

広報とうかい 3/25 号

1. 4月の休日診療
2. 4月の健康相談
3. 一般・脳ドックの受診費用を補助します
4. みんなですこやかウォーキング
5. 「ぴよんぴよんサークル」(春コース) 会員募集
6. 「にこにこクラブ春」会員募集
7. 認可外保育施設の保育料一部補助します
8. グランドピアノを弾いてみませんか
9. SC スマイル TOKAI「高尾山ハイキング」
10. 乗馬少年団団員募集
11. 「須和間卓球クラブ」会員募集

Tokai Newsletter 25 Mar. 2023

1. Weekend Medical Services in Apr.
2. Health Checks and Consultations in Apr.
3. Subsidy for Complete Physical Examination (General Dock or Brain Dock)
4. Healthy Walking Group
5. Pyonpyon Circle (Spring)
6. Nikoniko Club (Spring)
7. Subsidy for Day Care Fees of Unlicensed Childcare Facilities
8. Rent a Grand Piano for Private Practice
9. Hiking Tour to Mt. Takao
10. Horse Riding Youth Club Members Wanted
11. "Suwama Table Tennis Club" Members Wanted

In order to prevent the infectious disease of the novel coronavirus from spreading, some or all the events may be canceled or postponed.

1. Weekend Medical Services in Apr.

Hours: 9:30 a.m. - 2:00 p.m., except noon - 1:00 p.m. (Hours are available for all locations.)

Sun. 2: Ogata Clinic, ph.029-282-4781

Sun. 9: Ibarakihigashi National Hospital, ph.029-282-1151

Sun. 16: Tokai Hospital, ph.029-282-2188

Sun. 23: Ibarakihigashi National Hospital, ph.029-282-1151

Sat. 29: Tokai Hospital, ph.029-282-2188

Sun. 30: Muto Pediatric Clinic, ph.029-282-7722

Ibaraki Children Emergency Information Helpline, ph. #8000 or 050-5445-2856

Hours: open 24 hours a day, every day of the year (including emergency medical information)

Ibaraki Adult Emergency Information Helpline, ph. #7119 or 050-5445-2856

Hours: open 24 hours a day, every day of the year (including emergency medical information)

2. Health Checks and Consultations in Apr.

(1) Health Consultation for Mothers and Children

Date: Fri. 14 Apr.

Time: 9:00 a.m. - 11:00 a.m., 1:00 p.m. - 3:00 p.m.

Please make an appointment.

(2) "Genki-up" Health Consultation for Adults

Date: Fri. 14 Apr.

Time: 9:00 a.m. - 11:30 a.m., 1:00 p.m. - 5:00 p.m.

Please make an appointment.

(3) Health Check for Babies

1) Infants (babies born in Nov. 2022)

Date: Wed. 12 Apr.

Time: 12:50 p.m. - 1:50 p.m.

2) Children - aged 1 year and 6 months old (babies born in Sep. 2021)

Date: Thu. 13 Apr.

Time: 12:50 p.m. - 1:50 p.m.

3) Children - aged 3 years old (babies born in Oct. 2019)

Date: Wed. 19 Apr.

Time: 12:50 p.m. - 1:50 p.m.

(4) Baby Class for babies born in Jan. 2023

Date: Mon. 17 Apr.

Time: 1:00 p.m. - 1:20 p.m.

(5) Dental Checkup Class for babies born in Sep. & Oct. 2022

Date: Tue. 18 Apr.

Time: 9:30 a.m. - 9:45 a.m.

Please make an appointment.

Inquiries: Tokai Health Center, ph. 029-282-2797

3. Subsidy for Complete Physical Examination (General Dock or Brain Dock)

Eligible people: Those who are over 18 years of age and enrolled in Tokai Village National Health Insurance or Late-stage Medical Care Insurance for the Elderly

Place:

Tokai Hospital, ph. 029-282-2614

Hitachi, Ltd. Hitachinaka General Hospital, ph. 029-354-6795

Hitachi, Ltd. Hitachi General Hospital, ph. 0294-23-3971

Ibaraki Medical Center, ph. 029-243-1111

Higashikanto Clinic, ph. 029-221-1200

Seirei Memorial Hospital, ph. 0294-52-8531

Seirei Memorial Hospital Hitachinaka, ph. 029-219-8400

Brainpier Minamiohta, ph. 0294-70-1711

Brainpier Hitachinaka, ph. 029-219-7702

*The amount of self-pay burden varies depending on each medical institution.

Other:

-You can take an examination (either General Dock or Brain Dock) once a fiscal year.

-If you take a General Dock, you cannot take some other examinations provided by Tokai Village within the same fiscal year.

-There are some examinations not eligible for the subsidy. Please check with each medical institution for the cost.

Application: Apply at Health Insurance Section (1F) with your insurance card and hanko between Mon. 3 Apr. 2023 and Fri. 1 Mar. 2024.

*After making a reservation at a designated medical institution, you need to apply for the subsidy at Health Insurance Section, before taking the examination.

Inquiries: Health Insurance Section, ph. 029-282-1711 ext. 1131, 1135

4. Healthy Walking Group

One-hour walk along the Ibaraki Health Road "Shirakata Sakurakaoru Denen" course.

Date: Fri. 7 Apr. (Canceled in case of rain)

Time: 9:30 a.m. (Registration starts at 9:00 a.m.)

Meeting place: Shirakata Community Center

Eligible People: Tokai Village residents

Other: No reservation is required. Wear a mask. Bring a drink, a towel, and wear comfortable clothes. Please try carpooling due to the limited space in the parking lot.

