#### 広報とうかい 6/25 号

- 1.7月の休日診療
- 2.7月の健康相談
- 3. 電気・ガス・食料品等価格高騰重点支援給付金
- 4. 「オープン照小デー」参加者募集!
- 5. 7/1から「東海スイミングプラザ」がオープンします!
- 6.10月から「電子図書館」の運用を開始します
- 7. SC スマイル TOKAI「安達太良山ハイキング」
- 8. 共通金券プレゼントセール

#### Tokai Newsletter 25 Jun. 2023

- 1. Weekend Medical Services in Jul.
- 2. Health Checks and Consultations in Jul.
- 3. Emergency Support Benefits for the Price Hike for Lower Income Households
- 4. Terunuma Elementary School Experience Day
- 5. Tokai Swimming Plaza Opens on 1 Jul.
- 6. Tokai Online Library Opens in Oct.
- 7. Hiking Tour to Mt. Adatara
- 8. Money Coupon Present Campaign

#### 1. Weekend Medical Services in Jul.

**Hours**: 9:30 a.m. - 2:00 p.m., except noon - 1:00 p.m. (Hours are available for all locations.) Sun. 2: Tokai Clinic, ph.029-283-1711 Sun. 9: Ibarakihigashi National Hospital, ph.029-282-1151

Sun. 16: Ishii Orthopedics (Seikeigeka) Clinic, ph.029-270-5141

Mon. 17: Tokai Hospital, ph.029-282-2188

Sun. 23: Ibarakihigashi National Hospital, ph.029-282-1151

Sun. 30: Tokai Hospital, ph.029-282-2188

Ibaraki Children Emergency Information Helpline, ph. #8000 or 050-5445-2856

Hours: open 24 hours a day, every day of the year (including emergency medical information)

Ibaraki Adult Emergency Information Helpline, ph. #7119 or 050-5445-2856

Hours: open 24 hours a day, every day of the year (including emergency medical information)

- 2. Health Checks and Consultations in Jul.
- (1) Health Consultation for Mothers and Children
  - Date: Fri. 21 Jul.

**Time**: 9:00 a.m. - 11:30 a.m., 1:00 p.m. - 3:00 p.m.

Please make an appointment.

# (2) "Genki-up" Health Consultation for Adults

Date: Fri. 21 Jul.

Time: 9:00 a.m. - 11:30 a.m., 1:00 p.m. - 3:30 p.m.

Please make an appointment.

- (3) Health Check for Babies
- 1) Infants (born in Feb. 2023)

Date: Wed. 12 Jul.

**Time**: 12:50 p.m. - 1:50 p.m.

# 2) Children - aged 1 year and 6 months old (born in Dec. 2021)

Date: Thu. 13 Jul.

**Time**: 12:50 p.m. - 1:50 p.m.

# 3) Children - aged 3 years old (born in Jan. 2020)

Date: Wed. 19 Jul.

Time: 12:50 p.m. - 1:50 p.m.

(4) Baby Class for babies born in Apr. 2023

Date: Mon. 24 Jul.

**Time**: 1:00 p.m. - 1:20 p.m.

Inquiries: Tokai Health Center, ph. 029-282-2797

#### 3. Emergency Support Benefits for the Price Hike for Lower Income Households

The Japanese government will provide a Special Relief Payment (30,000 yen) to lower income households (once per household). Confirmation letters will be sent to Resident Tax-Exempt Households on Fri. 30 Jun.

**Application**: Return the confirmation form to Community Welfare Section by Sat. 30 Sep. **Inquiries**: Community Welfare Section, ph. 029-212-8822 Website:

https://www.vill.tokai.ibaraki.jp/iryo\_fukushi/kaigo\_fukushi/shakaifukushi/8367.html

### 4. Terunuma Elementary School Experience Day

Terunuma Elementary School is a "certified small school" that promotes unique education. The School Experience Day will have a school tour and trial classes.

