

## **広報とうかい 12/25 号**

1. 年末・1月の休日診療
2. 1月の健康相談
3. 民間学童クラブを紹介します！
4. 令和6年東海村消防出初式
5. みんなですこやかウォーキング
6. 東海村郷土かるたの原画展
7. 総合体育館の休館
8. 年末・年始のゴミ収集

## **Tokai Newsletter 25 Dec. 2024**

1. Weekend Medical Services for the End of the Year and Jan. 2025
2. Health Checks and Consultations in Jan.
3. Private After-school Children's Clubs
4. Fire Brigade New Year Parade 2025
5. Healthy Walking Group
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8. Garbage Disposal for the New Year's Holiday

### **1. Weekend Medical Services for the End of the Year and Jan. 2025**

**Hours:** 9:00 a.m. - noon

Dec. 2024

Sun. 29: Usui Clinic, ph.029-229-0855

Mon. 30: Ogata Clinic, ph.029-282-4781

Tue. 31: Ogata Clinic, ph.029-282-4781

Jan. 2025

Wed. 1: Tokai Hospital, ph.029-282-2188

Thu. 2: Tokai Hospital, ph.029-282-2188

Fri. 3: Tokai Clinic, ph.029-283-1711

Sun. 5: Ibarakihigashi National Hospital, ph.029-282-1151

Sun. 12: Ishii Orthopedics (Seikeigeka) Clinic, ph.029-270-5141

Mon. 13: Usui Clinic, ph.029-229-0855

Sun. 19: Ibarakihigashi National Hospital, ph.029-282-1151

Sun. 26: Ogata Clinic, ph.029-282-4781

**Ibaraki Children Emergency Information Helpline, ph. #8000 or 050-5445-2856**

Hours: Open 24 hours, every day of the year (including emergency medical information)

**Ibaraki Adult Emergency Information Helpline**, ph. #7119 or 050-5445-2856

Hours: Open 24 hours, every day of the year (including emergency medical information)

## **2. Health Checks and Consultations in Jan.**

### **(1) Health Consultation for Mothers and Children**

**Date:** Thu. 9 Jan.

**Time:** 9:00 a.m. - 11:30 a.m., 1:00 p.m. - 3:00 p.m.

Please make an appointment.

### **(2) “Genki-up” Health Consultation for Adults**

**Date:** Thu. 9 Jan.

**Time:** 9:00 a.m. - 11:30 a.m., 1:00 p.m. - 3:30 p.m.

Please make an appointment.

### **(3) Health Check for Babies**

#### **1) Infants for babies born in Aug. 2024**

**Date:** Wed. 8 Jan.

**Time:** 12:50 p.m. - 1:50 p.m.

#### **2) Children - aged 1 year and 6 months old for babies born in Jun. 2023**

**Date:** Fri. 17 Jan.

**Time:** 12:50 p.m. - 1:50 p.m.

#### **3) Children - aged 3 years old for babies born in Jul. 2021**

**Date:** Wed. 15 Jan.

**Time:** 12:50 p.m. - 1:50 p.m.

#### **(4) Baby Class for babies born in Oct. 2024**

**Date:** Tue. 14 Jan.

**Time:** 1:00 p.m. - 1:20 p.m.

**Inquiries:** Tokai Health Center, ph. 029-282-2797

## **3. Private After-school Children's Clubs**

There are 5 private after-school children's clubs in the village in addition to the 7 public clubs.

Please contact each club or see the Childcare Support Portal Website “Nobi-nobi Kosodate Cho” for more information: <https://www.tokai-kosodate.jp/pagecat301/gakudoclub04>

-Tulip After-school Children's Club, Ph. 029-287-7725

-Jolly Boat, Ph. 029-229-0778

-Oaks Funaba After-school Children's Club, Ph. 029-352-3680

-Wonder Rafu, Ph. 029-277-0586

-Murakko Gakudo, Ph. 080-4926-6197

**Inquiries:** Childcare Support Section, ph.029-282-1711 ext.1187

#### **4. Fire Brigade New Year Parade 2025**

The Fire Brigade will hold a ceremony and parade. The sirens will sound for one minute from 7:00 a.m. Please do not confuse them with a real fire alert.

