### Koho Tokai 25 July, 2015

- 1. Medical Services on Weekends in Aug.
- 2. Calisthenics Class in Aug.
- 3. Health Checks for Infants and Toddlers in Aug. at Tokai-mura Health Center
- 4. Liver and Kidney Cancer Tests
- 5. Opening Ceremony for the 30th Anniversary of Tokai-mura Library
- 6. Radio Exercises
- 7. The 37th Tokai Matsuri (festival)
- 8. Tokai-mura Central Community Center is being renovated
- 9. Aerial Spraying of Insecticide over Rice Fields
- 10. Host Families Needed for Sister City Visitors
- 11. The 55th Mito Koumon Matsuri
- 12. Fireworks Over the Water at Nakaminato

### 1. Medical Services on Weekends in Aug.

Hours: 9:30a.m. - 2:00p.m., except noon-1:00p.m. (Hours are available for all locations.)

Sun.2: Ibarakihigashi National Hospital ph. 029-282-1151

Sun.9: Ogata Clinic, ph. 029-282-4781

Sun.16: Muto Pediatric Clinic ph.029-282-7722

Sun.23: Tokai Village Hospital ph. 029-282-2188

Sun.30: Tokai Village Hospital ph. 029-282-2188

Ibaraki Prefecture 24 Hour Emergency Medical Information Control Center, ph. 029-241-4199 Ibaraki Children's Resource Line, ph. #8000 (touch-tone phones and mobile phones) or 029-254-9900: everyday 6:30p.m.-00:30a.m., Sundays, public holidays, 9:00 a.m.-5:00 p.m.

#### 2. Calisthenics Class in Aug.

Stretch and yoga exercise classes will be held at Tokai-mura Welfare Center "Kizuna".

Eligible people: Residents aged 40-64 years old.

Date: Thu. 6, 20 Aug. 2015

**Time:** 9:30~11:00 a.m.

**Others:** First-time attendees need to apply.

Inquiries: SC Smile Tokai Secretariat, Tokai Gymnasium, ph. 029-283-1001

### 3. Health Checks for Infants and Toddlers in Aug. at Tokai-mura Health Center

#### (1) Mother and Child Health Consultation

Date: Fri. 7 Aug.

**Time:** 9:30- 11:00 a.m. 1:00- 2:00 p.m.

## (2) "Genki-up" Health Consultation

Please make an appointment.

### (3) Health Check for Babies

#### 1) Infants born in Mar. 2015

Date: Wed. 19 Aug. 2015

**Time:** 1:00-1:45p.m.

### 2) Children (born in Jan. 2014) aged 1 year and 6 months old

Date: Thu. 20 Aug. 2015

**Time:** 1:00-1:45p.m.

## 3) Children (born in Jun. 2012) aged 3 years old

**Date:** Wed. 26 Aug. 2015

Time: 1:00-1:45p.m.

## 4) Dental Checks for Children (born in Jan. 2013) aged 2 years and 6 months old

**Date:** Thu. 6 Aug. 2015

**Time:** 1:00-1:45 p.m.

### 5) Baby (born in May. 2015) class

**Date:** Thu. 27 Aug. 2015

Time: 1:00-1:20p.m.

Inquiries: Tokai-mura Health Center, ph. 029-282-2797

### 4. Liver and Kidney Cancer Tests

Ultrasound checks to test for liver and kidney cancer will be conducted at Tokai-mura Health Center.

Date: Fri. 4, Sat. 5, Mon. 7, Web. 9 and Fri. 11 Sep.

**Time:** Register at the desk at designated time (between 6:30-9:30a.m.) written on voucher which you will receive after application.

Eligible people: Any residents 40 and over.

**Cost:** 1000 yen (please pay on the day)

**Application:** Send a postcard with your 1) address, 2) name, 3) birth date 4) phone number and 5) two preferred dates.

Address applications to Tokai-mura Health Center, 2005 Muramatsu, Tokai 319-1112. Applications should be received by Fri. 7 Aug. (must be postmarked by the deadline).

Inquiries: Tokai-mura Health Center, ph. 029-282-2797

### 5. Opening Ceremony for the 30th Anniversary of Tokai-mura Library

It is the 30<sup>th</sup> anniversary of the Tokai-mura Library on Mon.10 Aug, and this year is the 60<sup>th</sup> anniversary of Tokai-mura. Many events will be held to commemorate it.

Starting with a photo exhibition from Sat. 1 Aug. The library will hold mini-events during the opening ceremony. Let's go to the library.

### Quizzes about Tokai-mura Library and Tokai-mura

Answer the quizzes to get a prize. Elementary school students will get stamps of "Enjoy Summer School".

Date: Sat. 1 Aug.
Time: 9:30a.m.-noon

Eligible people: Elementary school students and under.

## Exploration of Tokai-mura Library

Date: Sat. 1 Aug.

Time:

1)10:00a.m.-

2)11:00a.m.-

Capacity: The first 10 people for each time.

\* Preschool children are needed to be accompanied by their guardian.

Inquiries: Tokai-mura Library, Lifelong learning Section, ph. 029-282-3435

#### 6. Radio Exercises

Date and Time: from 6:00 a.m. on Mon. 3 Aug.

