

広報とうかい 4/25号

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Tokai Newsletter 25 Apr. 2026

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1. Weekend Medical Services in May

Hours: 9:00 a.m. - noon

Sun. 3: Usui Clinic, ph.029-229-0855

Mon. 4: Tokai Hospital, ph.029-282-2188

Tue. 5: Tokai Hospital, ph.029-282-2188

Wed. 6: Ibarakihigashi National Hospital, ph.029-282-1151

Sun. 10: Ishii Orthopedics (Seikeigeka) Clinic, ph.029-270-5141

Sun. 17: Higashihara Clinic, ph.029-283-2301

Sun. 24: Ogata Clinic, ph.029-282-4781

Sun. 31: Usui Clinic, ph.029-229-0855

Ibaraki Children Emergency Information Helpline, ph. #8000 or 050-5445-2856

Hours: Open 24 hours, every day of the year (including emergency medical information)

Ibaraki Adult Emergency Information Helpline, ph. #7119 or 050-5445-2856

Hours: Open 24 hours, every day of the year (including emergency medical information)

2. Health Checks and Consultations in May

(1) Health Consultation for Mothers and Children

Date: Fri. 8 May

Time: 9:00 a.m. - 11:30 a.m., 1:00 p.m. - 3:00 p.m.

Please make an appointment.

(2) "Genki-up" Health Consultation for Adults

Date: Fri. 8 May

Time: 9:00 a.m. - 11:30 a.m., 1:00 p.m. - 3:00 p.m.

Please make an appointment.

(3) Health Check for Children

1) Children – aged 1 year and 6 months old born in Oct. 2024

Date: Fri. 15 May

Time: 12:50 p.m. - 1:20 p.m.

2) Children - aged 3 years old born in Nov. 2022

Date: Wed. 13 May

Time: 12:50 p.m. - 1:20 p.m.

3) Children - aged 5 years old born in May 2021

Date: Wed. 20 May

Time: 12:50 p.m. - 1:20 p.m.

(4) Toddler Class for those born in Sep. 2023

Date: Mon. 18 May

Time: 9:30 p.m. - 9:50 p.m.

Place: Tokai Health Center in Tokai Welfare Center "Kizuna"

Inquiries: Tokai Health Center, ph. 029-282-2797

3. Collect "Tokai Sodachi" Stickers and Get Farm Products!

"Tokai Sodachi" Stickers can be found on local farm products sold at the following local shops in the village: Tokai Farmers Market "Niji no Naka", AEON Tokai, Kasumi Funaishikawa, Kasumi Tokai, York Benimaru Tokai and Green Cross Farm Ibaraki. You can participate in a drawing if you buy these local farm products and collect 20 stickers during the campaign. Winners will get local farm products.

When:

Closing of the first drawing: Sun. 21 Jun.

Closing of the second drawing: Wed. 23 Sep.

Closing of the third drawing: Sun. 20 Dec.

*You can participate as many times as you like.

Application: Put the application form in an application box provided at the shops or submit it to the Agriculture Support Center at Tokai Farmers Market "Niji no Naka". Application forms can also be downloaded from the Official Village Website.

Inquiries: Agriculture Support Center at Tokai Farmers Market "Niji no Naka", ph. 029-287-7867 (except Sat., Sun. and public holidays)

<https://www.vill.tokai.ibaraki.jp/soshikikarasagasu/sangyobu/nogyoseisakuka/3/1/2081.html>

4. Healthy Walking Group

A one-hour walking course around "Masaki Icho St. and Hanamizuki St.".

Date: Fri. 1 May (Canceled in case of rain)

Time: 9:30 a.m. - 11:30 a.m. (Registration starts at 9:00 a.m.)

Meeting place: Masaki Community Center

Eligible People: Tokai Village residents

Other: No reservation required. Bring a drink, a towel, and wear comfortable clothes.