**Date:** Sun. 12 Jan.

**Time:** 9:30 a.m. – 11:00 a.m.

**Place:** Tokai Culture Center

**Inquiries:** Disaster Prevention and Nuclear Energy Safety Section, ph. 029-282-1711, ext. 1523 \*Contact Tokai Fire Station, ph. 029-282-2038, on the day.

#### **5. Healthy Walking Group**

One-hour walk along the "Akogigaura and Kokuzo-do" course.

**Date:** Fri. 10 Jan. (Canceled in case of rain)

**Time:** 9:30 a.m. (Registration starts at 9:00 a.m.)

**Meeting place:** Muramatsu Community Center

**Eligible People:** Tokai Village residents

**Other:** No reservation is required. Bring a drink, a towel, and wear comfortable clothes. Please try carpooling due to the limited space in the parking lot.

**Inquiries:** Tokai Health Center, ph. 029-282-2797

#### **6. Local Karuta Exhibition at Tokai Village Museum**

Tokai Village Museum will have a special exhibition about local Karuta, a traditional Japanese card game. They also have "Karuta Game Day" on Sat. 11 Jan. from 10:00 a.m. to 2:00 p.m.

**Dates:** Sat. 4 to Sun. 19 Jan. (except Mon. 6 and Tue 14 Jan.)

**Place:** Tokai Village Museum (Rekishi To Mirai No Koryukan)

**Cost:** Free

**Inquiries:** Lifelong Learning Section, ph. 029-287-0851

## **7. Temporary Closure of Tokai Gymnasium**

Tokai Gymnasium will be closed from Tue. 18 to Mon. 24 Feb. due to electrical equipment repair work. During this time, reservations will be accepted at Tokai Culture Center. Thank you for your understanding and cooperation.

**Inquires:** Tokai Gymnasium, ph. 029-283-0673, 080-4590-8919 during the closure

## **8. Garbage Disposal for the New Year's Holiday**

### **(1) Collection days for burnable trash**

Collection day Monday and Thursday area:

- The last collection; Mon. 30 Dec. 2024
- The first collection; Mon. 6 Jan. 2025

Collection day Tuesday and Friday area:

- The last collection; Tue. 31 Dec. 2024
- The first collection; Tue. 7 Jan. 2025

\*Be sure to take burnable trash in a designated bag to the collection site by 8:30 a.m.

### **(2) Direct carry-in to Clean Centers**

In case you take the trash directly to either of the clean centers in Tokai or Hitachinaka, Hitachinaka Tokai Clean Center will be closed from Tue. 31 Dec. 2024 to Fri. 3 Jan. 2025, and Tokai Village Clean Center will be closed from Tue. 31 Dec. 2024 to Sun. 5 Jan. 2025.

As it is usually very crowded during the year-end and New Year's holidays, it is recommended to avoid those busy periods. The trash accepted at each clean center is as follows, and neither center will accept any trash in other categories.

-Hitachinaka Tokai Clean Center: burnable trash

Open from 8:30 a.m. to 4:30 p.m. on Mon. to Fri., from 8:30 a.m. to 11:30 a.m. on Sat.

-Tokai Village Clean Center: unburnable trash, bulky trash, recyclables, pruned branches and leaves

Open from 8:30 a.m. to 4:30 p.m. (except noon - 1:00 p.m.) on Mon. to Fri., from 8:30 to noon on 2nd & 4th Sat.

### **(3) Reservation required for taking trash directly to Clean Center on Sat. and during the New Year's Holiday**

You need to make a reservation online or by phone if you want to take burnable trash directly to the Hitachinaka Tokai Clean Center on Sat. and during New Year's holiday (Mon. 30 Dec.

and Sat. 4 Jan.) to avoid congestion. Reservations for the New Year's holiday will be accepted from 8:30 a.m. on Mon. 16 Dec. Thank you for your understanding and cooperation.

**Application:**

Online: <https://gomiyoaku.jp/> (24H)

By phone: 029-219-5553 (8:30 a.m. – 4:30 p.m., Mon. – Fri.)

**Inquiries:** Tokai Village Clean Center, ph. 029-282-7289

Hitachinaka Tokai Clean Center, ph. 029-265-5310

“Refuse Disposal Handbook”:

<https://www.vill.tokai.ibaraki.jp/material/files/group/1/20201224.pdf>

Trash collection schedule:

<https://www.vill.tokai.ibaraki.jp/material/files/group/8/hiwarihyou6EN.pdf>