広報とうかい 9/25 号

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Tokai Newsletter 25 Sep. 2026

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1. Weekend Medical Services in Oct.

Hours: 9:00 a.m. - noon

Sun. 4: Ibarakihigashi National Hospital, ph.029-282-1151

Sun.11: Tokai Hospital, ph.029-282-2188

Mon. 12: Usui Clinic, ph.029-229-0855

Sun. 18: Tokai Hospital, ph.029-282-2188

Sun. 25: Ogata Clinic, ph.029-282-4781

Ibaraki Children Emergency Information Helpline, ph. #8000 or 050-5445-2856

Hours: open 24 hours, every day of the year (including emergency medical information)

Ibaraki Adult Emergency Information Helpline, ph. #7119 or 050-5445-2856
Hours: open 24 hours, every day of the year (including emergency medical information)

2. Health Checks and Consultations in Oct.

(1) Health Consultation for Mothers and Children

Date: Fri. 23 Oct.

Time: 9:00 a.m. - 11:30 a.m., 1:00 p.m. - 3:00 p.m.

Please make an appointment.

(2) "Genki-up" Health Consultation for Adults

Date: Fri. 23 Oct.

Time: 9:00 a.m. - 11:30 a.m., 1:00 p.m. - 3:00 p.m.

Please make an appointment.

(3) Health Check for Babies

1) Children - aged 1 year and 6 months old born in Mar. 2025

Date: Fri. 16 Oct.

Time: 12:50 p.m. - 13:20 p.m.

2) Children - aged 3 years old born in Apr. 2023

Date: Wed. 7 Oct.

Time: 12:50 p.m. - 1:20 p.m.

3) Children - aged 5 years old born in Oct. 2021

Date: Wed. 21 Oct.

Time: 12:30 p.m. - 2:50 p.m.

(4) Toddler Class for those born in Feb. 2024

Date: Thu. 22 Oct.

Time: 9:30 a.m. - 9:50 a.m.

(5) Baby Food Class for babies born in May & Jun. 2026

Date: Thu. 1 Oct.

Time: 1:15 p.m. - 1:30 p.m.

Please make an appointment.

(6) Baby Class for babies born in Mar. 2026

Date: Thu. 8 Oct.

Time: 1:00 p.m. - 1:30 p.m.

Place: Tokai Health Center in Tokai Welfare Center "Kizuna"

Inquiries: Tokai Health Center, ph. 029-282-2797

3. Admission Information of Public Kindergarten and Kodomoen for 2027

Eligible people:

a) 5-year-old children born between 2 Apr. 2021 and 1 Apr. 2022

b) 4-year-old children born between 2 Apr. 2022 and 1 Apr. 2023

c) 3-year-old children born between 2 Apr. 2023 and 1 Apr. 2024

Application Distribution: Available for pick-up from Thu. 1 Oct. at kindergarten/kodomoen in your school district or Childcare Support Section in Tokai Village Office, or can be downloaded from Childcare Support portal website "Nobi-nobi Kosodate Cho" at https://www.tokai-kosodate.jp/pagecat301/xqldb4rj5o-1725321380

Application: Submit the application to the kindergarten/kodomoen of your school district during each specified period shown below.

*Tokai Muramatsu-Syuku Kodomoen accepts applications from out of the school district.

Application period:

(1) Tokai Muramatsu-Syuku Kodomoen, ph. 029-282-3700 (Terunuma Elementary School District):

Thu. 8 and Fri. 9 Oct., 10:00 a.m. – 11:30 a.m. for residents of the Terunuma Elementary School District

Fri. 9 Oct., 1:30 p.m. – 2:00 p.m. for residents outside of the Terunuma Elementary School District.

*If there are too many applicants from outside of the school district, a lottery will be held on the day of application. The school district can be checked at;

https://www.vill.tokai.ibaraki.jp/kosodate_kyoiku/sho_chugakko/2289.html

(2) Muramatsu Kindergarten, ph. 029-282-2867 (Shirakata, Muramatsu, Funaishikawa, Nakamaru and Ishigami Elementary School District):

Wed. 14 and Thu. 15 Oct., 9:00 a.m. – 10:00 a.m. and 1:00 p.m. – 2:00 p.m.

