

Koho Tokai 25 December, 2014

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1. Medical Services on Weekends in January

Hours: 9:30a.m.- 2:00p.m., except noon-1:00p.m.(Hours are available for all locations.)

Thu. 1: Tokai Village Hospital, ph. 029-282-2188

Fri. 2: Muto Pediatric Clinic, ph. 029-282-7722

Sat. 3: Tokai Village Hospital, ph. 029-282-2188

Sun. 4: Tokai Clinic ph. 029-283-1711

Sun. 11: Ibarakihigashi National Hospital, ph. 029-282-1151

Mon. 12: Ishii Orthopedics (Seikeigeka) Clinic ph. 029-270-5141

Sun. 18: Higashihara Clinic, ph. 029-283-2301

Sun. 25: Tokai Village Hospital, ph. 029-282-2188

Ibaraki Prefecture 24 Hour Emergency Medical Information Control Center, ph. 029-241-4199

Ibaraki Children's Resource Line, ph. #8000 (touch-tone phones and mobile phones) or 029-254-9900: everyday 6:30p.m.-00:30a.m., Sundays, public holidays, Monday 29 December, 2014- Saturday 3 January, 2015 9:00 a.m.- 5:00 p.m.

2. Calisthenics Class in January

Stretch and yoga exercise class will be held at Welfare Center Kizuna.

Date: Thursdays 8,15,22 January

Time: 9:30- 11:00 a.m.

Eligible people: Residents aged 40 -64 years old.

Other: People coming for first time need to apply in advance.

Inquiries: SC Smile Tokai Secretariat, Tokai-mura Gymnasium, ph. 029-283-1001

### 3. Health Checks for Infants and Toddlers in January at Welfare Center Kizuna

#### (1) Mother and Child Health Consultation

Date: Fri. 9

Time: 9:30- 11:00 a.m., 1:00- 2:00 p.m.

#### (2) 'Genki-up' Health Consultation

Please make an appointment.

#### (3) Health Check for Babies

##### ① Infant born in August, 2014

Date: Wed. 7

Time: 1:00- 1:45 pm.

##### ② Children( born in June, 2013) aged 1 and a half years old

Date: Thu. 8

Time: 1:00- 1:45 pm.

##### ③ Children( born in November, 2011) aged 3 years old

Date: Wed. 14

Time: 1:00- 1:45 pm.

##### ④ Dental Checks for Children( born in June, 2012) aged 2 and a half years

Date: Thu. 15

Time: 1:00- 1:45 pm.

#### (4) A Class for Babies born in October, 2014

Date: Tue. 27

Time: 1:00- 1:20 pm.

Inquiries: Tokai-mura Health Center, ph. 029-282-2797

### 4. Extension of Administrative Service Time

Date: Every 1st and 3rd Thursday

The administrative service time on Monday 5 January will be extended instead of Thursday 1 January ( national holiday).

Time: 8:30a.m.-7:00p.m.

Services and section in charge:

Civil Registration Section; Resident registration, seal (hanko) registration, procedures of residence status related matters, passport issuance, publishing of other certifications and permissions. Some certificates like digital certificate are not available .

National Health Insurance and Pension Section; Procedures of national health insurance, national pension plan, medical insurance system for the elderly aged 75 or over and medical welfare, issuance of Mother and Child Health Handbook (boshi kenko techo)

Social Welfare Section; Procedures for day-care center, application of children allowance and child-rearing

Welfare and Nursing Care Section; Application of long-term care insurance and support of the elderly.

Tax Section; Issuance of taxation and tax payment certifications, (local) taxpayer assistance (needs reservation)

Accounting Section; Payment of tax(except national tax, prefectural tax and national pension premiums) and royalties.

Waterworks Section; Procedures to supply and to cancel public water, payment of water and sewage bills( payment for sewage bills only is not available).

For more information visit: <http://www.vill.tokai.ibaraki.jp/>

Inquiries: Tokai-mura Village Office, ph.029-282-1711

## 5. New Year Holiday Period

The following public offices and facilities will be closed during the new year period as indicated below .

Closed from Saturday 27 December, 2014 until Sunday 4 January, 2015

Tokai- mura Village Office: ph.029-282-1171

Nagomi Tokai-mura Comprehensive Support Center: ph. 029-287-2525

Tokai-mura Health Center: ph. 029-282-2797

Tokai Plaza Cafe: ph. 029-282-2928

Tokai-mura Council of Social Welfare: ph. 029-282-2804

Support Center for Persons with Disabilities: ph. 029-282-4599

Volunteer Citizen Activities Center “Egao”: ph. 029-283-4538

Closed from Saturday 27 December, 2014 until Monday 5 January, 2015

Tokai Agricultural Support Center: ph. 029-287-7867

Closed from Sunday 28, 2014 until Saturday 3, January, 2015

Tokai-mura Central Community Center: 029-282-3329

Tokai Culture Center: ph 029-282-8511

Tokai-mura Gymnasium: 029-283-0673

Tokai-mura Tennis Court: ph. 029-282-8571

Tokai Station Community Facility Administration Office ( except waiting room):  
ph. 029-287-3680

