

広報とうかい 2/25 号

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3. 住民税非課税世帯向け給付金
4. るびなすをご利用の皆さんへ
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Tokai Newsletter 25 Feb. 2025

1. Weekend Medical Services in Mar.
2. Health Checks and Consultations in Mar.
3. Support Benefits for Lower Income Households
4. Tokai-mura Care Center for Sick and Convalescent Children "Rupinasu"
5. Basic Physical Training Course
6. Tokai-Mura Wind Orchestra Spring Concert

1. Weekend Medical Services in Mar.

Hours: 9:30 a.m. - noon

Sun. 2: Tokai Hospital, ph.029-282-2188

Sun. 9: Ishii Orthopedics (Seikeigeka) Clinic, ph.029-270-5141

Sun. 16: Tokai Hospital, ph.029-282-2188

Sun. 23: Ibarakihigashi National Hospital, ph.029-282-1151

Sun. 30: Usui Clinic, ph.029-229-0855

Ibaraki Children Emergency Information Helpline, ph. #8000 or 050-5445-2856

Hours: Open 24 hours, every day of the year (including emergency medical information)

Ibaraki Adult Emergency Information Helpline, ph. #7119 or 050-5445-2856

Hours: Open 24 hours, every day of the year (including emergency medical information)

2. Health Checks and Consultations in Mar.

(1) Health Consultation for Mothers and Children

Date: Wed. 19 Mar.

Time: 9:00 a.m. - 11:30 a.m., 1:00 p.m. - 3:00 p.m.

Please make an appointment.

(2) "Genki-up" Health Consultation for Adults

Date: Wed. 19 Mar.

Time: 9:00 a.m. - 11:30 a.m., 1:00 p.m. - 3:30 p.m.

Please make an appointment.

(3) Health Check for Babies

1) Infants (babies born in Oct. 2024)

Date: Wed. 5 Mar.

Time: 12:50 p.m. - 1:50 p.m.

2) Children - aged 1 year and 6 months old (babies born in Aug. 2023)

Date: Fri. 14 Mar.

Time: 12:50 p.m. - 1:50 p.m.

3) Children - aged 3 years old (babies born in Sep. 2021)

Date: Wed. 12 Mar.

Time: 12:50 p.m. - 1:50 p.m.

(4) Baby Class for babies born in Dec. 2024

Date: Mon. 17 Mar.

Time: 1:00 p.m. - 1:20 p.m.

Inquiries: Tokai Health Center, ph. 029-282-2797

3. Support Benefits for Lower Income Households

The Japanese government provides a Special Relief Payment (30,000 yen) to lower income households, with an additional Special Child Allowance (20,000 yen) per child under 18 years old. Confirmation letters will be sent to eligible households in Mar. For more information, contact Community Welfare Section.

Application: Apply to Community Welfare Section by Fri. 30 May.

Inquiries: Community Welfare Section, ph. 029-212-8822

4. Tokai-mura Care Center for Sick and Convalescent Children “Rupinasu”

When parents/guardians cannot take care of a sick/convalescent child at home due to work or other reasons, temporary childcare service is provided at the Care Center for Sick and Convalescent Children “Rupinasu” located next to Tokai Hospital.

The service is available from 8:00 a.m. to 6:00 p.m., Mon. to Fri. (except public holidays and Dec. 29 to Jan. 3). To use the service, you need to take your child to a clinic and have the doctor fill out a medical information form.

Registration in advance is required at the beginning of each fiscal year. You need to submit a registration form from Mon. 3 Mar. at Rupinasu from 8:00 a.m. to 5:30 p.m., Mon. to Fri. (except public holidays). The registration form is available at Rupinasu, Tokai Hospital and Childcare Support Section, or can be downloaded from Childcare Support portal website "Nobi-nobi Kosodate Cho"

<https://www.tokai-kosodate.jp/pagecat201/rupinasu>

Inquiries: Tokai-mura Care Center for Sick and Convalescent Children "Rupinasu", ph. 029-283-3522, Tokai Hospital, ph.029-282-2188, Childcare Support Section, ph.029-282-1711 ext.1189

5. Basic Physical Training Course

Date: Sun. 16 Mar.

Time: 10:00 a.m. – 11:45 a.m.

Place: Tokai Gymnasium

Eligible people: People who are between 40 and 79 years old and live in Tokai Village

Capacity: 10 people (The minimum number is 5.)

Instructor: Mr. Yuto Sakai

Cost: 700 yen per person

Application: Apply with the fee at Tokai Gymnasium between 8:30 a.m. and 5:15 p.m. from Thu. 27 Feb. to Thu. 13 Mar. (except Mon.)

Inquiries: Tokai Gymnasium, ph. 029-283-0673

6. Tokai-Mura Wind Orchestra Spring Concert

Date: Sun. 9 Mar.

Time: 2:00 p.m. (Doors open at 1:15 p.m.)

Place: Tokai Culture Center

Cost: Free

Inquiries: Tokai Culture Center, ph. 029-282-8511

For details, see: <http://tmwo.bitter.jp/>