

## 広報とうかい 5/25 号

1. 6月の休日診療
2. 6月の健康相談
3. 東海村春のクリーン作戦
4. SC スマイル TOKAI「男性の運動教室」
5. 新川河口ごみ拾い・生き物植物観察
6. シェリーのネイチャーラボ
7. 「東海村芸術祭 2024（芸術部門）」発表会
8. SC スマイル TOKAI「宝登山ハイキング」

## Tokai Newsletter 25 May 2024

1. Weekend Medical Services in Jun.
2. Health Checks and Consultations in Jun.
3. Spring Cleanup Day
4. Fun Exercise for Dads and Kids
5. Picking Up Trash & Creature Observation at the Mouth of the Shinkawa River
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7. Art Festival Performances 2024
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### 1. Weekend Medical Services in Jun.

**Hours:** 9:00 a.m. - noon (Hours are available for all locations.)

Sun. 2: Tokai Hospital, ph.029-282-2188

Sun. 9: Tokai Hospital, ph.029-282-2188

Sun. 16: Ishii Orthopedics (Seikeigeka) Clinic, ph.029-270-5141

Sun. 23: Tokai Hospital, ph.029-282-2188

Sun. 30: Tokai Clinic, ph.029-283-1711

**Ibaraki Children Emergency Information Helpline**, ph. #8000 or 050-5445-2856

Hours: open 24 hours a day, every day of the year (including emergency medical information)

**Ibaraki Adult Emergency Information Helpline**, ph. #7119 or 050-5445-2856

Hours: open 24 hours a day, every day of the year (including emergency medical information)

## **2. Health Checks and Consultations in Jun.**

### **(1) Health Consultation for Mothers and Children**

**Date:** Fri. 14 Jun.

**Time:** 9:00 a.m. - 11:30 a.m., 1:00 p.m. - 3:00 p.m.

Please make an appointment.

### **(2) “Genki-up” Health Consultation for Adults**

**Date:** Fri. 14 Jun.

**Time:** 9:00 a.m. - 11:30 a.m., 1:00 p.m. - 3:30 p.m.

Please make an appointment.

### **(3) Health Check for Babies**

#### **1) Infants (babies born in Jan. 2024)**

**Date:** Wed. 5 Jun.

**Time:** 12:50 p.m. - 1:50 p.m.

#### **2) Children - aged 1 year and 6 months old (babies born in Nov. 2022)**

**Date:** Fri. 21 Jun.

**Time:** 12:50 p.m. - 1:50 p.m.

#### **3) Children - aged 3 years old (babies born in Dec. 2020)**

**Date:** Wed. 12 Jun.

**Time:** 12:50 p.m. - 1:50 p.m.

#### **(4) Baby Class for babies born in Mar. 2024**

**Date:** Thu. 13 Jun.

**Time:** 1:00 p.m. - 1:20 p.m.

#### **(5) Dental Checkup Class for babies born in Nov. & Dec. 2023**

**Date:** Wed. 19 Jun.

**Time:** 9:30 a.m. - 9:45 a.m.

Please make an appointment.

**Inquiries:** Tokai Health Center, ph. 029-282-2797

## **3. Spring Cleanup Day**

**Date:** Sat. 8 Jun.

\*In case of rain, notification will be given through the community radio system at 6:30 a.m., and the cleanup day will be postponed until Sun. 9 Jun.

**Time:** 7:00 a.m. – 8:00 a.m.

**Place:** All areas of Tokai Village

**Other:** Separate the garbage into burnable and non-burnable.

**Inquiries:** Environmental Policy Section, ph. 029-282-1711 ext. 1452

#### **4. Fun Exercise for Dads and Kids**

**Dates:** 4 Saturdays – 22, 29 Jun., 6, 13 Jul.

**Time:** 10:00 a.m.- 11:30 a.m.

**Place:** Tokai Welfare Center “Kizuna”

**Eligible people:** Fathers and children in pairs who live in Tokai Village. Children must be from 4 years old to 9 years old (in the third grade of elementary school)

**Capacity:** 15 pairs

**Application:** Apply to Tokai Gymnasium from Thu. 30 May (except Mon.)

**Inquiries:** SC Smile Tokai at Tokai Gymnasium, ph.029-283-1001

#### **5. Picking Up Trash & Creature Observation at the Mouth of the Shinkawa River**

**Date:** Sun. 23 Jun.

**Time:** 10:00 a.m.- noon

**Meeting Place:** Mouth of the Shinkawa River

**Capacity:** 30 people \*Elementary school students and under should be accompanied by a guardian

**Cost:** Free

**Other:** It is recommended to wear a life jacket.

**Application:** Apply by phone or e-mail (your name/s, phone number, and program name) to Lifelong Learning Section ([maruhaku@vill.tokai.ibaraki.jp](mailto:maruhaku@vill.tokai.ibaraki.jp)) between Thu. 30 May and Thu. 20 Jun.

**Inquiries:** Lifelong Learning Section, ph. 029-287-0851

#### **6. Shelly's Nature Lab: Comparing Floating Debris at Different Beaches**

**Date:** Sat. 29 Jun.

**Time:** 10:00 a.m. - 11:30 a.m.

**Place:** Tokai Village Museum (Rekishi To Mirai No Koryukan)

**Capacity:** 20 people

**Cost:** Free

**Application:** Apply by phone or e-mail (your name/s, phone number, and program name) to Lifelong Learning Section ([maruhaku@vill.tokai.ibaraki.jp](mailto:maruhaku@vill.tokai.ibaraki.jp)) between Thu. 30 May and Thu. 27 Jun.

**Inquiries:** Lifelong Learning Section, ph. 029-287-0851

## **7. Art Festival Performances 2024**

**Date:** Sun. 9 Jun.

**Time:** 1:00 p.m. (Doors open at 12:20 p.m.)

**Place:** Tokai Culture Center

**Contents:** Chorus, Hula, Yosakoi soran, Pop songs, Tokaidaiko, Japanese performing arts, Jazz dance and Modern dance

**Cost:** Free

**Inquiries:** Tokai Village Cultural Association at Tokai Culture Center, ph. 029-282-8511

## **8. Hiking Tour to Mt. Hodosan**

**Date:** Sat. 22 Jun.

**Time:** Meeting at Fureaino-mori Park at 6:20 a.m.

**Departure time:** 6:30 a.m.

**Place:** Hodosan in Nagatoro, Saitama Pref.

**Eligible people:** Anyone who lives or works in Tokai Village (including family living together) or belongs to SC Smile Tokai and is 18 years old or above

**Capacity:** 15 people

**Cost:** 10,000 yen for Smile Tokai members, 13,000 yen per person who lives together with a Smile Tokai member, 15,000 yen for non-members

**Application:** Apply with the fee at Tokai Gymnasium between 8:30 a.m. and 5:15 p.m., from Thu. 30 May to Wed. 19 Jun. (except Mon.)

**Inquiries:** SC Smile Tokai at Tokai Gymnasium, ph.029-283-1001