Inquiries: Childcare Support Section, ph. 029-282-1711 ext. 1185

4. Subsidized Vaccination Information

(1) Influenza Vaccination

Subsidy period: Thu. 1 Oct. 2026 - Sun. 31 Jan. 2027

1) Eligible people: Children between the ages of one (as of the vaccination day) and 15 years old (3rd year junior high)

Cost: 1,000 yen per vaccination (3,500 yen for nasal spray)

Application: No need to apply for the subsidy. Vaccination coupons will be sent out to eligible people soon. However, guardians of children born in Jan. 2026 need to contact Tokai

Health Center to apply for the coupon.

2) Eligible people: Residents 65 years and over (as of the vaccination day)

Cost: Free

Application: No need to apply for the subsidy. Vaccination coupons will be sent out to eligible people soon. However, those who were born in Jan. 1962 need to contact Tokai Health Center to apply for the coupon.

*Be sure to receive the vaccination after your 65th birthday.

3) Eligible people: Residents between 60 and 64 years old who qualify for level one disabilities due to heart, kidney or respiratory disease, or immune function disabilities.

Cost: Free

Application:

-If you apply for this category for the first time, bring your Physical Disability Certificate to apply at Tokai Health Center.

-Previous recipients only need to call Tokai Health Center to apply.

4) Eligible people: Residents between one and 64 years old whose entire household is exempt from resident tax.

Cost: Free

Application: Bring your Tax Exemption Certificate to apply for the Influenza Vaccination Subsidy to apply at Tokai Health Center. If there are any applicants in your family between the ages of 1 and 15 years old, bring the received vaccination coupon as well.

*To get the Tax Exemption Certificate issued, bring your ID (e.g. driver's license) and fill out an application form at Tax Section (Tokai Village Office 1F). It will cost 200 yen.

5) Eligible people: Residents between one and 64 years old who receive Public Assistance.

Cost: Free

Application: Bring your 'Certificate of Public Assistance' (seikatsu hogo jukyusho) to apply at Tokai Health Center. If there are any applicants in your family between the ages of 1 and 15 years old, bring the received vaccination coupon as well.

***Note**: Those who do not fall into the above categories need to pay for the full expense of vaccination. If you want to receive the vaccination, make inquiries at any hospitals or clinics.

Inquiries: Tokai Health Center, ph. 029-282-2797

(2) Coronavirus Vaccination

Subsidy period: Thu. 1 Oct. 2026 - Wed. 31 Mar. 2027

1) Eligible people: Residents 65 years and over (as of the vaccination day)

Cost: You will pay the vaccination fee minus the village subsidy 5,000 yen.

Application: No need to apply for the subsidy. Vaccination coupons will be sent out to

eligible people soon. However, those who were born in Mar. 1962 need to contact Tokai Health Center to apply for the coupon.
*Be sure to receive the vaccination after your 65th birthday.
2) Eligible people: Residents between 60 and 64 years old who qualify for level one disabilities due to heart, kidney or respiratory disease, or immune function disabilities.
Cost: You will pay the vaccination fee minus the village subsidy 5,000 yen.
Application:
-If you apply for this category for the first time, bring your Physical Disability Certificate to apply at Tokai Health Center.
-Previous recipients only need to call Tokai Health Center to apply.
*Bring your Certificate of Public Assistance (seikatsu hogo jukyusho) if you receive Public Assistance.
***Note**: Those who do not fall into the above categories need to pay for the full expense of vaccination. If you want to receive the vaccination, make inquiries at any hospitals or clinics.
Inquiries: Tokai Health Center, ph. 029-282-2797

5. Autumn Cleanup Day
Date: Sat. 10 Oct.
*In case of rain, the cleanup will be postponed until Sun. 11 Oct. Notification will be given through the community radio system at 6:30 a.m.
Time: 7:00 a.m. – 8:00 a.m.
Place: All areas of Tokai Village
Other: Separate the garbage into burnable and non-burnable.
Inquiries: Resident Safety Section, ph. 029-282-1711 ext. 1452

