広報とうかい 8/10 号

- 1. 8月の休日診療
- 2. 窓口業務時間延長
- 3. みんなで「水戸ホーリーホック」を応援しよう!
- 4. スポーツフェスタ TOKAI2024
- 5. ハローベビースクール
- 6. さちのみ認定子ども園 令和7年度一号認定児(幼稚園児枠)募集
- 7. ニュースポーツだョ!全員集合!
- 8. SC スマイル TOKAI「ゴルフ教室 | Part2
- 9. チャレンジスクール「剣道の部」
- 10. チャレンジスクール「合気道の部」
- 11. チャレンジスクール「スポーツウェルネス吹矢の部」
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Tokai Newsletter 10 Aug. 2024

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1. Weekend Medical Services in Aug.

Hours: 9:00 a.m. - noon

Sun. 4: Tokai Clinic, ph.029-283-1711

Sun. 11: Ibarakihigashi National Hospital, ph.029-282-1151

Mon. 12: Tokai Hospital, ph.029-282-2188

Sun. 18: Tokai Hospital, ph.029-282-2188

Sun. 25: Higashihara Clinic, ph.029-283-2301

Ibaraki Children Emergency Information Helpline, ph. #8000 or 050-5445-2856

Hours: open 24 hours a day, every day of the year (including emergency medical information)

Ibaraki Adult Emergency Information Helpline, ph. #7119 or 050-5445-2856

Hours: open 24 hours a day, every day of the year (including emergency medical information)

2. Extension of Administrative Service Time

Date: Every 1st and 3rd Thu. **Time:** 8:30 a.m. - 7:00 p.m.

Services and Sections:

Civil Registration Section; Resident registration, seal (hanko) registration, My Number Card, passport issuance, and publishing of other certifications and permissions

Health Insurance Section; Procedures of National Health Insurance, National Pension Plan, Long Life Medical Care for the Elderly, Medical Welfare Subsidy and Long-term Care Insurance

Tax Section; Issuance of certifications, (local) taxpayer assistance (needs reservation)

Accounting Section; Payment of tax (except national tax, prefectural tax and national pension premiums) and royalties

Childcare Support Section; Procedures for day-care centers and kindergartens, application of child allowance and child-rearing allowance

Waterworks Section; Procedures to supply public water, payment of water and sewage bills

3. Special Discount Tickets for Mito HollyHock Soccer Game

Date: Sat. 31 Aug.

Time: Kickoff at 6:00 p.m.

Place: K's Denki Stadium Mito (2058-1 Kobuki-cho, Mito)

Eligible people: Anyone who either lives, works or goes to school in Tokai Village

Capacity: 1,000 people

Cost: 1,500 yen/person for main side unreserved seat, 1,000 yen/person for back home

unreserved seat, 500 yen/person for behind the goal unreserved seat

*150 junior high and high school students receive free tickets and subsidized transportation to the stadium. Special passports are available for elementary school students and under, and people over 65 years of age.

Other: Drawing, sales of Tokai Village local products

Application: See https://www.vill.tokai.ibaraki.jp/bunka_sports/sports/mito/9767.html

Inquiries: Lifelong Learning Section, ph. 029-287-0851

4. Sports Festival TOKAI 2024

Date: Mon. 23 Sep.

Time: 10:00 a.m. - 4:30 p.m.

Place: Tokai Gymnasium and Tokai-Minami Junior High School

Eligible people: Anyone who either lives, works or goes to school in Tokai Village

Cost: Free

Contents: Physical fitness test, Sports experience booth, Imozo relay competition, Music & dance performance, Food & beverage booth, etc.

*Some events have reservation priority.

Other: Free childcare service will be provided for 5 children. Reservation required by Fri. 13 Sep.