Inquiries: Tokai Health Center, ph. 029-282-2797

5. Pyonpyon Circle (Spring)

Date: 8 Fridays – 14, 28 Apr., 12, 26 May, 9, 23, 30 Jun., 7 Jul.

Time: 9:45 a.m. - 11:15 a.m.

Place: Tokai Muramatsu-Syuku Kodomoen

Eligible People: Children born between 2 Apr. and 30 Sep. 2021 accompanied by a guardian who lives in Tokai Village.

Capacity: 8 pairs

Cost: Free

Application and Inquiries: Apply by phone to Tokai Muramatsu-Syuku Kodomoen Parenting Support Center between 9:00 a.m. and 4:00 p.m. after Mon. 3 Apr., ph. 029-282-7390.

6. Nikoniko Club (Spring)

Date: 8 Tuesdays – 18, 25 Apr., 2, 16, 23, 30 May, 13, 20 Jun.

Time: 9:30 a.m. - 11:30 a.m.

Place: Tokai Muramatsu-Syuku Kodomoen

Eligible People: Children born between 2 Apr. 2020 and 1 Apr. 2021 accompanied by a guardian who is a resident of Tokai Village

Capacity: 8 pairs

Contents: Rhythm activities, crafts and social play

Cost: Free

Application and Inquiries: Apply by phone to Tokai Muramatsu-Syuku Kodomoen Childcare Support Center between 9:00 a.m. and 4:00 p.m. from Wed. 5 Apr., ph. 029-282-7390.

7. Subsidy for Day Care Fees of Unlicensed Childcare Facilities

Eligible people:

A child of a household who meets all the conditions below;

- 1) The child is a resident of Tokai village.
- 2) Parents/guardians are unable to take care of the child due to work or illness.
- 3) The child attended/has been attending an unlicensed childcare facility, which had been filed as required by Child Welfare Act, between Sep. 2022 and Mar. 2023 on a monthly contract (including the ones outside Tokai Village).
- 4) The fees paid were higher than what was supposed to be paid if the child attended a licensed daycare center.

5) The child is certified or eligible for childcare by Parenting Support New System (except for those who are eligible for Free Preschool Education System).

Subsidy:

Max. 20,000 yen per person per month – half of the difference in the monthly fee of the unlicensed childcare facility and that of a licensed daycare center

Application: Submit the application form with the certificate to prove attendance and payment issued by the unlicensed childcare facility to the Childcare Support Section on the 4th floor of the Village Office by Fri. 21 Apr. The application form and the flyer are available at the Childcare Support Section or can be downloaded from Childcare Support Portal Website “Nobi-nobi Kosodate Cho” at <http://www.tokai-kosodate.jp/>.

Inquiries: Childcare Support Section, ph.029-282-1711 ext.1185

8. Rent a Grand Piano for Private Practice

Dates:

Sun. 9, Sat. 15, Sun. 23 Apr.

Tue. 9, Sat. 13, Fri. 26 May

Tue. 6, Fri. 16, Fri. 30 Jun.

Time:

1:00 p.m. - 7:50 p.m. on Tue. and Fri.

9:00 a.m. - 7:50 p.m. (except noon - 1:00 p.m.) on Sat., Sun.

Place: Tokai Culture Center

Eligible people: Anyone who lives, works or goes to school in Tokai Village

Cost: 200 yen per session (50-minute session for one person only)

*You can apply up to two practice sessions per term (Apr. to Jun.).

*Reservations cannot be changed.

*Please contact Tokai Culture Center about additional use.

Application and Inquiries: Apply to Tokai Culture Center (ph. 029-282-8511) between 9:00 a.m. and 5:00 p.m. from Sat. 1 Apr. You should apply by 5:00 p.m. on the day you want to use the venue (except closed days).

9. Hiking Tour to Mt. Takao

Date: Sat. 22 Apr.

Time: Meeting at Fureaino-mori Park at 5:50 a.m.

Departure time: 6:00 a.m.

Place: Mt. Takao in Hachioji, Tokyo

Eligible people: Anyone who lives or works in Tokai Village (including family living together) or belongs to SC Smile Tokai and is 18 years old or above.

Capacity: 15 people

Contents: There are 2 courses.

1. "Omotesando Course" which takes approx. 3 hours

2. "Biwataki Course" which takes approx. 3 hours

Cost: 9,000 yen for Smile Tokai members, 11,000 yen per person who lives together with a Smile Tokai member, 13,000 yen for non-members

Application: Apply with the fee at Tokai Gymnasium between 8:30 a.m. and 5:15 p.m., from Thu. 30 Mar. to Wed. 19 Apr. (except Mon.)

Inquiries: SC Smile Tokai at Tokai Gymnasium, ph.029-283-1001

10. Horse Riding Youth Club Members Wanted

Date: Sat. and Sun.

Time: 8:30 a.m. - noon

Place: Tokai Riding Park (Bajien), 845- 4 Funaishikawa, Tokai Village

Eligible people: Students from 3rd grade of elementary school up to 3rd grade of junior high school

Cost: 2,000 yen per month

Inquiries: Mr. Ozaki, Tokai Bajien, ph. 029-282-7056

*Applications are accepted throughout the year.

11. "Suwama Table Tennis Club" Members Wanted

Beginners and students are welcome. If you are interested, please visit us.

Date: Sun.

Time: 9:00 a.m. - 12:00 p.m.

Place: Muramatsu Community Center

Cost: 100 yen per time

Inquiries: Akiba san, ph. 090-8582-5059