6. Fun Activity for Dads and Kids
Date: Sun. 8 Nov.
Time: 10:00 a.m.- 11:30 a.m.
Place: Masaki Community Center
Eligible people: Fathers and children 2-3 years old in pairs who live in Tokai Village *If there are too many applicants, a lottery will be held.
Capacity: 20 pairs
Other: Bring a towel, a change of clothes and indoor shoes (in case of rain).
Application: Apply online by Tue. 20 Oct. at:

https://www.vill.tokai.ibaraki.jp/soshikikarasagasu/kyoikuiinkai/shogaigakushuka/seisyounen/ibentonado/5195.html

Inquiries: Tokai Village Youth Development Council, ph.029-287-0851

7. Hello Baby Classes for Pregnant Women

Let's learn about pregnancy, childbirth, childcare, and share your concerns and experiences with us as an expecting mother. You can join either one or both classes.

Date and Content:

(1) Fri. 6 Nov., 9:15 a.m. - noon (Registration starts at 9:00 a.m.)

Lecture by a midwife, a nutrition manager and a dental hygienist. Childcare service will be provided for free.

(2) Sat. 7 Nov., 9:15 a.m. - 11:50 a.m. (Registration starts at 9:00 a.m.)

Talk about babies' crying / how to bathe a newborn / pregnancy experience for fathers / useful tips for before and after childbirth. Bring an apron for each attendee. No childcare service will be provided.

Place: Tokai Health Center

Capacity: (1) 12 people, (2) 16 pairs

Other: Bring your Maternal and Child Health Handbook (Boshi Kenko Techo), the supplementary handbook, pen and notebook.

Applications: Apply from Wed. 30 Sep. to Mon. 26 Oct. at: https://tokai-vill.city-ca.jp/

Inquiries: Tokai Health Center, ph. 029-282-2797

8. Healthy Walking Group

One-hour walk along the Ibaraki Health Road "Oshinobe/Tenjinyama" course.

Date: Fri. 2 Oct. (The event will be held indoors in case of rain)

Time: 9:30 a.m. – 11:30 a.m. (Registration starts from 9:00 a.m.)

Meeting place: Tokai Welfare Center "Kizuna"

Eligible People: Tokai Village residents

Capacity: 30 people

Other: No reservation is required. Bring a drink, a towel, indoor shoes in case of rain, and wear comfortable clothes.

Inquiries: Tokai Health Center, ph. 029-282-2797 For details, see: https://www.vill.tokai.ibaraki.jp/soshikikarasagasu/fukushibu/kenkozoshinka/2/1/2/1490.html

9. Wetland Botanical Tour

Date: Sat. 17 Oct.

Time: 9:00 a.m.- 11:00 a.m.

Meeting Place: Parking Lot No. 2, Akogigaura Park

Capacity: 15 people

Application: Apply by phone or e-mail (your name/s, phone number, and program name) to Lifelong Learning Section (maruhaku@vill.tokai.ibaraki.jp) from Wed. 30 Sep. to Wed. 14 Oct.

Inquiries: Lifelong Learning Section, ph. 029-287-0851

10. Shelly's Nature Lab: Field Trip with Hazard Map

Date: Sat. 24 Oct. (Canceled in case of rain)

Time: 10:00 a.m. - 11:00 a.m.

Meeting Place: Muramatsu Community Center

Eligible people: Elementary school students and older

Capacity: 10 people

Application: Apply online from Wed. 30 Sep. to Wed. 14 Oct. at:
https://apply.e-tumo.jp/vill-tokai-ibaraki-u/offer/offerDetail_initDisplay?tempSeq=92562

Inquiries: Lifelong Learning Section, ph. 029-287-0851

11. Piano Marathon Concert

60 players and groups will play piano solo, four-handed performance and ensemble.

Date: Sun. 4 Oct.

Time: 10:00 a.m. - 5:00 p.m. (Doors open at 9:30 a.m.)

Place: Tokai Culture Center

Cost: Free

Inquiries: Tokai Culture Center, ph. 029-282-8511

For details, see: https://www.tokai-cs.or.jp/post-7627/