

## **Koho Tokai 25 Apr., 2014**

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### **1. Medical Services on Weekends and Public Holidays in May**

Attention hours: 9:30 a.m.-noon, 1:00-2:00 p.m. (At any clinic and hospital mentioned bellow)

Sun. 3: Tokai Clinic, ph. 029-283-1711

Mon. 4: Tokai Village Hospital, ph. 029-282-2188

Tue. 5: Higashihara Clinic, ph.029-283-2301

Wed. 6: Tokai Village Hospital, ph. 029-282-2188

Sun. 10: Ibarakihigashi National Hospital, ph. 029-282-1151

Sun. 17: Ogata Clinic, ph. 029-282-4781

Sun. 24: Muto Pediatric Clinic, ph. 029-282-7722

Sun. 31: Ishii Orthopedics (Seikeigeka) Clinic, ph. 029-270-5141

Ibaraki Prefecture 24 Hour Emergency Medical Information Control Center, ph. 029-241-4199

Ibaraki Children's Resource Line, ph. #8000 (touch-tone phones and mobile phones)  
or 029-254-9900: everyday 6:30p.m.-00:30 a.m., Sundays and public holidays, 9:00  
a.m.-5:00 p.m.

## **2. Health Checks for Infants and toddlers in May at Tokai-mura Health Center**

### (1) Mother and Child Health Consultation

Date: Fri. 22 May

Time: 9:30-11:00a.m.

1:00-2:00p.m.

### (2) "Genki-up" Health Consultation

Please make an appointment.

### (3) Health Check for Babies

#### 1) Infants born in Dec. 2014

Date: Wed. 13 May, 2015

Time: 1:00-1:45p.m.

#### 2) Children (born in Oct. 2013) aged 1 year and 6 months old

Date: Thu. 14 May, 2015

Time: 1:00-1:45p.m.

#### 3) Children (born in Mar. 2012) aged 3 years old

Date: Wed. 20 May, 2015

Time: 1:00-1:45p.m.

#### 4) Dental Checks for Children (born in Oct. 2012) aged 2 years and 6 months old

Date: Fri. 15 May, 2015

Time: 1:00-1:45 p.m.

#### 5) Baby (born in Feb. 2015) class

Date: Tue. 26 May, 2015

Time: 1:00-1:20p.m.

Inquiries: Tokai-mura Health Center, ph. 029-282-2797

## **3. Sukoyaka Walking**

One hour of walking along the Ibaraki Health Road from Fureaino-mori Park.

Date: Wed. 13 May, 2015. Canceled in case of rain.

Time: 10:00 a.m. (register from 9:30 a.m.)

Meeting place: Fureaino-mori Park (west side of Tokai-mura Library)

Eligible people: Tokai-mura residents

Cost: Free

Others: Bring a drink and small towel, and wear comfortable clothing.

Inquiries: Tokai-mura Health Center, ph. 029-282-2797

#### **4. Subsidies for pneumococcus vaccinations for adults**

Tokai-mura is subsidizing part of the cost of pneumococcus vaccinations.

##### **(1) Routine immunization**

Place: designated clinics and hospitals at Ibaraki prefecture (reservation is necessary).

Eligible people: Those who are 65, 70, 75, 80, 85, 90, 95, 100 years old, between 2 Apr. 2015 to 31 Mar. 2016 and have never received pneumococcus vaccination. If you have received pneumococcus vaccination before, the second shot should be optional and be received 5 years later from last shot.

Subsidy: 1/2 of the cost (a maximum 4,000yen for one person)

Application: Vouchers have already been sent to those who are 65, 75 years old. Information letters have already been sent to those who are 75 years old and over. You can make a phone call to apply.

Term: By Thu. 31 Mar. 2016

Others: Others: People living on welfare will be free. Please apply in advance.

##### **(2) Optional immunization**

Place: designated clinics and hospitals at Tokai-mura (reservation is necessary).

Eligible people: Those who meet all of the following requirements.

- 1) Resident of Tokai-mura,
- 2) Those who are 70 years old and over
- 3) Those who have not received vaccination within 5 years

Subsidy: 4,200 yen (4,000yen self-pay for one person)

Application: Fill in the application form at the Tokai-mura Health Center in advance.

