

広報とうかい 2/25 号

1. 3月の休日診療
2. 3月の健康相談
3. 「東海村自然災害ハザードマップ」が新しくなりました
4. 「防災ラジオ」をご利用の皆さんへ
5. 令和3年度東海村屋内退避・避難誘導訓練
6. みんなですこやかウォーキング
7. 親子で東海村オリジナルソイジョイ作り体験
8. 「Cherry blossom market」を開催します
9. トレーニング基礎講座
10. 中丸コミュニティセンター和室の使用を再開します
11. 外国人の皆さんへー「とうげい教室」に参加しませんかー

Tokai Newsletter 25 Feb. 2022

1. Weekend Medical Services in Mar.
2. Health Checks and Consultations in Mar.
3. Revised Natural Disaster Hazard Map
4. Emergency Information via Disaster Prevention Administrative Radio and LINE
5. Nuclear Disaster Indoor Evacuation and Evacuation Guidance Drill
6. Healthy Walking Group
7. SOYJOY Cooking Class
8. "Cherry blossom market" for Children
9. Basic Physical Training Course
10. Use of Japanese Room in Nakamaru Community Center Resumed
11. Pottery Class for Foreigners at Tokai-mura Sister City Hall

In order to prevent the infectious disease of the novel coronavirus from spreading, some or all the events may be cancelled or postponed.

1. Weekend Medical Services in Mar.

Hours: 9:30 a.m. - 2:00 p.m., except noon - 1:00 p.m. (Hours are available for all locations.)

Sun. 6: Muto Pediatric Clinic, ph.029-282-7722

Sun. 13: Ishii Orthopedics (Seikeigeka) Clinic, ph.029-270-5141

Sun. 20: Higashihara Clinic, ph.029-283-2301

Mon. 21: Tokai Hospital, ph.029-282-2188

Sun. 27: Tokai Hospital, ph.029-282-2188

Ibaraki Children Emergency Information Helpline, ph. #8000 or 050-5445-2856

Hours: open 24 hours a day, every day of the year (including emergency medical information)

Ibaraki Adult Emergency Information Helpline, ph. #7119 or 050-5445-2856

Hours: open 24 hours a day, every day of the year (including emergency medical information)

2. Health Checks and Consultations in Mar.

(1) Health Consultation for Mothers and Children

Date: Fri. 18 Mar.

Time: 9:30 a.m. - 11:00 a.m., 1:00 p.m. - 3:00 p.m.

Please make an appointment.

(2) "Genki-up" Health Consultation for Adults

Date: Fri. 18 Mar.

Time: 9:00 a.m. - 11:30 a.m., 1:00 p.m. - 5:00 p.m.

Please make an appointment.

(3) Health Check for Babies

1) Infants (babies born in Oct. 2021)

Date: Wed. 9 Mar.

Time: 12:50 p.m. - 1:50 p.m.

2) Children - aged 1 year and 6 months old (babies born in Aug. 2020)

Date: Thu. 10 Mar.

Time: 12:50 p.m. - 1:50 p.m.

3) Children - aged 3 years old (babies born in Sep. 2018)

Date: Wed. 16 Mar.

Time: 12:50 p.m. - 1:50 p.m.

4) Dental Checks for Children-aged 2 years and 6 months old (babies born in Aug. 2019)

Date: Thu. 17 Mar.

Time: 1:00 p.m. - 2:00 p.m.

(4) Baby Class for babies born in Dec. 2021

Date: Thu. 3 Mar.

Time: 1:00 p.m. - 1:20 p.m.

Inquiries: Tokai Health Center, ph. 029-282-2797

3. Revised Natural Disaster Hazard Map

The revised booklet includes the flood hazard map and information about natural disasters such as earthquakes, floods and typhoons. It will be distributed to all households in the village.

You can also download it from:

<https://www.vill.tokai.ibaraki.jp/soshikikarasagasu/somminseikatsubu/bosaigenshiryokuanzenka/bousai/1/1402.html>

Inquiries:

Disaster Prevention and Nuclear Energy Safety Section, ph. 029-282-1711 ext. 1523

4. Emergency Information via Disaster Prevention Administrative Radio and LINE

Tokai Village lends out a disaster prevention administrative radio or a radio receiver to each household for free to provide urgent disaster information and other important administrative information from the village.

You can receive all the information provided through disaster prevention administrative radio via "Tokai Village Official LINE". To install, see:

<https://www.vill.tokai.ibaraki.jp/soshikikarasagasu/kikakusomubu/hishokohoka/7/3/1/5041.html>

Inquiries: Disaster Prevention and Nuclear Energy Safety Section, ph. 029-282-1711 ext. 1522

5. Nuclear Disaster Indoor Evacuation and Evacuation Guidance Drill

Date: Mon. 21 Mar. (Postponed in case of disaster or spread of infection.)

