

広報とうかい 11/25 号

1. 12 月の休日診療
2. 12 月の健康相談
3. 東海村子ども芸術祭
4. 東の村からの贈り物コンサート
5. 妊婦のための「ハローベビースクール」
6. ひとり親世帯のお子さんへ入学祝い品を差し上げます
7. 革命のアルゼンチンタンゴ・コンサート

Tokai Newsletter 25 Nov. 2025

1. Weekend Medical Services in Dec.
2. Health Checks and Consultations in Dec.
3. Children's Art Festival
4. Concert by Local Musicians
5. Hello Baby Classes for Pregnant Women
6. School Supplies Donation to New Students
7. Argentine Tango Concert

1. Weekend Medical Services in Dec.

Hours: 9:00 a.m. - noon

Sun. 7: Higashihara Clinic, ph.029-283-2301

Sun. 14: Tokai Hospital, ph.029-282-2188

Sun. 21: Ibarakihigashi National Hospital, ph.029-282-1151

Sun. 28: Tokai Hospital, ph.029-282-2188

Tue. 30: Ogata Clinic, ph.029-282-4781

Wed. 31: Ogata Clinic, ph.029-282-4781

Ibaraki Children Emergency Information Helpline, ph. #8000 or 050-5445-2856

Hours: Open 24 hours, every day of the year (including emergency medical information)

Ibaraki Adult Emergency Information Helpline, ph. #7119 or 050-5445-2856

Hours: Open 24 hours, every day of the year (including emergency medical information)

2. Health Checks and Consultations in Dec.

(1) Health Consultation for Mothers and Children

Date: Fri. 12 Dec.

Time: 9:00 a.m. - 11:30 a.m., 1:00 p.m. - 3:00 p.m.

Please make an appointment.

(2) "Genki-up" Health Consultation for Adults

Date: Fri. 12 Dec.

Time: 9:00 a.m. - 11:30 a.m., 1:00 p.m. - 3:00 p.m.

Please make an appointment.

(3) Health Check for Babies

1) Infants for babies born in Jul. 2025

Date: Wed. 3 Dec.

Time: 12:50 p.m. - 1:50 p.m.

2) Children - aged 1 year and 6 months old for babies born in May 2024

Date: Fri. 19 Dec.

Time: 12:50 p.m. - 1:50 p.m.

3) Children - aged 3 years old for babies born in Jun. 2022

Date: Wed. 17 Dec.

Time: 12:50 p.m. - 1:50 p.m.

(4) Baby Class for babies born in Sep. 2025

Date: Thu. 11 Dec.

Time: 1:30 p.m. - 1:50 p.m.

(5) Dental Checkup Class for babies born in May & Jun. 2025

Date: Wed. 24 Dec.

Time: 1:15 a.m. - 1:30 a.m.

Please make an appointment.

Place: Tokai Health Center in Tokai Welfare Center "Kizuna"

Inquiries: Tokai Health Center, ph. 029-282-2797

3. Children's Art Festival

Calligraphy, Painting & Pottery Exhibition:

Sat. 6 Dec. 1:00 p.m. – 5:00 p.m. and Sun. 7 Dec. 9:00 a.m. – 5:00 p.m.

Stage Performances: Sun. 7 Dec. 0:50 p.m. – 4:00 p.m.

Workshops: Sun. 7 Dec.

Place: Tokai Culture Center

Cost: Free

Inquiries: Tokai Culture Center, ph. 029-282-8511, <http://www.tokai-cs.or.jp/post-6747/>

4. Concert by Local Musicians

Date: Sun. 15 Mar.

Time: 2:00 p.m. (Doors open at 1:15 p.m.)

Place: Tokai Culture Center

Capacity: 800 people

Cost: General: 1,000 yen/person, high school students and younger: 500 yen/person

*No preschool children allowed. Apply for free childcare service if necessary.

Performers: Natsumi Sugiyama (horn), Hikaru Nishiyama (oboe), Asuka Kishi (piano)

Application: Tickets will be sold at the Cultural Center from 9:00 a.m. on Sun. 14 Dec. If there are remaining tickets available, reservations will be accepted by phone from 1:00 p.m. on Sun. 14 Dec.

Inquiries: Tokai Culture Center, ph. 029-282-8511

For details, see: <http://www.tokai-cs.or.jp/post-6670/>

5. Hello Baby Classes for Pregnant Women

Let's learn about pregnancy, childbirth, childcare, and share your concerns and experiences with us as an expecting mother. You can join either one or both classes.

Date and Content:

(1) Fri. 23 Jan., 9:15 a.m. - noon (Registration starts at 9:00 a.m.)

Lecture by a midwife, a nutrition manager and a dental hygienist. Childcare service will be provided for free.

(2) Sat. 24 Jan, 9:15 a.m. - 11:50 a.m. (Registration starts at 9:00 a.m.)

Talk about babies' crying / how to bathe a newborn / pregnancy experience for fathers / useful tips for before and after childbirth. Bring an apron for each attendee. No childcare service will be provided.

Place: Tokai Health Center

Capacity: (1) 12 people, (2) 16 pairs

Other: Bring your Maternal and Child Health Handbook (Boshi Kenko Techo), the supplementary handbook, pen and notebook.

Applications: Apply from Fri. 12 Dec. to Thu. 8 Jan. at: <https://tokai-vill.city-ca.jp/>

Inquiries: Tokai Health Center, ph. 029-282-2797

6. School Supplies Donation to New Students

Free school supplies will be offered to children in single-parent families.

Eligible people: Single-parent households living in Tokai Village with a child who will enter elementary school in April 2026

Application: Apply to Childcare Support Section, ph.029-282-1711 ext.1183, by Fri. 19 Dec.

Inquiries: Ibaraki Prefecture Mothers and Children Welfare Association, ph. 029-221-7505

7. Argentine Tango Concert

Special tango music performance with violin, bandoneon, piano and koto.

Date: Mon. 9 Feb.

Time: 1:30 p.m. (Doors open at 1:00 p.m.)

Place: Tokai Industry and Information Plaza "iVil"

Cost: Free

Application: Refer to <https://www.joyogeibun.or.jp/event/>

Inquiries: Joyo Geibun Center, ph. 029-231-6611