

## 広報とうかい 10/25 号

1. 11月の休日診療
2. 11月の健康相談
3. とうかい環境フェスタ 2023
4. 令和6年度保育所・認定こども園・小規模保育事業所の入所申し込みを受け付けます
5. 令和6年度学童クラブの新規利用申し込みを受け付けます
6. みんなですこやかウォーキング
7. チャレンジスクール「ジュニアホッケーの部」
8. SC スマイル TOKAI「陣馬山ハイキング」
9. 企画展「国吉康雄展～安眠を妨げる夢～」
10. ヨガサークル「星」ヨガ会員募集

## Tokai Newsletter 25 Oct. 2023

1. Weekend Medical Services in Nov.
2. Health Checks and Consultation in Nov.
3. Tokai Environment Festa 2023
4. Daycare Center and Kodomoen Applications for 2024
5. Tokai Village After-school Children's Club Application for 2024
6. Healthy Walking Group
7. Junior Hockey Class
8. Hiking Tour to Jimbasan
9. Special Exhibition: Yasuo Kuniyoshi, Disturbing Dream
10. Hoshi Yoga Group Members Wanted

### 1. Weekend Medical Services in Nov.

**Hours:** 9:30 a.m. - 2:00 p.m., except noon - 1:00 p.m. (Hours are available for all locations.)

Fri. 3: Higashihara Clinic, ph.029-283-2301

Sun. 5: Tokai Hospital, ph.029-282-2188

Sun. 12: Ibarakihigashi National Hospital, ph.029-282-1151

Sun. 19: Tokai Clinic, ph.029-283-1711

Thu. 23: Tokai Hospital, ph.029-282-2188

Sun. 26: Ibarakihigashi National Hospital, ph.029-282-1151

**Ibaraki Children Emergency Information Helpline**, ph. #8000 or 050-5445-2856

Hours: open 24 hours a day, every day of the year (including emergency medical information)

**Ibaraki Adult Emergency Information Helpline**, ph. #7119 or 050-5445-2856

Hours: open 24 hours a day, every day of the year (including emergency medical information)

## **2. Health Checks and Consultations in Nov.**

### **(1) Health Consultation for Mothers and Children**

**Date:** Fri. 17 Nov.

**Time:** 9:00 a.m. - 11:30 a.m., 1:00 p.m. - 3:00 p.m.

Please make an appointment.

### **(2) "Genki-up" Health Consultation for Adults**

**Date:** Fri. 17 Nov.

**Time:** 9:00 a.m. - 11:30 a.m., 1:00 p.m. - 3:30 p.m.

Please make an appointment.

### **(3) Health Check for Babies**

#### **1) Infants (babies born in Jun. 2023)**

**Date:** Wed. 8 Nov.

**Time:** 12:50 p.m. - 1:50 p.m.

#### **2) Children - aged 1 year and 6 months old (babies born in Apr. 2022)**

**Date:** Thu. 9 Nov.

**Time:** 12:50 p.m. - 1:50 p.m.

#### **3) Children - aged 3 years old (babies born in May 2020)**

**Date:** Wed. 15 Nov.

**Time:** 12:50 p.m. - 1:50 p.m.

#### **(4) Baby Class for babies born in Aug. 2023**

**Date:** Mon. 20 Nov.

**Time:** 1:00 p.m. - 1:20 p.m.

**Inquiries:** Tokai Health Center, ph. 029-282-2797

## **3. Tokai Environment Festa 2023**

**Date:** Sat. 11 Nov.

**Time:** 10:00 a.m. – 3:00 p.m.

**Place:** Open space in front of Tokai Village Office

**Contents:** Candle-making, eco-car trial ride, stamp rally, environmental study presentations, rock-paper-scissors championship, reuse market for kids' clothes and picture books, food trucks, etc.

