

## 広報とうかい 10/10号

1. 10月の休日診療
2. 窓口業務時間延長
3. 東海村秋のクリーン作戦
4. ハローベビースクール
5. 「図書館たんけん」参加者募集
6. ニュースポーツだョ！全員集合！
7. トレーニング基礎講座
8. 東海村文化祭 2023
9. 東海村文化協会「書道を楽しむ」
10. 東海村文化協会「裏千家茶の湯を楽しむ」

## Tokai Newsletter 10 Oct. 2023

1. Weekend Medical Services in Oct.
2. Extension of Administrative Service Time
3. Autumn Cleanup Day
4. Hello Baby Classes for Pregnant Women
5. Explore the Library!
6. New Sports Experience Day
7. Basic Physical Training Course
8. Tokai Village Cultural Festival 2023
9. Japanese Calligraphy Class
10. Japanese Tea Ceremony Class

### 1. Weekend Medical Services in Oct.

**Hours:** 9:30 a.m. - 2:00 p.m., except noon - 1:00 p.m. (Hours are available for all locations.)

Sun. 15: Ogata Clinic, ph.029-282-4781

Sun. 22: Tokai Hospital, ph.029-282-2188

Sun. 29: Ibarakihigashi National Hospital, ph.029-282-1151

**Ibaraki Children Emergency Information Helpline**, ph. #8000 or 050-5445-2856

Hours: open 24 hours a day, every day of the year (including emergency medical information)

**Ibaraki Adult Emergency Information Helpline**, ph. #7119 or 050-5445-2856

Hours: open 24 hours a day, every day of the year (including emergency medical information)

## **2. Extension of Administrative Service Time**

**Date:** Every 1st and 3rd Thu.

**Time:** 8:30 a.m. - 7:00 p.m.

### **Services and Sections:**

**Civil Registration Section;** Resident registration, seal (hanko) registration, My Number Card, passport issuance, and publishing of other certifications and permissions

**Health Insurance Section;** Procedures of National Health Insurance, National Pension Plan, Long Life Medical Care for the Elderly, Medical Welfare Subsidy and Long-term Care Insurance

**Tax Section;** Issuance of certifications, (local) taxpayer assistance (needs reservation)

**Accounting Section;** Payment of tax (except national tax, prefectural tax and national pension premiums) and royalties

**Childcare Support Section;** Procedures for day-care centers and kindergartens, application of child allowance and child-rearing allowance

**Waterworks Section;** Procedures to supply public water, payment of water and sewage bills

## **3. Autumn Cleanup Day**

**Date:** Sat. 21 Oct.

\*In case of rain, the cleanup will be postponed until Sun. 22 Oct. Notification will be given through the community radio system at 6:30 a.m.

**Time:** 7:00 a.m. – 8:00 a.m.

**Place:** All areas of Tokai Village

**Other:** Separate the garbage into burnable and non-burnable.

**Inquiries:** Environmental Policy Section, ph. 029-282-1711 ext. 1451

## **4. Hello Baby Classes for Pregnant Women**

Let's learn about pregnancy, childbirth, childcare, and share your concerns and experiences with us as an expecting mother. You can join either one or both classes.

### **Date and Content:**

(1) Fri. 10 Nov., 9:15 a.m. - 11:30 a.m. (Registration starts at 9:00 a.m.)

Lecture by a midwife, a nutrition manager and a dental hygienist. Childcare service will be provided for free.

(2) Sat. 11 Nov., 9:15 a.m. - 11:45 a.m. (Registration starts at 9:00 a.m.)

Talk about babies' crying / how to bathe a newborn / pregnancy experience for fathers /

useful services for before and after childbirth. Bring aprons for each attendee. No childcare service will be provided.

**Place:** Tokai Health Center

**Capacity:** (1) 8 people, (2) 12 pairs

**Cost:** Free

**Other:** Bring your Maternal and Child Health Handbook (boshi kenko techo), the supplementary handbook, a pen and a notebook.

**Applications and Inquiries:** Apply to Tokai Health Center, ph. 029-282-2797, or from the following Childcare Support Portal Website "Nobi-nobi Kosodate Cho" by Wed. 1 Nov.

