

広報とうかい 5/25 号

1. 6月の休日診療
2. 6月の健康相談
3. 子育て世帯生活支援特別給付金
4. 安定ヨウ素剤の事前配布会を開催します
5. 東海村春のクリーン作戦
6. 大内瑠美&小林日和 歌とバイオリンのコンサート
7. 「東海村芸術祭 2023（芸術部門）」発表会
8. SC スマイル TOKAI「朝日岳ハイキング」
9. SC スマイル TOKAI「子育てパパの筋トレ教室」

Tokai Newsletter 25 May 2023

1. Weekend Medical Services in Jun.
2. Health Checks and Consultations in Jun.
3. Special Child Allowance for Lower Income Households
4. Distribution of Stable Iodine Tablets
5. Spring Cleanup Day
6. Concert by Local Musicians
7. Art Festival Performances 2023
8. Hiking Tour to Asahidake
9. Fun Exercise for Dads and Kids

In order to prevent the infectious disease of the novel coronavirus from spreading, some or all the events may be canceled or postponed.

1. Weekend Medical Services in Jun.

Hours: 9:30 a.m. - 2:00 p.m., except noon - 1:00 p.m. (Hours are available for all locations.)

Sun. 4: Ibarakihigashi National Hospital, ph.029-282-1151

Sun. 11: Tokai Hospital, ph.029-282-2188

Sun. 18: Higashihara Clinic, ph.029-283-2301

Sun. 25: Tokai Hospital, ph.029-282-2188

Ibaraki Children Emergency Information Helpline, ph. #8000 or 050-5445-2856

Hours: open 24 hours a day, every day of the year (including emergency medical information)

Ibaraki Adult Emergency Information Helpline, ph. #7119 or 050-5445-2856

Hours: open 24 hours a day, every day of the year (including emergency medical information)

2. Health Checks and Consultations in Jun.

(1) Health Consultation for Mothers and Children

Date: Fri. 16 Jun.

Time: 9:00 a.m. - 11:30 a.m., 1:00 p.m. - 3:00 p.m.

Please make an appointment.

(2) “Genki-up” Health Consultation for Adults

Date: Fri. 16 Jun.

Time: 9:00 a.m. - 11:30 a.m., 1:00 p.m. - 3:30 p.m.

Please make an appointment.

(3) Health Check for Babies

1) Infants (babies born in Jan. 2023)

Date: Wed. 7 Jun.

Time: 12:50 p.m. - 1:50 p.m.

2) Children - aged 1 year and 6 months old (babies born in Nov. 2021)

Date: Thu. 8 Jun.

Time: 12:50 p.m. - 1:50 p.m.

3) Children - aged 3 years old (babies born in Dec. 2019)

Date: Wed. 14 Jun.

Time: 12:50 p.m. - 1:50 p.m.

(4) Baby Class for babies born in Mar. 2023

Date: Thu. 15 Jun.

Time: 1:00 p.m. - 1:20 p.m.

(5) Dental Checkup Class for babies born in Nov. & Dec. 2022

Date: Wed. 21 Jun.

Time: 9:30 a.m. - 9:45 a.m.

Please make an appointment.

Inquiries: Tokai Health Center, ph. 029-282-2797

3. Special Child Allowance for Lower Income Households

Special Child Allowance (50,000 yen per child) will be provided to lower income households with children under 18 years old.

The allowance will be transferred to the bank account of eligible households. Application forms are not required. However, those under certain conditions need to apply for the allowance by Feb. 2024. For details, contact the Childcare Support Section.

Inquiries: Childcare Support Section, ph.029-282-1711 ext.1187

4. Distribution of Stable Iodine Tablets

Stable iodine tablets will be distributed to residents living within around 5 kilometers of Tokai No.2 Power Station of the Japan Atomic Power Company in Tokai Village by Ibaraki Prefecture and Tokai Village.

What are stable iodine tablets?

A stable iodine tablet is a prescribed product for preventing radioactive deficiency by radioactive iodine. The stable iodine tablet will be distributed in advance and taken quickly in case of a nuclear disaster.