**Inquiries:** Environmental Policy Section, ph. 029-282-1711 ext. 1454

#### **4. Daycare Center and Kodomoen Applications for 2024**

**Entrance Date:** 1 Apr. 2024

**Daycare Center:**

**Public;** Hyakutsuka Daycare Center, Funaishikawa Daycare Center, Keyaki-no-mori Daycare Center

**Private;** Tulip Daycare Center, Migiwa Daycare Center, Ozora Daycare Center, Sunflower Kodomo-no-mori Daycare Center

**Certified Kodomoen:**

**Public;** Tokai Muramatsu-Syuku Kodomoen

**Private;** Sachinomi Kodomoen, Oaks Funaba Kodomoen

**Small-scale Childcare Facility (Private):** Kirara Tokai Nursery

**Eligible People:** Children who meet one of the following conditions, and have no family members residing in the household who can take care of them;

1. Parents/guardians work more than 64 hours a month.
2. The mother is about to give birth or has just recently given birth.
3. Parents/guardians are ill or have disabilities.
4. Parents/guardians have long-term nursing care obligations.
5. Parents/guardians are working in disaster recovery.
6. Parents/guardians are job-hunting or in the process of starting a business.
7. Parents/guardians are studying at any school or in job training.
8. Parents/guardians are abusive.

**Capacity:** A few places are available at each of the daycare centers.

\*Availability will differ depending on the age of infant or toddler and the institution.

**Application:** Submit the application form (available at Childcare Support Section or can be downloaded from Childcare Support portal website "Nobi-nobi Kosodate Cho") and documentary proof of why care at home is not possible (e.g. certificates of employment or medical certificates) to Childcare Support Section on the 4th floor of Tokai Village Office between Mon. 13 and Fri. 24 Nov. from 8:30 a.m. to 5:15 p.m. (except weekends and public holidays). From 8:30 a.m. to 7:00 p.m. only on Thu. 16 Nov.

\*Please read the application guidelines for details.

**Inquiries:** Childcare Support Section, ph.029-282-1711 ext.1185

#### **5. Tokai Village After-school Children's Club Application for 2024**

##### **(1) After-school Children's Club at each school**

**Open:** After school until 7:00 p.m. Mon. through Fri. (except public holidays and New Year holidays). Special hours will be from 7:30 a.m. to 7:00 p.m. during extended and school holidays.

**Place:** Tokai Village After-school Children's Club (Ishigami, Funaishikawa, Nakamaru, Shirakata and Terunuma) \*The club is located next to each elementary school.

**Eligible People:** Children who meet the following conditions:

- Children who will be in 1st to 6th grade of Tokai Village elementary school on 1 Apr. 2024.
- Children with working/sick parents, or parents with nursing care obligations, and have nobody at home who can take care of them after school.

**Capacity:** Around 25 children for Ishigami and Nakamaru, around 15 children for Funaishikawa and Terunuma, around 20 children for Shirakata

\*Children with higher necessities for childcare will be given priority.

**Childcare Fee:** 5,000 yen per person per month (August only 10,000 yen)

\*An extra fee will be added for snacks and lunch as necessary.

**Other:** An explanatory meeting will be held at TelWel Tokai Children's Club Office on Wed. 1 Nov. from 6:00 p.m. for Funaishikawa, Nakamaru and Terunuma clubs, and on Thu. 2 Nov. from 6:00 p.m. for Ishigami and Shirakata clubs. For details, see Tokai Village After-school Children's Club website at <http://toukai-5gakudou.jp/>.

**Application:** Submit the application form with the necessary documents to the After-school Children's Club that you want to use by 6:00 p.m. on Thu. 30 Nov. Application forms are available at each After-school Children's Club and Childcare Support Section on the 4th floor of Tokai Village Office, or can be downloaded from Childcare Support portal website "Nobi-nobi Kosodate Cho" until Fri. 17 Nov.

**Inquiries:** TelWel East Japan Corporation, ph. 029-287-1003 (11:00 a.m. to 6:00 p.m.), Childcare Support Section, ph. 029-282-1711 ext. 1183

## **(2) Muramatsu After-school Children's Club**

Muramatsu After-school Children's Club is a public club privately operated by NPO Muramatsu After-school Children's Club Parents Association.

**Open:** After school until 7:00 p.m. Mon. through Fri. (except public holidays, obon and New Year holidays). Special hours will be from 7:30 a.m. to 7:00 p.m. during extended and school holidays.

**Place:** Muramatsu After-school Children's Club located next to Muramatsu elementary school

**Eligible People:** Children who meet the following conditions;

- Children who will be in 1st to 6th grade of Muramatsu elementary school on 1 Apr. 2024.

