

Koho Tokai 25 May, 2015

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1. Medical Services on Weekends in June

Hours: 9:30a.m. - 2:00p.m., except noon-1:00p.m. (Hours are available for all locations.)

Sun. 7: Tokai Village Hospital ph. 029-282-2188

Sun.14: Ibarakihigashi National Hospital ph. 029-282-1151

Sun.21: Higashihara Clinic, ph.029-283-2301

Sun.28: Tokai Village Hospital ph. 029-282-2188

Ibaraki Prefecture 24 Hour Emergency Medical Information Control Center, ph. 029-241-4199

Ibaraki Children's Resource Line, ph. #8000 (touch-tone phones and mobile phones) or 029-254-9900: everyday 6:30p.m.-00:30a.m., Sundays, public holidays, 9:00 a.m.-5:00 p.m.

2. Calisthenics Class in June

Stretch and yoga exercise classes will be held at Tokai-mura Welfare Center "Kizuna".

Eligible people: Residents aged 40- 64 years old.

Date: Thu. 4, 11, 18 Jun. 2015

Time: 9:30~11:00 a.m.

Others: First-time attender needs to apply.

Inquiries: SC Smile Tokai Secretariat, Tokai Gymnasium, ph. 029-283-1001

3. Health Checks for Infants and Toddlers in June at Tokai-mura Health Center

(1) Mother and Child Health Consultation

Date: Fri. 19 Jun.

Time: 9:30- 11:00 a.m.

1:00- 2:00 p.m.

(2) “Genki-up” Health Consultation

Please make an appointment.

(3) Health Check for Babies

1) Infants born in Jan. 2015

Date: Wed. 10 Jun. 2015

Time: 1:00-1:45p.m.

2) Children (born in Nov. 2013) aged 1 year and 6 months old

Date: Thu. 11 Jun. 2015

Time: 1:00-1:45p.m.

3) Dental Checks for Children (born in Nov. 2012) aged 2 years and 6 months old

Date: Fri. 12 Jun. 2015

Time: 1:00-1:45 p.m.

4) Children (born in Apr. 2012) aged 3 years old

Date: Wed. 17 Jun. 2015

Time: 1:00-1:45p.m.

5) Baby (born in Mar. 2015) class

Date: Thu. 18 Jun. 2015

Time: 1:00-1:20p.m.

Inquiries: Tokai-mura Health Center, ph. 029-282-2797

4. Recruit Exhibitors of Candle -art

Exhibitors of Candle –art are wanted for the Tokai Kankyo Festa (Environmental Festival) that will be held in the courtyard of Tokai-mura Village Office on Sat.25 Jul.

You can apply individually or with your friends. You can exhibit a candle-art by making beautifully decorated candle or making an object consisted of lighted candles.

This year a gift will be given to the prize winners by voting and participation award will be given to all of the exhibitors. Please check the details for the event when you apply.

Date: Sat. 25 Jul. (Canceled in the case of bad weather)

Time: 2:00- 8:30p.m.

*The opening ceremony of the candle night will start from 6:30p.m.

*The cleaning up from 8:30p.m.to 9:00p.m.

Place: Courtyard and parking area of the Tokai-mura Village Office

Inquiries: Fill the application and apply in person at Environmental Policy Section (Tokai-mura Village Office 4F) by Fri. 5 Jun.

5. Sukoyaka Walking

One hour of walking along the Ibaraki Health Road around Akogigaura and Kokuzo-doh temple.

Date: Wed. 3 Jun., 2015 (Canceled in case of rain)

Time: 10:00 a.m. (register from 9:30 a.m.)

Meeting place: Muramatsu Community Center east side parking lot

Eligible people: Tokai-mura residents

Cost: Free

Others: Bring a drink and small towel.

Inquiries: Tokai-mura Health Center, ph. 029-282-2797

6. Revision of Child Rearing Allowance and Special Child Rearing Allowance

Child Rearing Allowance and Special Child Rearing Allowance depends on a price sliding system (Revising allowance system by a fluctuation in prices) and established by a cabinet order.

This time, allowance has been hiked 2.4 percent from Apr. 2015 because of the rate of the consumer price index in 2014.

1) Child Rearing Allowance (monthly amount of one child)

- **Person who are paid all of the amount:** 42,000 yen from Apr. 2015 (41,020 yen Apr.2014-Mar.2015)
- **Person who are paid part of the amount:** 41,990-9,910 yen from Apr. 2015 (41,010-9,680 yen Apr.2014-Mar.2015)

2) Special Child Rearing Allowance (monthly amount of one child)

- **Person with a Grade 1 disability:** 51,100 yen from Apr. 2015 (49,900 yen Apr.2014-Mar.2015)

• **Person with a Grade 2 disability** : 34,030 yen from Apr. 2015 (33,230 yen Apr.2014-Mar.2015)

Inquiries:

- Child Rearing Allowance : Childcare Support Section ph. 029-282-1711 ext.1182
- Special Child Rearing Allowance: Regional Life Support Center ph.029-287-2525

7. Experiencing Daycare for children who is not in a nursery school or a kindergarten

[Wakuwaku Club]

- 1) Circle for 0-1 year old children and their guardian on Fri.19 Jun.
- 2) Circle for 2 years old children and their guardian on Fri.12 and 26 Jun.
- 3) Circle for 3-5 years old children and their guardian on Fri.5 Jun.

1)-3)

Time: 10:00 –11:30a.m.

Place: Tokai Muramatsusyuku-Kodomoen

Eligible people: Children who are not in a nursery school or a kindergarten and their guardian

who is a resident of Tokai-mura.

Cost: Free

Capacity: There is a limit of 3 pairs for each circle.