Term: By Thu. 31 Mar. 2016

Others: People living on welfare can receive the shot for free. Please apply in advance.

Inquiries: Tokai-mura Health Center, ph. 029-282-2797

#### **5. Combination Vaccination**

##### **(1) Measles-Rubella Vaccinations (2nd shot)**

Measles is a potentially fatal serious disease that can be prevented by an inoculation of two vaccinations. The epidemic period of this disease is from early spring to beginning summer. Children who have already had the first MR vaccination during

infancy are recommended to get the second inoculation.

Eligible people: Children born between 2 Apr. 2009 and 1 Apr. 2010 (The last preschool year)

(2)The 2nd shot Combination Vaccines against diphtheria and pertussis

The second shot combination is a vaccine that helps prevent diphtheria and pertussis (whooping cough). Children who have already had the combination vaccination against pertussis, diphtheria and tetanus during infancy are recommended to get the second inoculation. It is necessary to keep up to date with your immunization.

Eligible people: Children born between 2 Apr., 2003 and 1 Apr. 2004 (6th grade) can receive the vaccination.

(3)Cervical Cancer Vaccination

Subsidized cervical cancer vaccinations are available to girls born between 2 April 1999 and 1 April 2003. This is an optional vaccination and it is recommended that parents be aware of the effects and possible side effects before having their child receive it.

Note: Information letters have already been sent to girls born between 2 Apr. 2002 and 1 Apr. 2003 (the first grade at junior high school) this time. If you want to receive a shot, apply at Tokai-mura Health Center.

(4)Japanese Encephalitis Vaccination

Vaccinations for Japanese encephalitis were suspended between 2005 and 2009, and as a result, children born between 2 Apr. 1995 and 1 Apr. 2007 may not be completely immunized.

Eligible people: Children age 19 and under who were born between 2 Apr. 1995 and 1 Apr. 2007 who did not receive the second shot. Information letters have sent to those who were born between 2 Apr. 1997 and 1 Apr. 1998.

(1)-(4)

Cost: Free

Others: If you moved to Tokai recently and would like your child to have the injection, contact the Health Center.

Inquiries: Tokai-mura Health Center, ph. 029-282-2797.

## **6. Breast Cancer and Pap smear Checks**

Women living in Tokai-mura are entitled to receive free examination for breast and cervical cancer at designated clinics and hospitals.

Eligible people:

Breast cancer checks: Women 30 years and over.

Pap smear checks: Women 20 years and over.

Term: Fri. 1 May, 2015- Fri. 29 Jan., 2016

Application: Vouchers for national government sponsored cancer checks will be sent by mail to those who are eligible by the end of May. If you have recently moved to Tokai-mura, apply at Tokai-mura Health Center.

Inquiries: Tokai-mura Health Center ph. 029-282-2797

## **7. Hello Baby Classes for Pregnant Women**

Let's learn about pregnancy, childbirth, child care, and share with us your concerns and your experience as a future mother.

Date and Content:

(1) Mon. 18 May, 9:30a.m.-1:00p.m.

Discussion with a midwife about nutrition during pregnancy and cooking hints. Bring an apron and headscarf to cover hair. You need to make reservation for childcare if needed on that day.

(2) Thu. 21 May, 1:30-4:00p.m.

Delivery process and life after childbirth/ dental checkups and brushing guidance/ children chair for cars. You need to make reservation for childcare if needed on that day.

There is a reservation only childcare services.

(3) Sat. 23 May, 9:20a.m.-noon

Talk about baby / how to bath a new born/ pregnancy experience for fathers. Bring an apron. There is no childcare services.

Place: Tokai-mura Health Center

Cost: Free

Others: Bring your Mother and Child Health Handbook (boshi kenko techo), the supplementary handbook, pen and notebook.

Inquiries and applications: To apply for the class on Mon. 18 May and to register for the childcare services on Mon. 18 and Thu.21 May call Tokai-mura Health Center by Fri. 8 May. No registration is necessary for Thu. 21 May and Sat. 23 May.

