

広報とうかい 4/25 号

1. 5月の休日診療
2. 5月の健康相談
3. 「軽自動車税納税通知書」を郵送します
4. みんなですこやかウォーキング
5. 磯の生き物観察会
6. トレーニング基礎講座
7. 企画展「アーツ・アンド・クラフツとデザイン」

Tokai Newsletter 25 Apr. 2025

1. Weekend Medical Services in May
2. Health Checks and Consultations in May
3. Light Vehicle Tax
4. Healthy Walking Group
5. Exploring Coastal Creatures
6. Basic Physical Training Course
7. Special Exhibition: Arts & Crafts and Design: From William Morris to Frank Lloyd Wright

1. Weekend Medical Services in May

Hours: 9:00 a.m. - noon

Sat. 3: Closed *If you're unsure whether to call an ambulance or visit a doctor immediately, contact the emergency consultation service below.

Sun. 4: Tokai Hospital, ph.029-282-2188

Mon. 5: Tokai Hospital, ph.029-282-2188

Tue. 6: Ibarakihigashi National Hospital, ph.029-282-1151

Sun. 11: Ogata Clinic, ph.029-282-4781

Sun. 18: Higashihara Clinic, ph.029-283-2301

Sun. 25: Usui Clinic, ph.029-229-0855

Ibaraki Children Emergency Information Helpline, ph. #8000 or 050-5445-2856

Hours: open 24 hours a day, every day of the year (including emergency medical information)

Ibaraki Adult Emergency Information Helpline, ph. #7119 or 050-5445-2856

Hours: open 24 hours a day, every day of the year (including emergency medical information)

2. Health Checks and Consultations in May

(1) Health Consultation for Mothers and Children

Date: Fri. 9 May

Time: 9:00 a.m. - 11:30 a.m., 1:00 p.m. - 3:00 p.m.

Please make an appointment.

(2) “Genki-up” Health Consultation for Adults

Date: Fri. 13 May

Time: 9:00 a.m. - 11:30 a.m., 1:00 p.m. - 3:00 p.m.

Please make an appointment.

(3) Health Check for Babies

1) Infants for babies born in Dec. 2024

Date: Wed. 7 May

Time: 12:50 p.m. - 1:50 p.m.

2) Children - aged 1 year and 6 months old for babies born in Oct. 2023

Date: Fri. 30 May

Time: 12:50 p.m. - 1:50 p.m.

3) Children - aged 3 years old for babies born in Nov. 2021

Date: Wed. 14 May

Time: 12:50 p.m. - 1:50 p.m.

4) Baby Class for babies born in Feb. 2025

Date: Thu. 8 May

Time: 1:30 p.m. - 13:50 p.m.

Place: Tokai Health Center in Tokai Welfare Center "Kizuna"

Inquiries: Tokai Health Center, ph. 029-282-2797

3. Light Vehicle Tax

Light vehicle tax bills will be sent out to owners soon. Please make payment at banks, convenience stores, the Japan Post Bank (in Kanto and Yamanashi pref.) or by smartphone apps designated on the back of the notice by Mon. 2 Jun. The amount will be deducted from your account on Mon. 2 Jun only for bank transfer registrants.

If you have not received a tax notice, or have received it for a car that was scrapped or changed ownership before 1 Apr. 2025, contact the Tax Section. Regarding reduction and exemption for the disabled, contact the Tax Section as well.

Inquiries: Tax Section, ph. 029-282-1711 ext. 1117, 1118

4. Healthy Walking Group

One-hour walk of Fresh Greenery Route from Fureaino-mori Park

Date: Fri. 2 May (Canceled in case of rain)

Time: 9:30 a.m. (Registration starts from 9:00 a.m.)

Meeting place: Fureaino-mori Park

Eligible People: Tokai Village residents

Other: No reservation is required. Bring a drink, a towel, and wear comfortable clothes. Please try carpooling due to the limited space in the parking lot.

Application and Inquiries: Apply to Tokai Health Center, ph. 029-282-2797

5. Exploring Coastal Creatures

Participants will enjoy observing tidal zone creatures at low tide, hosted by Tokai Village Environmental Research Team.

Date: Sat. 31 May

Time: 9:30 a.m.- noon

Place: Hiraiso Coast (Hiraiso-cho, Hitachinaka)

Eligible people: Family who live in Tokai Village *Child aged 3 or older.

Capacity: 5 families *If there are too many applicants, a lottery will be held.

Cost: 500 yen per family group

Application: Apply online by Tue. 6 May. at:

https://apply.e-tumo.jp/vill-tokai-ibaraki-u/offer/offerDetail_initDisplay?tempSeq=69605&accessFrom=

Inquiries: Lifelong Learning Section, ph. 029-287-0851

6. Basic Physical Training Course

Date: Sun. 18 May

Time: 10:00 a.m. – 11:45 a.m.

Place: Tokai Gymnasium

Eligible people: Junior high school students and older who live, work or go to school in Tokai Village

Capacity: 10 people (The minimum number is 5.)

Instructor: Mr. Yuto Sakai

Cost: 700 yen per person

Application: Apply with the fee at Tokai Gymnasium between 8:30 a.m. and 5:15 p.m. from

Tue. 29 Apr. to Fri. 16 May. (except Wed. 7 and Mon. 12 May)

Inquiries: Tokai Gymnasium, ph. 029-283-0673

7. Special Exhibition: Arts & Crafts and Design: From William Morris to Frank Lloyd Wright

An exhibition introducing the charm and development of the Arts and Crafts movement, which became the foundation of modern design. Approximately 170 diverse works will be displayed including William Morris's wallpapers and textiles, which are highly popular in Japan, as well as handicrafts, furniture, and books.

Date: Until Sun. 29 Jun. (except Mon, and Wed. 7 May.)

Time: 9:30 a.m.- 5:00 p.m. (Last admission 4:30 p.m.)

Place: The Museum of Modern Art, Ibaraki (666-1 Higashi Kubo, Semba-cho, Mito City)

Admission: General; 1360 (1240) yen, Seniors 70+; 680 (620) yen, High school students; 1130 (980) yen, Junior high/elementary school students; 550 (420) yen

*The fees shown in parentheses are for groups of 20 or more

*Admission free for visitors with Disability Certificates (Including one companion)

*Admission free on Sat. for high school students and under

Inquiries: The Museum of Modern Art, Ibaraki, ph. 029- 243-5111