Application and Inquiries: Apply to Tokai Gymnasium between 8:30 a.m. and 5:15 p.m., from Thu. 15 Aug. to Sun. 22 Sep. (except Mon.) in person or by email/fax. Tokai Gymnasium, ph. 029-283-0673, fax 029-287-1905, email: sports.zaidan@tokai-cs.or.jp

*Your name, age, gender, telephone number, participating event and time are required. Your address is required only if you are applying for the physical fitness test.

*For details, see:

https://www.vill.tokai.ibaraki.jp/soshikikarasagasu/kyoikuiinkai/shogaigakushuka/9/1 1/2/98 39.html

5. Hello Baby Classes for Pregnant Women

Let's learn about pregnancy, childbirth, childcare, and share your concerns and experiences with us as an expecting mother. You can join either one or both classes.

Date and Content:

(1) Fri. 6 Sep., 9:15 a.m. - 11:15 a.m. (Registration starts at 9:00 a.m.)

Lecture by a midwife, a nutrition manager and a dental hygienist. Childcare service will be provided for free.

(2) Sat. 7 Sep., 9:15 a.m. - 11:45 a.m. (Registration starts at 9:00 a.m.)

Talk about babies' crying / how to bathe a newborn / pregnancy experience for fathers / useful services for before and after childbirth. Bring aprons for each attendee. No childcare

service will be provided.

Place: Tokai Health Center

Capacity: (1) 8 people, (2) 12 pairs

Cost: Free

Other: Bring your Maternal and Child Health Handbook (boshi kenko techo), the supplementary handbook, a pen and a notebook.

Applications and Inquiries: Apply to Tokai Health Center, ph. 029-282-2797, or from the following Childcare Support Portal Website "Nobi-nobi Kosodate Cho", by Sun. 25 Aug. https://www.tokai-kosodate.jp/pagecat101/vs4102qzl6-1705992482#contentstop Reservations are required for both classes.

6. Admissions Information of Sachinomi Kodomoen for 2025

Capacity: 5 children, 3 years old, born between 2 Apr. 2021 and 1 Apr. 2022

*No vacancy for 4-year-old and 5-year-old children

*If there are too many applicants, a lottery will be held.

Other: A school tour will be held between 10:00 a.m. and 11:30 a.m. on Wed. 18 Sep. If you wish to participate, apply by phone between 10:00 a.m. and 5:00 p.m. from Wed. 4 to Fri. 6 Sep.

Application Distribution: 10:00 a.m.- 5:00 p.m. between Wed. 18 Sep. and Tue. 15 Oct. (except Sat., Sun. and public holidays) at Sachinomi Kodomoen

Application and Inquiries: Apply in person at Sachinomi Kodomoen between 9:50 a.m. and 10:00 a.m. on Wed. 16 Oct., ph. 029-212-5057.

7. New Sports Experience Day

New Sports Experience Day will be held every month featuring various unique sports.

Date: Sat. 31 Aug.

Time: 10:00 a.m.- 11:30 a.m.

Place: Tokai Gymnasium

Contents: Neo Hockey

Other: Bring indoor shoes, a drink and a towel, and wear comfortable clothes.

Application and Inquiries: Apply to Tokai Gymnasium by Wed. 28 Aug., ph. 029-283-0673

8. SC Smile Tokai "Golf Class"

Dates: 5 Sundays – 25 Aug., 1, 8, 22, 29 Sep.

Time: 1:30 p.m. - 2:30 p.m.

Place: Sakaide Golf Center in Naka City

Eligible people: Anyone who lives or works in Tokai Village (including family living together)

or belongs to SC Smile Tokai and is 18 years old or above

Capacity: 4 people

Instructor: Mr. Shigeru Nanao (PGA-qualified instructor)

Cost: 10,000 yen for Smile Tokai members, 12,500 yen for non-members

Application: Apply with the fee at Tokai Gymnasium between 8:30 a.m. and 5:15 p.m. by Tue.