Inquiries: Tokai-mura Health Center ph.029-282-2797

### **8. Childrearing Salon for Mothers and Children**

This salon offers a supportive atmosphere for mothers and children to meet and take part in activities such as hand-games, storytelling, and eurhythmics with volunteer.

Date: Fri. 5, Fri. 12, Sat.20, Fri. 26 Jun., and Fri.3 Jul. (5 days)

Time: 10:00- 11:30a.m.

Place: Tokai-mura Central Community Center and elsewhere

Eligible people: Mothers who reside in Tokai-mura and her first child born between 1 Jul. and 31 Dec. 2014.

Capacity: 16 pairs, but a lottery will be held if there are more than 16 applications.

Cost: Free (300yen per family for Non-members of Villagers conference.)

Application: Apply by sending a postcard to the Tokai-mura Youth Center, 768 Funaba, Tokai-mura 319-1115, with the following information by Wed.13 May.

(1) Name of the class: "Haha to ko no salon sanku kibou"

(2)Address

(3) Name of mother and child (with furigana)

(4) Birth date and gender of the child

(5) Phone number

Inquiries: Tokai-mura Youth Center, ph. 029-282-7049

### **9. Kangaroo Circle (The class of spring)**

The Kangaroo Circle is a parents and babies support group that meets in Hyakutsuka Daycare Center. It provides an opportunity for young children to play with each other and parents to hear talks on childcare.

Date:

(1) Every Tuesday from Tue.19 May to Wed.22 Jul. (10 Classes)

(2) Every Wednesday from Tue. 19 May to Wed. 22 Jul. (10 Classes)

Time: 10:00- 11:15 a.m.

Place: Hyakutsuka Daycare Center

Eligible People: Children born between May and Nov. 2014 accompanied by a parent. The first 15 parents and children for each class will be accepted.

Cost: Free

Application: Apply between 10:00a.m.and 0:00p.m.on Fri.8 May at the Regional

Parenting Support Center in Hyakutsuka Daycare Center directly.

Others: Only first-time attender (child) will be accepted.

Inquiries: Regional Parenting Support Center, ph. 029-270-5660

## **10. Happy Land for Children and Parents**

(1) Rhythm activities

Date: Thu. 14 May, 2015

Time: 10:00-11:00 a.m.

Place: Ishigami Community Center

(2) Walk

Date: Thu. 28 May, 2015

Time: 10:00-11:00 a.m.

Place: Kasamatsu Sports Park (Mizuno Hiroba), cancelled in case of rain.

Eligible people: Preschool age children accompanied by a parent who is a resident of Tokai-mura.

Cost: Free

Application: No reservations are required

Others: Bring a drink, towel and spare clothes

Inquiries: Regional Parenting Support Center at Hyakutsuka Daycare Center, ph. 029-270-5660

## **11. A room for parents and children to support their childcare**

Hyakutsuka Daycare Center opens a room for parents and children to support their childcare.

Date: Thursdays 7 and 21 May, 2015

Time: 9:30-11:30 a.m.

Place: Hyakutsuka Daycare Center

Eligible people: Preschool age children accompanied by a parent who is a resident of Tokai-mura.

Cost: Free

Others: Do play activities and storytelling. Bring a drink, towel and spare clothes.

Reservations are not necessary.

Inquiries: Regional Parenting Support Center at Hyakutsuka Daycare Center, ph. 029-270-5660

## **12. Oyako Land**

Oyako Land offers play activities, storytelling and childcare counseling. Open from May to Feb.2016.

Date and eligible people:

Every third Thursday;

For children 6 months and over accompanied by a guardian

Every fourth Thursday;

For children 2 years old and over accompanied by a guardian

Time: 9:40-11:00 a.m.

Place: Sunflower Kodomo no Mori Daycare Center

Cost: Free

Others: Bring a drink and a bag to put shoes in.

Reservations are not necessary.

Inquiries: Sunflower Kodomo no Mori Daycare Center, ph. 029-287-7111 (Mon.-Fri., 10:00 a.m.-3:00 p.m.)

## **13. Hiking Tour to Mt. Myogizan**

The course takes approximately 4 hours from Myogi-jinja Shrine to Myogi Sakura-no-sato (cherry blossom viewing spot) by way of 2nd gazebo.