Dates and Places:

- (1) Sun. 4 Jun. 9:00 a.m. - 11:30 a.m., 1:00 p.m. - 4:30 p.m. at Omika Elementary School Gym in Hitachi City
- (2) Sun. 11 Jun. 9:00 a.m. - 11:30 a.m., 1:00 p.m. - 4:30 p.m. at Tokai Welfare Center "Kizuna"
- (3) Wed. 21 Jun. 11:00 a.m. - 6:30 p.m. at Tokai Village Office 5F
- (4) Sun. 25 Jun. 9:00 a.m. - 11:30 a.m., 1:00 p.m. - 4:30 p.m. at Motokomezaki Community Center in Naka City
- (5) Sun. 2 Jul. 9:00 a.m. - 11:30 a.m., 1:00 p.m. - 4:30 p.m. at Sakamoto Elementary School Gym in Hitachi City
- (6) Sun. 9 Jul. 9:00 a.m. - 11:30 a.m., 1:00 p.m. - 4:30 p.m. at Tokai Welfare Center "Kizuna"
- (7) Sun. 6 Aug. 9:00 a.m. - 11:30 a.m., 1:00 p.m. - 4:30 p.m. at Kuji Elementary School Gym in Hitachi City

Other:

- Bring the documents received. You need to fill in the enclosed "check sheet" in advance.
- If you have expired tablets, they will be collected on the day.
- If you have lost the documents, ask for a new numbered ticket at the reception desk on the day.
- A household representative (18 years old and above) can receive stable iodine tablets for all family members. In that case, the representative must bring the family members' numbered tickets, check sheets, and expired stable iodine tablets (if you have them).
- Stable Iodine tablets can also be received at some pharmacies. For details, see:

<https://www.vill.tokai.ibaraki.jp/soshikikarasagasu/somminseikatsubu/bosaigenshiryokuanzenka/genshiryoku/youso/5993.html>

Inquiries:

- General inquiries about stable iodine tablet distribution: Ibaraki Prefectural Pharmaceutical Administration, ph. 029-301-3384
- For distribution schedule/place: Disaster Prevention and Nuclear Energy Safety Section, ph. 029-282-1711 ext. 1525

5. Spring Cleanup Day

Date: Sat. 17 Jun.

*In case of rain, notification will be given through the community radio system at 6:30 a.m., and the cleanup day will be postponed until Sun. 18 Jun.

Time: 7:00 a.m. – 8:00 a.m.

Place: All areas of Tokai Village

Other: Separate the garbage into burnable and non-burnable.

Inquiries: Environmental Policy Section, ph. 029-282-1711 ext. 1452

6. Concert by Local Musicians

Date: Sat. 15 Jul.

Time: 2:00 p.m. (Doors open at 1:30 p.m.)

Place: Tokai Culture Center

Cost: General: 1,000 yen/person, high school students and younger: 500 yen/person

*No preschool children allowed. Apply for childcare service (1,000 yen per person) if needed by Sat. 8 Jul.

Performers: Rumi Ouchi (soprano), Hiyori Kobayashi (violin)

Application: Tickets will be sold at the Cultural Center from 9:00 a.m. on Sun. 4 Jun. If there are remaining tickets available, reservations will be accepted by phone from 1:00 p.m. on Sun. 4 Jun.

Inquiries: Tokai Culture Center, ph. 029-282-8511

7. Art Festival Performances 2023

Date: Sun. 11 Jun.

Time: 1:00 p.m. (Doors open at 12:20 p.m.)

Place: Tokai Culture Center

Contents: Chorus, Japanese performing arts, Jazz dance, Tokaidaiko, Pop songs, Hula, Yosakoi soran and Modern dance

Cost: Free

Inquiries: Tokai Village Cultural Association at Tokai Culture Center, ph. 029-282-8511

8. Hiking Tour to Asahidake

Date: Sat. 24 Jun.

Time: Meeting at Fureaino-mori Park at 6:50 a.m.

Departure time: 7:00 a.m.

Place: Asahidake in Tochigi Pref.

Eligible people: Anyone who lives or works in Tokai Village (including family living together) or belongs to SC Smile Tokai and is 18 years old or above

Capacity: 15 people

Contents: Hiking from Nasu-Ropeway Stn. to the summit and return which takes approx. 3 hours 30 minutes.

Cost: 9,000 yen for Smile Tokai members, 11,000 yen per person who lives together with a Smile Tokai member, 13,000 yen for non-members

Application: Apply with the fee at Tokai Gymnasium between 8:30 a.m. and 5:15 p.m., from Thu. 1 to Wed. 21 Jun. (except Mon.)

Inquiries: SC Smile Tokai at Tokai Gymnasium, ph.029-283-1001

9. Fun Exercise for Dads and Kids

Dates: 4 Saturdays – 24 Jun., 1, 8, 15 Jul.

Time: 9:30 a.m.- 11:00 a.m.

Place: Tokai Welfare Center “Kizuna”

Eligible people: Fathers and children in pairs who live in Tokai Village *Children must be from 4 years old to 7 years old (in the first grade of elementary school)

Capacity: 15 pairs

Cost: Free

Application: Apply with an application form to Tokai Gymnasium between 8:30 a.m. and 5:15 p.m. from Sun. 28 May (except Mon.)

Inquiries: SC Smile Tokai at Tokai Gymnasium, ph.029-283-1001