Inquiries: Tokai Health Center, ph. 029-282-2797

For details, see:

<https://www.vill.tokai.ibaraki.jp/soshikikarasagasu/fukushibu/kenkozoshinka/2/1/2/1490.html>

5. Hello Baby Classes for Pregnant Women

Let's learn about pregnancy, childbirth, childcare, and share your concerns and experiences with us as an expecting mother. You can join either one or both classes.

Date and Content:

(1) Fri. 22 May, 9:15 a.m. - noon (Registration starts at 9:00 a.m.)

Lecture by a midwife, a nutrition manager and a dental hygienist. Childcare service will be provided for free.

(2) Sat. 23 May, 9:15 a.m. - 11:50 a.m. (Registration starts at 9:00 a.m.)

Talk about babies' crying / how to bathe a newborn / pregnancy experience for fathers / useful tips for before and after childbirth. Bring an apron for each attendee. No childcare service will be provided.

Place: Tokai Health Center

Capacity: (1) 12 people, (2) 16 pairs

Other: Bring your Maternal and Child Health Handbook (Boshi Kenko Techo), the supplementary handbook, pen and notebook.

Applications: Apply from Thu. 30 Apr. to Tue. 12 May at: <https://tokai-vill.city-ca.jp/>

Inquiries: Tokai Health Center, ph. 029-282-2797

6. Hiking Tour to Mt. Agatsuma

Date: Sat. 23 May.

Time: Meeting at Fureaino-mori Park at 6:20 a.m.

Departure time: 6:30 a.m.

Place: Mt. Agatsuma, Kiryu-city, Gunma pref.

Eligible people: Anyone who lives or works in Tokai Village (including family living together) or belongs to SC Smile Tokai and is 18 years old or above.

Capacity: 15 people

Cost: 8,000 yen for Smile Tokai members, 11,000 yen per person who lives together with a Smile Tokai member, 14,000 yen for non-members

Application: Apply with the fee at Tokai Gymnasium between 8:30 a.m. and 5:15 p.m., from Sat. 2 to Wed. 20 May. (Except Thu. 7, Mon. 11 and Mon. 18 May)

Inquiries: SC Smile Tokai at Tokai Gymnasium, ph.029-283-1001

7. Shelly's Nature Lab: Let's Go Beachcombing!

Explore the shore and observe the creatures and stones that wash up.

Date: Sat. 30 May

Time: 10:00 a.m. - 11:00 a.m.

Place: Muramatsu Beach (details to be announced later)

Capacity: 20 people

Application: Apply online from Fri. 1 to Fri. 22 May at:

https://apply.e-tumo.jp/vill-tokai-ibaraki-u/offer/offerList_detail?tempSeq=86030

Inquiries: Lifelong Learning Section, ph. 029-287-0851

8. Tide-Pool Creatures Observation

Explore Tide-Pool Creatures with Environmental Advisors!

Date: Sun. 31 May

Time: 9:00 a.m.- noon

Place: Hiraiso Coast (Hiraiso-cho, Hitachinaka)

Eligible people: Family who live in Tokai Village *Child aged 3 or older.

Capacity: 5 families *If there are too many applicants, a lottery will be held.

Cost: 500 yen per family group

Application: Apply online by Wed. 13 May at:

https://apply.e-tumo.jp/vill-tokai-ibaraki-u/offer/offerDetail_initDisplay?tempSeq=69605&accessFrom=

Inquiries: Lifelong Learning Section, ph. 029-287-0851

9. Light Vehicle Tax

Light vehicle tax bills will be sent out to owners soon. Please make payment at banks, convenience stores, the Japan Post Bank (in Kanto and Yamanashi pref.) or by smartphone apps designated on the back of the notice by Mon. 1 Jun. The amount will be deducted from your account on Mon. 1 Jun. only for bank transfer registrants.

If you have not received a tax notice, or have received it for a car that was scrapped or changed ownership before 1 Apr. 2026, contact the Tax Section. Regarding reduction and exemption for the disabled, apply to the Tax Section by Mon.1 Jun.

Inquiries: Tax Section, ph. 029-282-1711 ext. 1117, 1118