomoen Parenting Support Center 1:00-5:00p.m.from Tue. 29 Sep. to Fri.2 Oct. ph. 029-282-7390

**10. Experiencing Daycare for Children who are not in a Daycare Center or a Kindergarten [Wakuwaku Club]**

- 1) Circle for 0-1 year old children and their guardian on Fri.30 Oct.
- 2) Circle for 2 years old children and their guardian on Fri.23 Oct.
- 3) Circle for 3-5 years old children and their guardian on Fri.16 Oct.

**Time:** 10:00 -11:30a.m.

**Place:** Tokai Muramatsusyuku-Kodomoen

**Eligible People:** Children who are not in a daycare center or a kindergarten and their guardian who have never joined and is a resident of Tokai-mura.

**Capacity:** There is a limit of 3 pairs for each circle.

**Cost:** Free

**Contents:** Seeing class activities, playing with each other

**Inquiries:** Apply at Tokai Muramatsusyuku-Kodomoen Parenting Support Center from 9:00a.m. Wed. 30 Sep. to two days before the date of circle. Ph. 029-282-7390

## **11. Happy Land for Children and Parents**

**Date and Contents:**

- 1) Thu. 8 Oct. 2015: Mini athletic sports
- 2) Thu. 22 Jul. 2015: Take a walk

**Time:** 10:00-11:00 a.m.

**Place:**

- 1) Funaishikawa Community Center
- 2) Kasamatsu Sports Park

**Eligible people:** Infants and toddlers accompanied by a guardian who is a resident of Tokai-mura.

**Cost:** Free

**Application:** No reservations are required

**Others:** Bring a drink, towel and spare clothes

**Inquiries:** Parenting Support Center at Hyakutsuka Daycare Center, ph. 029-270-5660

## **12. Room Koara- Hiroba for Parents and Children to Support Their Childcare**

**Date:** Thu. 1 and Thu. 15 Oct. 2015

**Time:** 9:30-11:30 a.m.

**Place:** Hyakutsuka Daycare Center

**Eligible People:** Preschool age children accompanied by a guardian who is a resident of Tokai-mura.

**Contents:** Playing freely and Storytelling

**Cost:** Free

**Others:** Bring a drink, towel and spare clothes. Reservations are not necessary.

**Inquiries:** Parenting Support Center at Hyakutsuka Daycare Center, ph. 029-270-5660

## **13. Admissions Information of Village Kindergarten for 2016**

**Eligible People:** Class for 5 years old: children born between 2 April 2010 and 1 April 2011

Class for 4 years old: children born between 2 April 2011 and 1 April 2012

Class for 3 years old: children born between 2 April 2012 and 1 April 2013

**Capacity:**

Class for 4 and 5 years old children; 140 children for each class for Muramatsu Kindergarten.

35 children for each class for Ishigami kindergarten and Muramatsushuku-Kodomoen. 70 children for each class for Funaishikawa and Suwama Kindergarten.

Class for 3 years old children; 32 children for Muramatsu Kindergarten. 16 children for Ishigami, Funaishikawa, Muramatsushuku-Kodomoen, and Suwama Kindergarten. If there are too many applicants a lottery will be held.

**Distribution Schedule of the Application Form:**

Receive from Thu. 1 to Fri. 9 Oct. at the Kindergarten in your school area.

The childcare fee will be decided by municipal resident tax of fiscal 2015. See more detailed information on the application requirements or Tokai-mura official website. (<https://www.vill.tokai.ibaraki.jp/>)

**Application:** Bring the application form and “Facility type payment costs, local model childcare payment costs supply authorization application” you filled out on Tue. 13 or Wed. 14 Oct. to the kindergarten of your school area.

**Inquiries:**

Muramatsu Kindergarten (Shirakata and Muramatsu Elementary School Area), ph. 029-282-2867,

Ishigami Kindergarten (Ishigami Elementary School Area), ph. 029-282-3100

Funaishikawa Kindergarten (Funaishikawa Elementary School Area), ph. 029-282-2962

Muramatsushuku-Kodomoen (Terunuma Elementary School Area), ph. 029-282-3701

Suwama Kindergarten (Nakamaru Elementary School Area), ph. 029-282-4631

Childcare Support Section (Tokai-mura Village Office), ph. 029-282-1711 ext. 1185

**14. Ohzora Marche**

**Date:** Sun. 11 Oct.

The event will be held in case of rain, but postponed if the weather condition is very bad.

