

Koho Tokai 10 January, 2015

1. Medical Services on Weekends in January
2. Extension of Administrative Service Time
3. Revision of Child Rearing Allowance
4. Subsidy- Program of Intractable Disease
5. Station Gallery Exhibition
6. Stoppage of Bicycle Rental 'Ecorin'
7. Advice Line of Police
8. Health Checks
9. A Room for Parents and Children to Support their Childcare
10. Slow Aerobics Experience Classes
11. Let's Talk with the Mayor
12. Traffic Restrictions for Katsuta Marathon

1. Medical Services on Weekends in January

Hours: 9:30a.m.- 2:00p.m., except noon-1:00p.m.(Hours are available for all locations.)

Sun. 18: Higashihara Clinic, ph. 029-283-2301

Sun. 25: Tokai Village Hospital, ph. 029-282-2188

Ibaraki Prefecture 24 Hour Emergency Medical Information Control Center, ph. 029-241-4199

Ibaraki Children's Resource Line, ph. #8000 (touch-tone phones and mobile phones) or 029-254-9900: everyday 6:30p.m.-00:30a.m., Sundays, public holidays 9:00 a.m.- 5:00 p.m.

2. Extension of Administrative Service Time

Date: Every 1st and 3rd Thursday

Time: 8:30a.m.-7:00p.m.

Services and Sections:

Civil Registration Section; Resident registration, seal (hanko) registration, passport issuance, and publishing of other certifications and permissions.

National Health Insurance and Pension Section; Procedures of national health insurance and national pension plan, issuance of Mother and Child Health Handbook (boshi kenko techo)

Social Welfare Section; Procedures for day-care center, application of children allowance and child-rearing

Welfare and Nursing Care Section; Application of long-term care insurance and support of the elderly.

Accounting Section; Payment of tax(except national tax, prefectural tax and national pension premiums) and royalties.

Tax Section; Issuance of certifications, (local) taxpayer assistance (needs reservation)

Waterworks Section; Procedures to supply public water, payment of water and sewage bills.

3. Revision of Child Rearing Allowance

This allowance is to enhance welfare for child as listed below.

Child without father or mother as a result of divorce.

Child without father or mother as a result of death.

Child whose father or mother has a disability.

Before the revision, those who are receiving public pension were not eligible to receive child rearing allowance, but after the revision as of last December, if the amount of the public pension is less than the child rearing allowance, they are now able to receive the balance amount.

Revised requirements (example cases) as of December, 2014:

Grandparents who are rearing a child and receiving a low amount old- age pension.

Single- father family where the child is receiving only a low amount survivor's welfare pension.

Single- mother family, where father died after the divorce and the child is receiving only a low amount survivor's welfare pension.

Application: Anyone who is rearing a child without his/ her parent and wants to receive the balance amount needs to apply at the Social Welfare Section of Tokai-mura Village Office.

Others: Anyone who wants to confirm whether they're eligible to receive the allowance, inquire at the Social Welfare Section.

The allowance starts from the next month of application.

Those who could not receive child rearing allowance because of receiving a public pension but meet revised requirements and apply by the end of March, 2015, will be

able to receive the allowance retroactive to the 1st of December, 2014. The allowance for December, 2014 to March, 2015 will be paid in April, 2015.

Inquiries: Social Welfare Section of Tokai- mura, ph. 029-282-1711 ext. 1185

4. Subsidy- Program of Intractable Disease

Subsidy- program of expense of Intractable Disease has been revised from the 1st of January, 2015.

Principal points of revision:

1) Designated intractable disease

Expanded from 56 diseases to 110 diseases.

2) Self- pay medical cost

Self- pay ratio of the medical cost is lighten up from 30% to 20%.

The amount limit of self- pay cost will be changed in accordance with income.

3) Medical institution

Subsidy is applicable for medical treatment only at medical institutions designated by the prefectural governor.

Others: For more details, please visit following website.

Intractable Disease Information Center, <http://www.nanbyou.or.jp/>

Inquiries: Ibaraki- prefecture Hitachinaka Public Health Center, ph. 029-265-5643

Ibaraki- prefecture Department of Public Health and Welfare, Public Health and Disease Prevention Division, ph. 029-301-3220

5. Station Gallery Exhibition

The 27th Art Road

125 pieces by 90 artists who created with the theme 'incorporate art into life' will be displayed.

1) Painting, carving, flower arrangement, craft

Date: Sun. 8- Sat. 14 Feb.

Time: 10:00 a.m.-6:00 p.m. (closes 3:00 p.m. on Sat. 14 Feb.)

2) Calligraphy and photography

Date: Sun. 15- Sat. 21 Feb.

Time: 10:00 a.m.-6:00 p.m. (closes 3:00 p.m. on Sat. 21 Feb.)