Contents: Seeing class activities, play with each other

Others: There may be changes made to these days

Inquiries: Apply at Tokai Muramatsusyuku-Kodomoen Parenting Support Center from Thu. 28 May to two days earlier of the date of circle.ph. 029-282-7390

8. Happy Land for Children and Parents

Date: Thu. 11 and 25 Jun. 2015

Time: 10:00-11:00 a.m.

Place: Funaiishikawa Community Center

Eligible people: Infants and toddlers accompanied by a guardian who is a resident of Tokai-mura.

Cost: Free

Application: No reservations are required

Contents: On 11 Jun. rhythm activities and on 25 Jun. making the Tanabata(Star Festival) decorations.

Others: Bring a drink, towel and spare clothes

Inquiries: Parenting Support Center at Hyakutsuka Daycare Center, ph. 029-270-5660

9. Room for Parents and Children to Support Their Childcare

Date: Thu. 4 and 18 Jun. 2015

Time: 9:30-11:30 a.m.

Place: Hyakutsuka Daycare Center

Eligible people: Preschool age children accompanied by a guardian who is a resident of Tokai-mura.

Contents: Playing freely and Storytelling

Cost: Free

Others: Bring a drink, towel and spare clothes. Reservations are not necessary.

Inquiries: Parenting Support Center at Hyakutsuka Daycare Center, ph. 029-270-5660

10. Belly Dance for Parents and Children

Fun dance and eurhythmics class will be held for children and parents. Little kids and beginners are welcome.

Date: Thu. 4 Jun. 2015

Time: 10:00- 11:00 a.m. (The gate will be opened at 9:45 a.m.)

Place: Sunflower Kodomo-no-mori Daycare Center

Eligible people: Children aged 2 years old and over and a guardian.

Capacity: The first 20 applicants will be accepted.

Instructor: Ms. Chikako Yokokura (Belly dance instructor)

Cost: Free

Others: Bring a drink, a shoes bag and wear comfortable clothes. The activity will be held with bare feet.

Application and Inquiries: Sunflower Kodomo-no-mori Daycare Center, between 10:00 a.m. and 3:00 p.m. from Mon. 25 May. 2015 (except Saturdays and Sundays), ph.029-287-7111

11. Hiking Tour to Idoshitsugen

The hiking course is approximately 3.5 hours long and has lots of alpine plants at Idoshitsugen marshland and Mt. Yokone with beautiful scenery. While skunk cabbage should

be at their best at this time.

Date: Sat. 6 Jun. 2015

Departure time: 6:00 a.m. (meet at 5:50 am at Tokai-mura Fureai no Mori Park)

Place: Idoshitsugen (Kanuma-city, Tochigi prefecture)

Cost: 6,500 yen for Smile Tokai members, 8,000 yen for the family of the Smile Tokai member, 10,000 yen for a non-member

Eligible people: Who is living or working in Tokai-mura or belonging to Smile Tokai, and be over 18 years old. The first 40 applicants will be accepted.

Application: Apply with the participation fee at Tokai-mura Gymnasium between 9:00 a.m. and 5:00 p.m. by Wed. 3 Jun. 2015 (except Mondays).

Inquiries: SC Smile Tokai Secretariat, Tokai-mura Gymnasium, ph. 029-283-1001

12. Opening of official SNS of Tokai Culture & Sports Foundation

The official SNS (Facebook and Twitter) accounts of Tokai Culture & Sports Foundation have been opened and start to inform lots of events about Tokai Culture Center, Tokai Station Gallery and Tokai-mura Gymnasium for residents.

The official Twitter: https://twitter.com/tokai_cs

Account Name: @tokai_cs

The official Facebook: <https://www.facebook.com/tokai.cs>

Account Name: Tokai Culture & Sports Foundation

Inquiries: Tokai Culture Center, ph. 029-282-8511

Events in Neighboring Towns

13. The 12th Michi-no-ichi Market at Kasama City

Many professional and amateur craftsmen and artists will exhibit and sell their work at the Michi-no-ichi Market in Kasama, the place where visitors and locals meet. There are booths for workshop, demonstration and hand craft.

Dates: Sat. 6 and Sun. 7 Jun. 2015

Time: 10:00 a.m.-5:00 p.m. (7 June will be until 4:00 p.m.)

Place: The neighborhood of the street in front of Benten-cho station in Kasama city

Inquiries: Michi-no-ichi Committee at Sakura Gas, Inc. ph. 0296-72-0119

14. Oarai Fish Market Hokki Festival

Fresh Hokki-clam (surf clam) caught on the Oarai coast, plus other local fresh sea food and marine products are for sale at unbeatable prices.

Date: Sun. 14 Jun. 2015

Time: 9:00 a.m.-2:00 p.m.

Place: Oarai town Fish Market

Inquiries: Agriculture, forestry and fisheries Section, Oarai town, ph. 029-267-5111

15. The 41st Mito Hydrangea Festival

About 6,000 hydrangea plants of 60 varieties are in bloom during the Mito Hydrangea Festival. Tourist information, tea ceremony in the open air and photography contest will be held by the history advisor Mito during the period.

Date: From Sun. 14 Jun. to Sun. 5 Jul. 2015

Place: Mito Howa Park, 13-19 Matsumoto-cho, Mito city

Inquiries: Mito City Tourism Section, ph. 029-232-9189

16. Spring Cleanup Day

Spring cleanup is scheduled for Sat. 6 Jun. between 7:00 a.m. and 8:00 a.m. in all areas of Tokai. Your cooperation is appreciated to help clean up the town. Please separate burnables from grass, leaves and branches. In case of rain, an announcement in Japanese will be made at 6:30 a.m. and the cleanup postponed to Sun. 7 Jun.

Inquiries: Environmental Policy Section, ph. 029-282-1711 ext. 1451