

広報とうかい 3/10号

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2. 窓口業務時間延長
3. 東海村食料品物価高騰対応支援金
4. カタログポケットはじめました
5. 一般ドックまたは脳ドックの受診費用を補助します
6. こんにちは！SC スマイル TOKAI です！
7. 村内に新たな民間学童が開設されます
8. アイヴィルシェアキッチン
9. 東海さくらまつり
10. 東海村少年少女合唱団「第43回定期演奏会」
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12. 陽だまりのおはなし会

Tokai Newsletter 10 Mar. 2026

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1. Weekend Medical Services in Mar.

Hours: 9:00 a.m. - noon

Sun. 15: Ibarakihigashi National Hospital, ph.029-282-1151

Fri. 20: Ishii Orthopedics (Seikeigeka) Clinic, ph.029-270-5141

Sun. 22: Tokai Hospital, ph.029-282-2188

Sun. 29: Ogata Clinic, ph.029-282-4781

Ibaraki Children Emergency Information Helpline, ph. #8000 or 050-5445-2856

Hours: Open 24 hours, every day of the year (including emergency medical information)

Ibaraki Adult Emergency Information Helpline, ph. #7119 or 050-5445-2856

Hours: Open 24 hours, every day of the year (including emergency medical information)

2. Extension of Administrative Service Time

Date: Every 1st and 3rd Thu.

Time: 8:30 a.m. - 7:00 p.m.

Services and Sections:

Civil Registration Section; Resident registration, seal (hanko) registration, My Number Card, passport issuance, and publishing of other certifications and permissions

Health Insurance Section; Procedures of National Health Insurance, National Pension Plan, Long Life Medical Care for the Elderly, Medical Welfare Subsidy and Long-term Care Insurance

Tax Section; Issuance of certifications, (local) taxpayer assistance (needs reservation)

Accounting Section; Payment of tax (except national tax, prefectural tax and national pension premiums) and royalties

Childcare Support Section; Procedures for day-care centers and kindergartens, application of child allowance and child-rearing allowance

Waterworks Section; Procedures to supply public water, payment of water and sewage bills

3. Tokai Village Inflation Relief Benefit

Tokai Village will provide an Inflation Relief Benefit (6,000 yen per person) to its residents. Eligible recipients are those registered as village residents as of 1 Feb.

Households that receive a notification postcard in Mar. do not need to submit an application.

Households that receive an application form in Apr. should complete the form and return it as instructed. The benefit will be deposited into the bank account of the head of household.

For details, see:

<https://www.vill.tokai.ibaraki.jp/soshikikarasagasu/sougousenryaku/seisaku/12334.html>

Inquiries: Policy Promotion Section, ph. 029-212-5658

4. Catalog Pocket App for Tokai Newsletter

Using the Catalog Pocket app, you can now read Tokai Newsletter more easily and conveniently. It supports 10 languages. Both the app version and the browser version are available free of charge, so please give them a try.

<https://www.vill.tokai.ibaraki.jp/soshikikarasagasu/sougousenryaku/tiikisernyakuka/39/40/4/1/12433.html>

Inquiries: Community Strategy Section, ph. 029-282-1711 ext. 1339

5. Subsidy for Complete Physical Examination (General Dock or Brain Dock)

Eligible people: Those who are over 20 years of age and enrolled in Tokai Village National Health Insurance or Late-stage Medical Care Insurance for the Elderly

Place:

Tokai Hospital, ph. 029-282-2614

Hitachi, Ltd. Hitachinaka General Hospital, ph. 029-354-6795

Hitachi, Ltd. Hitachi General Hospital, ph. 0294-23-3971

Ibaraki Medical Center, ph. 029-243-1111

Higashikanto Clinic, ph. 029-221-1200

Hitachi Medical Center, 0294-33-5911

Seirei Memorial Hospital, ph. 0294-52-8531

Seirei Memorial Hospital Hitachinaka, ph. 029-219-8400

Brainpier Minamiohta, ph. 0294-70-1711

Brainpier Hitachinaka, ph. 029-219-7702

*The amount of self-pay burden varies depending on each medical institution.

Other:

-You can take an examination (either General Dock or Brain Dock) once a fiscal year.

-If you take a General Dock, you cannot take some other examinations provided by Tokai Village within the same fiscal year.