Place: Gallery A (2F), B (1F)

Inquiries: Community Facility Management Office, Tokai Station, ph. 029-287-3680

6. Stoppage of Bicycle Rental 'Ecorin'

Tokai-mura has conducted 'Ecorin' since 2005 using abandoned bicycles for enhancing ecology through riding bicycles. But the numbers of abandoned bicycles have decreased in recent years and it has become difficult to replace them. Also it has become difficult to ensure safety for Ecorin users, so Tokai-mura is going to end this service on Tuesday 31 March. We would like to thank you for your past participation.

Inquiries: Environmental Policy Section of Tokai-mura, ph. 029-282-1711 ext. 1451

7. Advice Line of Police

110 is the number to call in case of emergency but #9110 is the number to consult with police about your concern.

1) How to dial

No area code is required, just dial #9110.

Available from cell-phone and PHS.

From dial line and IP phone, dial ph. 029-301-9110

2) Available time

Monday- Friday: 8:30a.m.- 5:15 a.m.

Night-time, Saturday, Sundays, public holidays: call to police headquarters, ph. 029-301-0110

3) Specific cases

- Victimized by stalking, violence from own partner
- Prowler at school route
- Money trouble

8. Health Checks

Residents who missed their health check last year can receive health checks in January.

Date: Thu. 22, Fri. 23 Jan.

Time: 9:30- 11:00 a.m., 1:30- 2:30 p.m.

Place: Tokai-mura Health Center

Eligibility:

Lung cancer: anyone aged 40 and over (including Tuberculosis check for anyone aged 65 and over)

Prostate cancer; men between 50 and 79

Colon cancer; anyone aged 40 and over

Hepatitis viruses; anyone over 18 who has not been tested previously

Checks for young people; anyone between 18 and 39

Specific health examination; residents with national health insurance

Geriatric health examination; anyone aged 75 and over

Cost: Free

Application: Those who recently moved to Tokai-mura and wishes to have a health check should apply at Tokai-mura Health Center by Thursday 15 January between 8:30 a.m. and 5:15 p.m. (except weekends and public holidays).

Anyone who wants receive specific and geriatric health examination should apply at National Health Insurance and Pension Section.

Others: Coupons for free colon cancer checks can be used.

Inquiries: Tokai-mura Health Center, ph. 029-282-2797,

Health Insurance and Pension Section of Tokai-mura, ph. 029-282-1711 ext. 1132

9. A Room for Parents and Children to Support their Childcare

Hyakutsuka Daycare Center opens a room for guardians and children to support their childcare, through playing and listening to storytelling.

Date: Thursdays 15 and 29 January

Time: 9:30-11:30 a.m.

Place: Hyakutsuka Daycare Center

Eligible people: Preschool age children accompanied by a guardian who is a resident of Tokai-mura.

Cost: Free

Others: Bring a drink, towels and spare clothes.

Reservations are not necessary.

Inquiries: Regional Parenting Support Center at Hyakutsuka Daycare Center, ph. 029-270-5660

10. Slow Aerobics Experience Classes

A series of six classes will be offered.

Date: Wednesdays 21, 28 January, 18, 25 February, 4 and 18 March

Time: 10:00- 11:00 a.m.

Place: Tokai-mura Gymnasium

Eligible people: Who either lives or works Tokai-mura or a family member of anyone in these categories, or who is member of SC Smile Tokai and is 18 years old and over.

Applicants are limited to 30 (first-come-first-served bases).

Instructor: Akiko Sugiyama (Calisthenics educator)

Cost: Free for Smile Tokai members, 500yen for non-members.

Application: Apply with the fee at Tokai Gymnasium between 9:00a.m. and 5:00p.m, by Sunday 18 January (except Tuesday 13).

Inquiries: SC Smile Tokai Secretariat, Tokai Gymnasium, ph. 029-283-1001

11. Let's Talk with the Mayor

Anyone who wants to talk to Mayor Yamada on a one-to-one basis about politics and daily life of Tokai-mura,

Date: Sat. 24 Jan.

Time: 2:00- 5:00p.m.

Location: AEON 1F (Near the food section)

Others: No reservations are required but first-come-first-served basis.

The matters of discussion will be published (anonymously) on Tokai-mura website.

Inquiries: Planning and Management Section ph. 029-282-1711(ext. 1333)

12. Traffic Restrictions for Katsuta Marathon

Date: Sun. 25 Jan.

Traffic restriction areas and time:

Route 245; 10:30 a.m.- 0:30 p.m.

Genken-dori Avenue; 11:00 a.m.- 1:00 p.m.

Momiji-dori Street; 11:00 a.m.- 2:00 p.m.

Please follow directions if you are in these areas. Your understanding and cooperation is appreciated.

Inquiries: Katsuta Marathon Secretariat, ph. 029-262-5615