**Time:** 10:00a.m.- 8:00 p.m.

**Place:** Daijingu shrine and Muramatsusan Kokuzodo temple

**Contents:** There will be a variety of stalls selling food, vegetables, local products and handicrafts, as well as live entertainment.

**Others:**

-The painted lanterns by children will be lit up from sunset to 8 p.m. between Sat.3 and Sun.18 Oct. as an event of Tokai-mura 60<sup>th</sup> anniversary.



- Zen meditation: Sat. 3 and 10 Oct. from 6 to 7 p.m. (First 20 people will be accepted. Cost is free.)
- Making Nenju (Rosary): Sun.11 Oct. from 11 a.m. to 3 p.m. (The course will be 5 times, and first 20 people will be accepted for each. Cost is 500 yen per person.)
- Shakyo (Sutra copying)/ Shabutsu (Copied Buddhist scriptures):  
Sat.17 Oct. from 6 to 7:30 p.m. (The 50 people will be accepted. Cost is 500 yen per person.)

**Inquiries:** Tokai-mura Tourism Association, ph. 029-282-1711 ext. 1433

See the website or Facebook for more information.

### **15. Hitachi Autumn Festival “Kyodo Geino Taisai”**

You can enjoy folk entertainments of some organizations and young people invited from all areas in Japan and attractions by nursery school toddler etc.

**Dates:** Sat.10 and Sun.11 Oct.

**Time:** From 1:00p.m.

\*From noon on Sun.11 Oct.

**Place:** Hitachi Civic Center (1-21-1Saiwaicho, Hitachi city)

**Inquiries:** Hitachi Civic Center, ph.0294-24-7711

### **16. The 9th Kasama Shinkuri (new harvested chestnut) Festival**

This festival with the theme of the chestnut that is a special product in Kasama city will be held.

**Dates:** Sat. 3 and Sun. 4 Oct. 2015

**Time:** 9:00 a.m.-4:00 p.m. (4 Oct. will be until 3:30 p.m.)

**Place:** Civic Center Iwama (5140shimogo, Kasama-city)

**Contents:**

- Chestnut tasting and selling
- Tea ceremony and Café of chestnut, Game of chestnut (darts, golf, weighs guessing)
- Activity corner (to go nutting, chestnut peeling, ceramic art, chestnut sweet making)
- Exhibiting corner for different variety of chestnut
- Idea sweet contest of chestnut

**Inquiries:** Agricultural Policy Section of Kasama city, ph. 0296-77-1101

### **17. The 4th Kasama Romance at Kasama-city**

Events of the local industry like Kasama ware and selling local vegetables will be held.

**Date:** Fri.9 - Mon.12 Oct.

**Time:** 9:00 a.m.-5:00 p.m. The evening part will be held from 5 to 9 p.m. on Sat.10 and Sun.11 Oct.

**Place:** Kasama Geijutsunomori Park (2345 Kasama, Kasama-city)

**Inquiries:** Kasama Tourism Association, ph. 0296-72-9222

### **18. Omitama Industrial Festival 2015 at Omitama-city**

**Date:** Sat.17 and Sun.18 Oct.

**Place:** Sora-no-eki “So·Ra·Ra” (1628-44 Yamano, Omitama-city)

\*Near Ibaraki airport

**Inquiries:** Tourism Promotion Section, Omitama City Office, ph. 0299-48-1111

### **19. Answering Population Census on the Survey Slip**

The national census is intended to clarify the actual situation of reality of population and households of Japan, which is the most important survey conducted by the Japanese government in conformity with the Statistics law. The census taker will begin delivering survey slip from Sat.26 Sep. 2015 to each household which have not answered online.

**How to turn in:**

- 1) Send Ministry of Internal Affairs and Communications with in the envelope which is delivered with the survey slip.
- 2) Hand to the census taker directly when they visit your house from Thu. 1 Oct.

**Notice:** Under no circumstances will they ask you to hand over money or valuables. Contact the General Affairs Section if you are suspicious of any collector, or receive any suspicious emails or phone calls about the census.

**Inquiries:** General Affairs Section, ph. 282-1711 ext. 1316;

Census Call Center, 0570-07-2015or 03-4330-2015 (from IP phones);

\*Available term will be until Sat. 31 Oct.

The Statistics Bureau, Ministry of Internal Affairs and Communications Website:

<http://www.stat.go.jp/>