Koho Tokai 10 August 2014

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1. Medical Services on Weekends in August

Hours: 9:30a.m.- 2:00p.m., except noon-1:00p.m.(Hours are available for all locations.)

Sun. 10: Ibarakihigashi National Hospital, ph. 029-282-1151

Sun. 17: Ogata Clinic, ph. 029-282-4781

Sun. 24: Tokai Village Hospital, ph. 029-282-2188

Sun. 31: Ishi Orthopedics (Seikeigeka) Clinic, ph. 029-270-5141

Ibaraki Prefecture 24 Hour Emergency Medical Information Control Center, ph. 029-241-4199

Ibaraki Children's Resource Line, ph. #8000 (touch-tone phones and mobile phones) or 029-254-9900: everyday 6:30p.m.-00:30a.m., Sundays, public holidays, Monday 29 December, 2014- Saturday 3 January, 2015 9:00 a.m.- 5:00 p.m.

2. Extension of Administrative Service Time

Date: Every 1st and 3rd Thursday

Time: 8:30a.m.-7:00p.m.

Services and Sections:

Civil Registration Section; Resident registration, seal (hanko) registration, passport issuance, and publishing of other certifications and permissions.

National Health Insurance and Pension Section; Procedures of national health insurance and national pension plan, issuance of Mother and Child Health Handbook (boshi kenko techo)

Social Welfare Section; Procedures for day-care center, application of children allowance and child-rearing

Welfare and Nursing Care Section; Application of long-term care insurance and support of the elderly.

Accounting Section; Payment of tax(except national tax, prefectural tax and national pension premiums) and royalties.

Tax Section; Issuance of certifications, (local) taxpayer assistance (needs reservation)

Waterworks Section; Procedures to supply public water, payment of water and sewage bills.

For more information visit: http://www.vill.tokai.ibaraki.jp/

## 3. Kids' Salon

On Tuesday, July 22, Tokai-mura International Center (TIC) invited guest speakers for the Kids' Salon cultural experience program for 70 elementary students' grades four to six. They learned interesting facts about cultural differences in daily life and school etc. For example, schools in the USA, the summer holidays is 3 months long and there is no homework, in Australia the number of kangaroos is greater than the population. The students were surprised and impressed.

4. Take the Emergency Card (Kyukyu- johou- card) with you always!

Kyukyu- johou- card helps you to make the emergency call correctly. And the emergency staff would be able to respond quickly. Please take it with you always. Installation locations: Tokai Fire Station, Tokai-mura Village Office, 6 (all) community centers in Tokai-mura

Inquiries: Tokai Fire Station, ph. 029-282-2153

5. Hello Baby Classes for Pregnant Women

Let's learn about pregnancy, childbirth, child care, and share with us your concerns and your experience as a mother.

Date and Content:

1. Mon. 8 Sep, 9:30a.m.-1:00p.m.

Discussion with a midwife about nutrition during pregnancy and cooking hints. Bring an apron and headscarf to cover hair. Reservation for childcare services must be made beforehand.

2. Fri. 12 Sep, 1:30-4:00p.m.

Delivery process and life after childbirth/ child safety seat for cars/ dental checkups and brushing guidance. Reservation for childcare services must be made beforehand.

3. Sat. 20 Sep, 9:20a.m.-noon

Lecture that assists the life with baby after discharge / how to bath a new born/ pregnancy experience for fathers. Bring an apron. There is no childcare services.

Place: Tokai-mura Health Center

Cost: Free

Others: Bring your Mother and Child Health Handbook (boshi kenko techo), the supplementary handbook, pen and notebook.

Applications: To register for the childcare services and the class on Monday 8 September, call Tokai-mura Health Center by Monday 25 August.

No registration is necessary for Friday 12 and Saturday 20 September.

Inquiries: Tokai-mura Health Center ph.029-282-2797

6. Kangaroo Circle

The Kangaroo Circle is a parents and babies support group, provides an opportunity for young children to play with each other and parents to hear talks on childcare.

Date: Every Tuesday(10 classes) or Wednesday(10 classes) from 2 September to 5 November.

Time: 10:00-11:15 a.m.

Place: Hyakutsuka Daycare Center.

Cost: Free.

Eligible people: Children born between September 2013 and February 2014 accompanied by a guardian.

The first 15 parents and children (15 for Tuesday and 15 for Wednesday classes), who have never been in the circle, will be accepted.

Applications: Make application for the class directly at the Hyakutsuka Daycare Center between 10:00 a.m. and noon on Thursday 21 August.

Inquiries: Regional Child Support Center in Hyakutsuka Daycare Center, ph. 029-270-5660

7. Hiking Tour to Mt. Adatara

The hiking course is approximately 4 hours, you can enjoy panoramic views of the mountain range of Mt. Adatara. Mt. Bandai, peaks of Mt. Azuma/ Mt. Iide Date: Sat. 6 Sep.

Time: 5:50a.m. at Fureaino-mori Park

Departure time: 6:00a.m.

Eligible people: Those who are living or working in Tokai-mura or belong to Smile Tokai, and are 18 years and over. The first 40 applicants will be accepted.

Cost: 6,000yen for Smile Tokai members, 7,000yen for the family of the Smile Tokai members, 9,000yen for non-members.

Application: 9:00a.m. 5:00p.m., Wed. 13- Sun. 31 Aug. (except Monday)

Register for the tour and pay at Tokai Gymnasium.

Inquiries: Tokai Gymnasium ph.029-283-1001

8. Vending Machines Will Be Set Up at the Public Facilities

Tokai-mura has come to set up the vending machine at the public facilities for refuge and sports facilities as a part of disaster response. In the case of emergency, the wares of the vending machines will be distributed charge free in the judgment of the Tokai-mura government. And also has concluded a support agreement with vendors to secure supply routes of drinking water at the time of disaster.

Installation locations:

From August; Tokai-mura Gymnasium, Tokai-mura Welfare Center "Kizuna",

community centers

From September (scheduled); Tokai Swimming Plaza, Tokai-mura Tennis Court,

Akogigaura Park

Inquieries:

Planning and Management Section ph. 029-282-1711 (ext. 1334),

Disaster Prevention and Nuclear Energy Safety Section, 029-282-1711 (ext. 1518)

9. Let's Talk with the Mayor

Anyone who wants to talk to Mayor Yamada on a one-to-one basis about ideas for a

better life in Tokai-mura, please feel free to do so. Date: Sun. 31 Aug. Time: 2:00- 5:00p.m. Location: AEON 1F (Near the food section) Others: No reservations are required but first-come-first-served basis. The matters of discussion will be published (anonymously) on the home page of the Tokai-mura website. Inquiries: Planning and Management Section ph. 029-282-1711(ext. 1333)

10. The 9th Furusato Fureai Matsuri in Omitama-shi
A stage performance and Honen Odori Dance Contest (about 1500 entries every year) will be held. There will be fireworks displays for the finale.
Date: Sat. 30 Aug. (Sun. 31 if postponed.)
Time: 9:00 a.m. to 9:00 p.m.
Place: Kibougaoka Park (Nakadai 418, Omitama City)
Inquiries: Regional Development Section, Omitama City Office, ph.0299-48-1111