

広報とうかい 7/25 号

1. 8月の休日診療
2. 8月の健康相談
3. みんなで「水戸ホーリーホック」を応援しよう！
4. 受診しましょう「腹部超音波検診」
5. ソフトボール教室

Tokai Newsletter 25 Jul. 2024

1. Weekend Medical Services in Aug.
2. Health Checks and Consultations in Aug.
3. Mito Hollyhock Autograph Session and Ticket Sales
4. Abdominal Ultrasound
5. Softball Class

1. Weekend Medical Services in Aug.

Hours: 9:00 a.m. - noon

Sun. 4: Tokai Clinic, ph.029-283-1711

Sun. 11: Ibarakihigashi National Hospital, ph.029-282-1151

Mon. 12: Tokai Hospital, ph.029-282-2188

Sun. 18: Tokai Hospital, ph.029-282-2188

Sun. 25: Higashihara Clinic, ph.029-283-2301

Ibaraki Children Emergency Information Helpline, ph. #8000 or 050-5445-2856

Hours: open 24 hours a day, every day of the year (including emergency medical information)

Ibaraki Adult Emergency Information Helpline, ph. #7119 or 050-5445-2856

Hours: open 24 hours a day, every day of the year (including emergency medical information)

2. Health Checks and Consultations in Aug.

(1) Health Consultation for Mothers and Children

Date: Fri. 23 Aug.

Time: 9:00 a.m. - 11:30 a.m., 1:00 p.m. - 3:00 p.m.

Please make an appointment.

(2) “Genki-up” Health Consultation for Adults

Date: Fri. 23 Aug.

Time: 9:00 a.m. - 11:30 a.m., 1:00 p.m. - 3:30 p.m.

Please make an appointment.

(3) Health Check for Babies

1) Infants (born in Mar. 2024)

Date: Wed. 7 Aug.

Time: 12:50 p.m. - 1:50 p.m.

2) Children - aged 1 year and 6 months old (born in Jan. 2023)

Date: Fri. 9 Aug.

Time: 12:50 p.m. - 1:50 p.m.

3) Children - aged 3 years old (born in Feb. 2021)

Date: Wed. 21 Aug.

Time: 12:50 p.m. - 1:50 p.m.

(4) Baby Class for babies born in May 2024

Date: Mon. 5 Aug.

Time: 1:00 p.m. - 1:20 p.m.

(5) Dental Checkup Class for babies born in Jan. & Feb. 2024

Date: Tue. 27 Aug.

Time: 9:30 a.m. - 9:45 a.m.

Please make an appointment.

Inquiries: Tokai Health Center, ph. 029-282-2797

3. Mito Hollyhock Autograph Session and Ticket Sales

Date: Thu. 8 Aug.

Time: 4:45 p.m.- 6:00 p.m.

Place: AEON Tokai 1F Food Court

Contents: Autograph session by three players, discount ticket sales for the soccer match on 31 Aug., sales of Mito Hollyhock merchandise, desserts and vegetables

Inquiries: Lifelong Learning Section, ph. 029-287-0851

4. Abdominal Ultrasound

An abdominal ultrasound is a medical imaging test to investigate abdominal symptoms or concerns about organs in the abdominal cavity.

Date: Tue. 27, Wed. 28, Thu. 29, Fri. 30 and Sat. 31 Aug.

Time: 8:00 a.m.- 11:45 a.m. (Appointment time will be specified.)

Place: Tokai Health Center

Eligible people: Tokai Village residents over 40 years old

Cost: 1,500 yen per person to be collected on the day

Application: Apply from Mon. 29 Jul. to Fri. 2 Aug.

In-person/By post: Submit your name, address, date of birth, phone number and two preferred dates to Tokai Health Center, 2005 Muramatsu, Tokai Village 319-1112.

Online:

<https://www.vill.tokai.ibaraki.jp/soshikikarasagasu/fukushibu/kenkozoshinka/2/1/1/8377.html>

*The application will be closed as soon as the number of applicants reaches the limit.

Inquiries: Tokai Health Center, ph. 029-282-2797

5. Softball Class

Dates: 4 Saturdays – 31 Aug., 7, 14, 21 Sep. (Sat. 5 Oct. is a backup day.)

Time: 5:30 p.m. - 7:00 p.m.

Place: Tokai-Minami Junior High School *Tokai Gymnasium in case of rain

Eligible people: Elementary school students and older who either live, work or go to school in Tokai Village (including family living together)

Capacity: 30 people (Minimum applicant count is 10.)

Cost: 500 yen per person

Others: Free equipment will be offered to applicants.

Application and Inquiries: Apply with the fee at Tokai Gymnasium between 8:30 a.m. and 5:15 p.m., from Tue. 30 Jul. to Sun. 25 Aug. (except Mon.) Tokai Gymnasium, ph. 029-283-0673