<https://www.tokai-kosodate.jp/pagecat101/10j8c5ihg9-1647390608>

Reservations are required for both classes.

## 5. Explore the Library!

Let's explore the library and answer a quiz.

**Date:** Sun. 29 Oct.

**Time:** 10:00 a.m. – 11:00 a.m. and 2:15 p.m. – 3:15 p.m.

**Place:** Tokai Library

**Eligible people:** Elementary school students and older who live in Tokai Village

**Capacity:** 10 people for each morning and afternoon session

**Inquires:** Tokai Library, ph. 029-282-3435 \*No application required.

**Application:** Apply in person or by email (your name, phone number and preferred time) to Tokai Library (tosyokan@vill.tokai.ibaraki.jp) after Tue. 10 Oct.

**Inquires:** Tokai Library, ph. 029-282-3435, open from 9:30 a.m. to 7:00 p.m. (5:00 p.m. on Sat. and Sun.). The library is closed for inventory from Mon. 16 to Tue. 24 Oct.

## 6. New Sports Experience Day

New Sports Experience Day will be held every month featuring various unique sports.

**Date:** Sat. 28 Oct.

**Time:** 10:00 a.m.- 11:30 a.m.

**Place:** Tokai Gymnasium

**Contents:** Tokai Onigokko, Ground dodgeball

**Other:** Bring indoor shoes, a drink and a towel, and wear comfortable clothes.

**Application and Inquiries:** Apply to Tokai Gymnasium by Wed. 25 Oct., ph. 029-283-0673

## **7. Basic Physical Training Course**

**Date:** Sun. 26 Nov.

**Time:** 10:00 a.m. – 11:45 a.m.

**Place:** Tokai Gymnasium

**Eligible people:** Junior high school students or older

**Capacity:** 10 people (The minimum number is 5.)

**Instructor:** Mr. Yuto Sakai

**Cost:** 700 yen per person

**Application:** Apply with the fee at Tokai Gymnasium between 8:30 a.m. and 5:15 p.m. from Thu. 26 Oct. to Thu. 23 Nov. (except Mon.)

**Inquiries:** Tokai Gymnasium, ph. 029-283-0673

## **8. Tokai Village Cultural Festival 2023**

The Cultural Festival will be held from Sun. 29 Oct. to Sun. 5 Nov. at the following five venues; Tokai Gymnasium, Fureaino-mori Park, Tokai Culture Center, Tokai Library and Tokai Central Community Center. For details, see <http://www.bunka-tokai.org/index.shtml>

**Inquiries:** Tokai Culture Center, ph. 029-282-8511

## **9. Japanese Calligraphy Class**

**Dates:** 4 Fridays – 17 Nov., 1, 8, 15 Dec.

**Time:** 10:00 a.m. – 11:30 a.m.

**Place:** Tokai Culture Center

**Eligible people:** Anyone aged 20 or older who either lives or works in Tokai Village

**Capacity:** 10 people

**Cost:** 1,000 yen per person

**Application and Inquiries:** Apply with the fee and application form at Tokai Culture Center between 9:00 a.m. and 5:00 p.m. from Sun. 15 to Tue. 31 Oct. (except Mon.) Tokai Culture Center, ph. 029-282-8511

## **10. Japanese Tea Ceremony Class**

**Dates:** 5 Saturdays – 11 Nov., 2 Dec., 6 Jan., 10 Feb., 2 Mar.

**Time:** 2:30 p.m. – 4:30 p.m.

**Place:** Tokai Culture Center

**Eligible people:** Anyone aged 20 or older who either lives or works in Tokai Village

**Capacity:** 10 people

**Cost:** 5,000 yen per person, and an extra 3,000 yen only for those who do not have fukusa (silk cloth) and sensu (fan)

**Application and Inquiries:** Apply with the fee and application form at Tokai Culture Center between 9:00 a.m. and 5:00 p.m. from Sun. 15 Aug. to Tue. 31 Oct. (except Mon.) Tokai Culture Center, ph. 029-282-8511