Time: 7:00 a.m. - 1:00 p.m.

Place: Tokai Village Office, Community Centers, Naka-city Sogo Park

Other: Participants will either take a bus from a nearby Community Center to Naka-city Sogo Park or go directly from home to Naka-city Sogo Park by private cars.

Application: Apply by email to bousai@vill.tokai.ibaraki.jp by Fri. 18 Mar. Send your name, whether you live, work or go to school in Tokai Village, address, telephone number and whether you will use the bus or your own car for the evacuation drill.

Inquiries: Disaster Prevention and Nuclear Energy Safety Section, ph. 029-282-1711 ext.1524

6. Healthy Walking Group

One-hour walk along the Health Road around Tokai Welfare Center "Kizuna".

Date: Fri. 4 Mar. (Canceled in case of rain)

Time: 9:30 a.m. (Registration starts from 9:00 a.m.)

Meeting place: Tokai Welfare Center "Kizuna"

Capacity: The first 50 Tokai Village residents will be accepted.

Other: Wear a mask. Bring a drink, a towel, and wear comfortable clothes. Please try carpooling due to the limited space in the parking lot. You cannot participate without a reservation.

Application and Inquiries: Apply by phone to Tokai Health Center (ph. 029-282-2797) between 8:30 a.m. and 5:15 p.m. from Mon. 28 Feb. to Wed. 2 Mar.

7. SOYJOY Cooking Class

Let's learn about soybeans and make an original SOYJOY using whole soybean flour!

Date: Fri. 25 Mar.

Time: 1:00 p.m. – 3:30 p.m. (Registration starts from 12:45 p.m.)

Place: Ishigami Community Center

Eligible people: Elementary school students and guardians who live in Tokai Village

Capacity: 6 pairs (One guardian per one student)

*Brothers and sisters in elementary school are accepted in one group.

*A lottery will be held if applicants reach the limit capacity.

Cost: 200 yen per person

Application: Apply from the following website by 5:00 p.m. on Mon. 7 Mar.:

https://s-kantan.jp/vill-tokai-ibaraki-u/offer/offerDetail_initDisplay.action?tempSeq=26015&accessFrom=

Inquiries: Health Promotion Section, ph. 029-282-2797

8. "Cherry blossom market" for Children

Date: Tue. 29 Mar.

Time: 10:00 a.m. – 3:00 p.m.

Place: Fureaino-mori Park (Behind Tokai Culture Center) *Tokai Gymnasium in case of rain

Contents: Goodwill food and haircuts for children, stage performance, hands-on activities

Inquiries: Tokai Village Social Welfare Council, ph. 029-282-2804

For details, see: <https://www.t-shakyo.or.jp/>

9. Basic Physical Training Course

Date: Sat. 26 and Sun. 27 Jan. (two classes)

Time: 10:30 a.m. - 11:45 a.m.

Place: Tokai Gymnasium

Eligible people: Junior high school students and older

Capacity: The first 10 applicants will be accepted. (Minimum number is 5.)

Instructor: Mr. Yuto Sakai, Ms. Sachie Iso

Cost: 1,000 yen per person

Application: Apply with the fee at Tokai Gymnasium between 8:30 a.m. and 5:15 p.m. from Wed. 2 to Wed. 23 Mar. (except Mon. 7, 14 and Tue. 22 Mar.)

Inquiries: Tokai Gymnasium, ph. 029-283-0673

10. Use of Japanese Room in Nakamaru Community Center Resumed

Nakamaru Community Center will be undergoing interior repair work until Mon. 28 Feb.

Open Date: From Wed. 2 Mar.

Place: Japanese room

Other: Reservation can be made from Wed. 2 Mar. 9:00 a.m. (1:00 p.m. by telephone) for up to two months ahead.

Inquiries: Community Development Promotion Section, ph. 029-282-1711 ext. 1461, Nakamaru Community Center, Ph. 029-287-2128

11. Pottery Class for Foreigners at Tokai-mura Sister City Hall

Get your hands muddy to create your very own hand-built ceramic pieces!

Date: Sat. 19 Mar.

Time: 10:00 a.m. - noon

Place: Tokai-mura Sister City Hall

Eligible people: Foreigners who live or work in Tokai Village

Capacity: 10 people

Cost: Free

Other: Parents and children are welcome to participate as long as the child is at least 5 years old. Bring an apron and towel. The works will be fired afterward and ready for pickup in June.

Application: Email your name, phone number and program name to Tokai-mura Sister City Hall (tokai.sch@net1.jway.ne.jp) by Fri. 11 Mar.

Inquiries: Tokai-mura Sister City Hall, ph. 029-282-0535 (except Sun.),