20 Aug. (except Tue. 13 and Mon. 19 Aug.)

Inquiries: SC Smile Tokai at Tokai Gymnasium, ph.029-283-1001

9. Kendo Class

Dates: 6 Sundays – 8, 15, 29 Sep., 6, 13, 20 Oct.

Time: 1:30 p.m. - 3:00 p.m. Advanced classes can be extended until 4:00 p.m.

Place: Tokai Gymnasium

Eligible people: Elementary school students and older who either live, work or go to school

in Tokai Village (including family living together)

Capacity: 20 people (Minimum number is 5.)

Cost: 1,000 yen per person

Others: Free tools will be offered to applicants.

Application and Inquiries: Apply with the fee at Tokai Gymnasium between 8:30 a.m. and 5:15 p.m. by Sun. 1 Sep. (except Tue. 13 and Mon. 19 and 26 Aug.) Tokai Gymnasium, ph. 029-283-0673.

10. Aikido Class

Aikido is a Japanese martial art practiced by a wide range of people, regardless of age and gender. You can learn manners, basic skills and demonstration.

Dates: 6 Saturdays – 7, 14, 21 Sep., 5, 12, 19 Oct.

Time: 4:15 p.m. - 5:45 p.m. (You can practice until 6:15 p.m. if you want.)

Place: Tokai Gymnasium

Eligible people: Elementary school students and older who either live, work or go to school

in Tokai Village (including family living together)

Capacity: 20 people (Minimum number is 4.)

Cost: 500 yen per person

Other: Wear long sleeves and pants (jersey, Judo or Karate outfit) to prevent injury.

Application and Inquiries: Apply with the fee at Tokai Gymnasium between 8:30 a.m. and 5:15 p.m. by Sun. 1 Sep. (except Tue. 13 and Mon. 19 and 26 Aug.) Tokai Gymnasium, ph.

029-283-0673

11. Sport Fukiya (Blowgun) Class

Dates: 5 Saturdays – 7, 14, 21 Sep., 5, 12 Oct.

Time: 9:30 a.m. – 11:30 a.m. **Place**: Tokai Gymnasium

Eligible people: Elementary school students and older who either live, work or go to school

in Tokai Village (including family living together)

Capacity: 30 people (Minimum number is 5.)

Instructor: Tokai Village Sport Wellness Fukiya Association Instructor

Cost: 500 yen per person

Application: Apply with the fee at Tokai Gymnasium between 8:30 a.m. and 5:15 p.m. from

Thu. 15 to Sat. 31 Aug. (except Mon.)

Inquiries: Tokai Gymnasium, ph. 029-283-0673

12. Basic Physical Training Course

Date: Sun. 15 Sep.

Time: 10:00 a.m. – 11:45 a.m. **Place**: Tokai Gymnasium

Eligible people: People from the 40s to the 70s **Capacity**: 10 people (The minimum number is 5.)

Instructor: Mr. Yuto Sakai **Cost**: 700 yen per person

Application: Apply with the fee at Tokai Gymnasium between 8:30 a.m. and 5:15 p.m. from

Sat. 17 Aug. to Thu. 12 Sep. (except Mon.)

Inquiries: Tokai Gymnasium, ph. 029-283-0673

13. Japanese Tea Experience

Japanese tea will be served to visitors.

Date and Time: Sun. 15 Sep. – 12:30 p.m. to 1:30 p.m. and 3:00 p.m. to 4:30 p.m.

Mon. 16 Sep. - 1:00 p.m. to 3:30 p.m.

*A tea ceremony will be held every 30 minutes.

Place: Tokai Station Gallery at JR Tokai Station

Capacity: 10 people for each tea ceremony

Cost: 500 yen per person for a bowl of tea and a Japanese confectionery

Application and Inquiries: Apply in person to Tokai Station Community Facility Management Room (ph. 029-287-3680) from 9:00 a.m. on Sun. 1 Sep. If there is any vacancy, reservations will be taken by phone after 1:00 p.m. on Sun. 1 Sep.