-There are some examinations not eligible for the subsidy. Please check with each medical institution for the cost.

Application: Apply at Health Insurance Section with your insurance certificate between Wed. 1 Apr. 2026 and Fri. 5 Mar. 2027.

*After making a reservation at a designated medical institution, you need to apply for the subsidy at Health Insurance Section, before taking the examination.

Inquiries: Health Insurance Section, ph. 029-282-1711 ext. 1172

6. What is SC Smile Tokai?

SC Smile Tokai is an NPO local membership sports club aiming to make sports enjoyable for everyone in the community. It has 921 members from infants to adults.

It has various kinds of sports classes including aerobics, physical training, table tennis, tennis, volleyball, track and field, mini basketball, golf, hiking and yoga. It also organizes some sports events for the community.

Membership application

Eligible people: Anyone who lives, works or goes to school in Tokai Village

The annual membership fee is 2400 yen for elementary school students and under (2000 yen for renewal), 3600 yen for junior high and high school students (3000 yen for renewal), and 6000 yen for university students and adults (5000 yen for renewal).

For more information, see SC Smile Tokai website at <https://scsmiletokai.com/>

Inquiries: SC Smile Tokai at Tokai Gymnasium, ph.029-283-1001

7. New Private After-school Children's Club

There are 5 private after-school children's clubs in the village in addition to the 7 public clubs. In Apr. this year, another private after-school children's club, "LYN International School," will open. For more information, please contact the club directly (ph. 070-1342-4041) or see the Childcare Support Portal Website "Nobi-nobi Kosodate Cho":

<https://www.tokai-kosodate.jp/pagecat301/gakudoclub04>

Inquiries: Childcare Support Section, ph.029-282-1711 ext.1187

8. "iVil Share Kitchen" Opens on 1 Apr.

"iVil Share Kitchen" is a shared kitchen facility open to anyone, including aspiring restaurant owners and local community members. Those who wish to cook can use professional-grade equipment by the hour, while those who wish to eat can enjoy unique menus offered daily by different vendors.

Date: Opens on Wed. 1 Apr. (Closed on Tue.)

Time: 9:00 a.m. - 9:00 p.m.

*For details of restaurants and hours, see <https://ivil-sharekitchen.com/>

Place: Tokai Industry and Information Plaza "iVil"

Inquiries: Industrial Policy Section, Ph. 029-287-0855

<https://www.vill.tokai.ibaraki.jp/soshikikarasagasu/sangyobu/sangyoseisakuka/4/3/12179.html>

9. Tokai Sakura Matsuri

Tokai Sakura Matsuri (cherry blossom festival) will be held from Sat. 28 Mar. to Sun. 12 Apr. at Akogigaura Park. The Park will be illuminated after sunset until 9:00 p.m. during the festival.

Inquiries: Tokai Village Tourism Association, ph. 029-287-0855

https://www.tokai-kanko.com/fes/sakura_fes.html

10. Tokai-mura Boys and Girls Choir Annual Concert

Date: Sun. 22 Mar.

Time: 1:30 p.m. (Doors open at 1:00 p.m.)

Place: Tokai Culture Center

Cost: Free

Inquiries: Tokai Culture Center, ph. 029-282-8511 *No advance application is required.

<http://www.tokai-cs.or.jp/post-7058/>

11. Seeking Poran Circle Annual Members for the Year 2026

Poran Circle offers a place where members can have a pleasant time playing together.

Date and Time: 9:30 a.m. – 11:00 a.m. on Wed.

Place: Tulip Daycare Center

Eligible people: Children born between Apr. 2022 and Mar. 2026 and their guardians

Capacity: 10 pairs

Other: The playground is open to the public from 9:30 a.m. to 3:00 p.m., and childcare consultation is provided from 10:00 a.m. to 3:00 p.m. on weekdays. (Reservations are required.)

Application and Inquiries: Apply to Tulip Daycare Center, ph. 029-282-3158, by Wed. 25 Mar.

12. Storytelling for Everyone "Hidamari" at the Library

Date: Tue. 31 Mar.

Time: 2:00 p.m. – 3:00 p.m.

Place: Tokai Library

Inquiries: Tokai Library, ph. 029-282-3435 *No advance application is required.