Place: Playground of Tokai Junior High School (Gymnasium in case of rain)

**Notice:** -Unacceptable for driving inside of the ground.

- -Park in the parking area of JAEA Headquarters near AEON.
- -The area will be separated for "Junior High School Students" and "Adults and Elementary School Students". Please line up in order from the front.
- -Please go to the designated place for a prize for participation after the exercises. Elementary school students should come in front of the pool, and will be received a prize for "Enjoy Summer School" as well.
- -Restricting admission in gymnasium will be established in case of rain.

Inquiries: Lifelong Learning Section, ph. 029-282-1711 ext.1422

## 7. The 37th Tokai Matsuri (festival)

Part of Fireworks will be held at Akogigaura Park.

Date: Sat. 8 Aug. (postponed in case of bad weather)

Time: 7:00- 8:30p.m.

Place: Akogigaura Park

Others: Shuttle buses will run between Tokai Station East Exit, Tokai Culture Center, Welfare

Center Kizuna and Akogigaura Park.

#### Part of attraction will be held in the area around AEON and Tokai Station East Exit.

Date: Sun. 9 Aug. (canceled in case of bad weather)

Time: 2:00p.m. Opening

3:00p.m. Tokai Ondo (dance and song)

3:30p.m. Carrying of portable shrines by children

4:00p.m.~ Drawing Dashi(Festival cars) and Mikoshi(portable shrines)

7:30p.m. Finale will come with a new Tokai Ondo.

Place: The area around AEON and Tokai Station east exit.

**Contents:** Bon Odori dance parade, portable shrines parade, comedy show, food stands and other events.

\*Unauthorized businesses or private events are not permitted in the festival area.

**Inquiries:** Tokai Matsuri Planning Committee Secretariat (No. 4 building in the former Village Office), ph. 029-283-2141.

# 8. Tokai-mura Central Community Center is being renovated

The new Tokai-mura Central Community Center is built nearby Tokai Culture Center instead of becoming a deteriorated and old Central Community Center.

The brand new Central Community Center will be opened to public on Thu. 1 Oct. Facility use reservation will be accepted by 9:00a.m. Sun.2 Aug. The present facility can be used by Fri. 25 Sep. The following is use fees of the new Central Community Center.

1) Site area 2) Use fees 3) Capacity

#### -Multipurpose room1

1)60.20m<sup>2</sup>

2)280yen

3)20 people

### -Multipurpose room2

 $1)45.23m^2$ 

2)200yen

3)15 people

#### -Craft-work room

1)33.29m<sup>2</sup>

2)200yen

3)12 people

### -Meeting room 1

- 1)41.48m<sup>2</sup>
- 2)200yen
- 3)24-27 people

## -Meeting room 2

- $1)41.17m^2$
- 2)200yen
- 3)24-30 people

### -Meeting room 3

- $1)46.64m^2$
- 2)200yen
- 3)24-37 people

### -Meeting room 4

- 1)60.20m<sup>2</sup>
- 2)280yen
- 3)30-46 people

### -Meeting room 5

- $1)46.61\,\mathrm{m}^2$
- 2)200yen
- 3)24-37 people

Inquiries: Tokai-mura Central Community Center, Lifelong learning Section, ph. 029-282-3329

### 9. Aerial Spraying of Insecticide over Rice Fields

Rice fields in Tokai-mura will be sprayed aerially with insecticide by unmanned helicopters.

Date: Tue. 5 Aug. (Postponed in case of rain or strong winds.)

**Time:** 4:30-11:00 a.m.

Place: all rice fields in Tokai-mura

**Others:** If postponed, the new date will be announced over indoor speakers.

**Notice:** Do not go near the rice fields during spraying. Wash the insecticide away if it adheres to your skin or car.

Inquiries: Agricultural Policy Section, ph. 029-282-1711 ext. 1222

### 10. Host Families Needed for Sister City Visitors

An adult delegation from our sister city of Idaho Falls will visit Tokai-mura from Thu. 29 Oct. to Fri. 6 Nov. this autumn.

8 families (in or around Tokai-mura) are needed to host delegation members for 4 couples and 4 members during their stay.

Dates of host: 8:30 p.m. Fri. 30 Oct. to 8:30 p.m. Sun. 1 Nov. 2015 (2 days and nights)

**Other:** Some of the events, you are able to attend with the delegation members. Orientation meeting will be held at the end of September and beginning of October.

**Application:** If you would like to host, please fill out the form available from Community Development Promotion Section or the Sister City Hall. The deadline for application is Fri. 14 Aug. 2015.

Inquiries: Community Development Promotion Section, ph. 029-282-1711 ext.1343

Tokai-mura International Center, ph.029-282-0535 (between 5 p.m. and 9 p.m.)

For more details, please see the Tokai-mura HP or Tokai-mura International Center HP:http://www.vill.tokai.ibaraki.jp/

#### 11. The 55th Mito Koumon Matsuri

Dates and Time: 1. Fireworks: from 7:30 p.m. on Fri. 7 Aug.

- 2. Koumon Parade and Citizen Carnival: from 10:00 a.m. on Sat. 8 Aug.
- 3. Dashi (float) Parade and Mikoshi(portable shrine) Togyo(imperial progress): from 10:00 a.m. on Sun.9 Aug.

Place: 1. Lake Senba

2 and 3. Around Mito station

Inquiries: Mito Tourist Association; ph. 029-224-0441

#### 12. Fireworks Over the Water at Nakaminato

Date: Tue. 11 Aug.

**Time:** 7:00 p.m. - 8:30 p.m.

Place: Nakaminato fishing port

Inquiries: Tourism Promotion Division, Hitachinaka City Office, ph. 029-273-0111