Place: Mt. Myogizan in Tomioka City of Gunma Prefecture

Date: Sat. 9 May, 2015

Time: Meeting at Fureaino-mori Park at 5:50a.m.

Departure time: 6:00a.m.

Eligible people: Who is living or working in Tokai-mura or belonging to Smile Tokai, and be over 18 years old. The first 40 applicants will be accepted.

Cost: 8,000yen for Smile Tokai members, 10,000yen for the family of the Smile Tokai member, 12,000yen for non-members.

Application: Between 9:00a.m. and 5:00p.m. by Tue. 5 May, 2015 (except Mon. 27 Apr. 2015)

Register for the tour and pay at Tokai Gymnasium.

Inquiries: Tokai Gymnasium ph.029-283-1001



#### **14. Rate of Light Vehicle Tax will be changed**

In Koho Tokai 10th Dec. 2014, involving partial amendment of local tax law, it was announced that tax rate of mopeds, motorcycles and scooters over 125cc, and small-sized special motor vehicle would be changed from fiscal 2015, rate of light vehicle (tricycle, four-wheel) would be changed from fiscal 2016. But due to the revision of the tax system from this fiscal year, changed on tax rate of mopeds, motorcycles and scooters over 125cc, and small-sized special motor vehicle have been postponed to fiscal 2016.

Notice: The tax rate depends on category of vehicle or initial registration date.

(1) From fiscal 2016 (moped, motorcycle etc. and small-sized special motor vehicle)

1) Moped

- 50cc or less will be 2,000 yen (current tax: 1,000 yen)
- 90cc or less will be 2,000 yen (current tax: 1,200 yen)
- 125cc or less will be 2,400 yen (current tax: 1,600 yen)
- Mini-car will be 3,700 yen (current tax: 2,500 yen)

2) Motorcycles and scooters over 125cc

- Small-sized motorcycles between over 125cc and under 250cc, utility trailers, and trailers will be 3,600 yen (current tax: 2,400 yen)
- Small-sized motorcycles over 250cc will be 6,000 yen (current tax: 4,000 yen)

3) Small-sized special motor vehicles

- Farm vehicles will be 2,000 yen (current: 1,600 yen)
- Small-sized special motor vehicles except farm vehicles: for specialized operation (forklifts etc.) will be 5,900 yen (current tax: 4,700 yen)

(2) From fiscal 2016 (light vehicles: tricycles, four wheelers)

The tax rate of vehicle registered before 31 Mar. 2015 won't be changed as the current rate. But it will be taxed as an aging vehicle rate if 13 years have been passed after the initial registration.

[Tricycles]

- Current tax (applicable; vehicle registered before 31. March, 2015): 3,100 yen
- After amendment (applicable; vehicle registered after 1 April, 2015): 3,900 yen
- Aging vehicle taxation (applicable; vehicle over 13 years after the initial registration): 4,600 yen

[Four wheel]

1) Passenger vehicle

- Private use

- Current tax (applicable; vehicle registered before 31. March, 2015): 7,200 yen
- After amendment (applicable; vehicle registered after 1 April, 2015): 10,800 yen
- Aging vehicle taxation (applicable; vehicle over 13 years after the initial registration): 12,900 yen

-Business use

- Current tax (applicable; vehicle registered before 31 Mar. 2015): 5,500 yen
- After amendment (applicable; vehicle registered after 1 Apr. 2015): 6,900 yen
- Aging vehicle taxation (applicable; vehicle over 13 years after the initial registration): 8,200 yen

2) Goods vehicle

-Private use:

- Current tax (applicable; vehicle registered before 31. Mar.2015):4,000 yen
- After amendment (applicable; vehicle registered after 1 Apr. 2015): 5,000 yen
- Aging vehicle taxation (applicable; vehicle over 13 years after the initial registration): 6,000 yen

-Business use:

- Current tax (applicable; vehicle registered before 31. Mar. 2015):3,000 yen
- After amendment (applicable; vehicle registered after 1 Apr. 2015): 3,800 yen
- Aging vehicle taxation (applicable; vehicle over 13 years after the initial registration): 4,500 yen

Inquiries: Municipal Tax, Tax Section, 029-282-1711 ext. 1117-1119