Akogigaura Management Office: ph. 029-282-3835

Closed from Sunday 28, 2014 until Sunday 4 January, 2015

Tokai-mura Sister City Hall: 029-282-0535

Recycle Plaza Tokai: ph.029-282-4439

Tokai Village Hospital (except for weekend and holiday hours) : ph.282-2188

Tokai-mura Citizen Activities Center: ph. 029-282-0002

“Ainori-kun” ( Tokai-mura Taxi on demand): ph. 029-306-2828

Senior Center: ph. 029-282-4300

Children’s Center: ph. 029-306-1017

Nagahori Sukoyaka House: ph. 029-283-3664

Closed from Sunday 28 December until Monday 5 January, 2015

Tokai- mura Youth Center: ph. 029-282-7049

Closed from Monday 29, 2014 until Saturday 3 January, 2015

Tokai- mura Library (opens 1:00p.m. on Sat. 4): ph. 029-282-3435

All community centers

Suwama Cemetery Administration Office: ph. 029-283-3060

Closed from Wednesday 31 Decmber,2014 until Sunday 4 January, 2015

Tokai- mura Waste Disposal Center: ph. 029-282-7289

Hitachinaka- Tokai Clean Center: ph. 029-265-5310

Closed from Thursday 1, January 2015 until Saturday 3 January, 2015

Hitachi Seaside Funeral Hall: ph. 029-265-7191

#### 6. Temporary Bicycle- Parking Lot will be Unavailable

The temporary bicycle- parking lot at the east exit area of Tokai Station will be unavailable to use from Monday 5 January, 2015.

We would like to ask for everyone's cooperation.

Inquiries: Land Readjustment Section of Tokai- mura, ph.029-282-1711 ext. 1212

#### 7. Sukoyaka Walking

One hour of walking along the Ibaraki Health Road ( Akogigaura/ Kokuzodo Course).

Date: Wed. 7 Jan. ( Canceled in case of rain.)

Time: 10:00 a.m. (register from 9:30 a.m.)

Meeting place: Muramatsu Community Center

Eligible people: Tokai-mura residents

Cost: Free

Others: Bring a drink and small towel.

If you come by car, please drive your friends ( there are not enough parking lots ).

Inquiries: Tokai-mura Health Center, ph. 029-282-2797

#### 8. Health Check Applications

Application forms for annual cancer and lifestyle disease health checks provided by Tokai- mura, were sent to residents registered as of 31 October, 2014.

Application: Return the form to Tokai-mura Health Center by Friday 16 January, 2015.

Others: If you did not receive an application form and would like to receive these health checks, contact Tokai-mura Health Center.

Inquiries: Tokai-mura Health Center, ph. 282-2797

#### 9. Deadline of Subsidy for Influenza Vaccinations

Subsidized influenza vaccinations are available until Saturday 31 January, 2015. Vaccination form were sent late September to the eligibilities, but anyone who recently moved to Tokai-mura or who has not received the vaccination form can apply at the Tokai-mura Health Center directly.

Eligible people and individual payment:

- 1. Children aged between 1 (as of Oct.1, 2014) and 15 years old (3rd year junior high); 1,000 yen/ per vaccination
- 2. Residents 65 years and over; Free
- 3. Residents between 60 and 64 with level one disabilities such as heart, kidney or respiratory disease; Free
- 4. Residents of households exempt from municipal inhabitants tax, or receiving public assistance. Free of charge.

Others: For eligibility -3. and -4., inquire in advance at Tokai-mura Health Center.

Inquiries: Tokai-mura Health Center, ph. 029-282-2797

#### 10. Congratulatory Gift for First and Seventh Graders

The Social Welfare Council provides monetary gifts of 10,000 yen for children starting elementary or junior high school in April 2015, who are registered as resident in Tokai and whose main parent or guardian was exempt from village and prefectural tax in 2014. One of the following categories should also apply (except households on welfare) :

- 1. Single parent family,
- 2. The child or parent(s) has a disability certificate
- 3. The child is under the care of someone other than the parents (except households on welfare). To receive the money submit an application form available from the Social Welfare Council at Kizuna from 8:30 a.m. to 5:15 p.m. between Monday 5 January and Friday 30 January ( except Saturdays, Sundays and national holidays).

Inquiries: Tokai-mura Social Welfare Council, ph. 029-282-2804

#### 11. New Year Salon

Let's enjoy Japanese New Year!

Date: Sat. 10 Jan.

Time: 1:00- 3:00 p.m.

Place: Tokai-mura Sister City Hall

Program:

Performance by “ Rakuchin- ichiza”

Origami

Mochi- tsuki (Rice cake pounding)

Participation fee:

Tokai- mura International Center (TIC) member; 100 yen

Non-member; 200 yen

Others: No advanced reservation is necessary.

Enjoy freshly pounded mochi.

Inquiries:

Secretariat of TIC, ph. 029-282-0535, e-mail [tokai-international@net1.jway.ne.jp](mailto:tokai-international@net1.jway.ne.jp)