-Children with working/sick parents, or parents with nursing care obligations, and have nobody at home who can take care of them after school.

\*You can't use this club only during an extended vacation.

**Capacity:** Around 19 children

**Childcare Fee:** 5,000 yen per person per month (August only 10,000 yen)

\*An extra fee will be added for snacks, lunch and NPO membership.

**Other:** An explanatory meeting will be held on Sat. 9 Dec. from 6:00 p.m. at Muramatsu After-school Children's Club.

**Inquiries:** Muramatsu After-school Children's Club, ph. 029-283-0983

Childcare Support Section, ph. 029-282-1711 ext. 1183

## **6. Healthy Walking Group**

One-hour walk along the Ibaraki Health Road "Masaki Icho to Hanamizuki no Namiki Tori" course.

**Date:** Fri. 10 Nov. (Canceled in case of rain)

**Time:** 9:30 a.m. (Registration starts at 9:00 a.m.)

**Meeting place:** Masaki Community Center

**Other:** No reservation is required. Wear a mask. Bring a drink, a towel, and wear comfortable clothes. Please try carpooling due to the limited space in the parking lot.

**Inquiries:** Tokai Health Center, ph. 029-282-2797

## **7. Junior Hockey Class**

**Dates:** 4 Sundays – 26 Nov. and 3, 10, 17 Dec.

**Time:** 1:00 p.m. - 3:00 p.m.

**Place:** Tokai High School

**Eligible people:** Elementary school students who either live in or around Tokai Village

**Capacity:** 30 people (Minimum number is 5.)

**Others:** Tools will be lent out by organizers. Guardians can participate only in the first class.

**Application and Inquiries:** Apply to Tokai Gymnasium between 8:30 a.m. and 5:15 p.m., from Sat. 28 Oct. to Sat. 18 Nov. (except Mon.). Tokai Gymnasium, ph. 029-283-0673

## **8. Hiking Tour to Jimbasan**

**Date:** Sat. 25 Nov.

**Time:** Meeting at Fureaino-mori Park at 5:20 a.m.

**Departure time:** 5:30 a.m.

**Place:** Jimbasan in Hachioji City, Tokyo

**Eligible people:** Anyone who lives or works in Tokai Village (including family living together) or belongs to SC Smile Tokai and is 18 years old or above.

**Capacity:** 15 people

**Contents:** Hiking from Jimbasan-tozanguchi to the summit via Ichino ridge and back by Tochiya ridge course which takes approx. 3 hours 30 minutes.

**Cost:** 10,000 yen for Smile Tokai members, 12,000 yen per person who lives together with a Smile Tokai member, 14,000 yen for non-members

**Application:** Apply with the fee at Tokai Gymnasium between 8:30 a.m. and 5:15 p.m., from Thu. 2 to Wed. 22 Nov. (except Mon.)

**Inquiries:** SC Smile Tokai at Tokai Gymnasium, ph. 029-283-1001

## **9. Special Exhibition: Yasuo Kuniyoshi, Disturbing Dream**

**Date:** Until Sun. 24 Dec. (except Mon., but the museum will be open on Mon. 13 Nov.)

**Time:** 9:30 a.m.- 5:00 p.m. (Last admission 4:30 p.m.)

**Place:** The Museum of Modern Art, Ibaraki (666-1 Higashi Kubo, Semba-cho, Mito City)

**Admission:** General; 1,000 (870) yen, Seniors 70+; 500 (430) yen, College/High school students; 730 (610) yen, Junior high/elementary school students; 370 (240) yen

\*The fees shown in parentheses are for groups of 20 or more.

\*Admission free on Sat. for high school students and under

\*Admission free for visitors with Disability Certificates

\*Admission free on Mon. 13 Nov. for everyone

**Inquiries:** The Museum of Modern Art, Ibaraki, ph. 029- 243-5111

## **10. Hoshi Yoga Group Members Wanted**

**Date:** 4 Thursdays per month

**Time:** 7:30 p.m. – 9:00 p.m.

**Place:** Community Centers in the village

**Cost:** 4,400 yen per month

**Application and Inquiries:**

Ms. Seki, ph. 090-2731-1085 (after 7 p.m.) or email [hoshiyoga.t@gmail.com](mailto:hoshiyoga.t@gmail.com)