Date: Tue. 18 Jul.

**Time**: 10:00 a.m. – 11:40 a.m.

Place: Terunuma Elementary School

**Eligible people**: Children in the final year of kindergarten/daycare center and their guardians who live in Tokai Village

Cost: Free

Application: Apply by Wed. 12 Jul. through

https://forms.office.com/Pages/ResponsePage.aspx?id=VOu1VEabQUyyq7zRx5L9wSzaMQJ R-QFPi6sCwj5QifZURjU4TzkwTTIwTEpLT0RFWENKS1U3MTJJNSQlQCN0PWcu&qrcode=true. Inquiries:

# About admission: School Education Section, ph. 029-282-1711 ext. 1412 About school experience day: Ph. 029-282-2024, email: <u>terunuma@terunuma-e.ed.jp</u>

#### 5. Tokai Swimming Plaza Opens on 1 Jul.

**Term:** Sat. 1 Jul. to Sun. 10 Sep. (Night opening from Thu. 20 Jul. to Sun. 20 Aug.) **Time**:

Morning period: 9:00 a.m. – 11:50 a.m.

Afternoon period: 1:00 p.m. – 3:50 p.m.

Night period: 5:00 p.m. – 7:00 p.m.

**Cost**: 200 yen for junior high school students and older, 100 yen for elementary school students, free for preschool children

**Other**: All persons entering the pool must wear swimsuits. Only drinks may be brought in (no food or alcohol).

Inquiries: Tokai Gymnasium, ph. 029-283-0673

Website: http://www.tokai-cs.or.jp/sports-facilities/swimming/

## 6. Tokai Online Library Opens in Oct.

You will be able to borrow and read books and magazines anytime, anywhere with the new online library service. The service will be available to those who either live, work or go to school in Tokai Village and have a registered library card. A limited selection of books will be available online. A book cannot be read by more than one person at a time. Book data cannot be downloaded.

Inquiries: Tokai Library, ph. 029-282-3435

# 7. Hiking Tour to Mt. Adatara

Date: Sat. 29 Jul.

Time: Meeting at Fureaino-mori Park at 5:50 a.m.

**Departure time**: 6:00 a.m.

Place: Mt. Adatara, Fukushima Pref.

**Eligible people**: Anyone who lives or works in Tokai Village (including family living together) or belongs to SC Smile Tokai and is 18 years old or above

Capacity: 20 people

**Contents**: Hiking from ropeway summit station to Okudake-tozanguchi via Kuroganegoya which takes approx. 4.5 hours.

**Cost**: 10,000 yen for Smile Tokai members, 13,000 yen per person who lives together with a Smile Tokai member, 15,000 yen for non-members

**Application**: Apply with the fee at Tokai Gymnasium between 8:30 a.m. and 5:15 p.m. from Thu. 6 to Wed. 26 Jul. (except Mon. 10, 24 and Tue. 18 Jul.)

Inquiries: SC Smile Tokai at Tokai Gymnasium, ph.029-283-1001

# 8. Money Coupon Present Campaign

During the campaign, one point is given per purchase of 500 yen at any of the registered 76 stores and restaurants in the village. Once you have collected 10 points, you can participate in a drawing for a prize.

Term: Sat. 1 Jul. to Sun. 31 Dec.

Place: At registered stores and restaurants with a banner or a poster

## Prize:

The drawing will be held once per month from Aug. to Jan. 2024. Winners will receive a prize without prior announcement.

\*Grand prize (one per month); Tokai Village Selection (A selection of good food made in the village. Go to Tokai Village Tourism Association's website at <u>http://tokai-kanko.com/</u> for details.)

\*Special prize (one per month); 30,000 yen money coupon

\*First prize (one per month); 10,000 yen money coupon

\*Second prize (five per month); 3,000 yen money coupon
\*Third prize (80 per month); 1,000 yen money coupon
\*Smile prize (five per month); 10,000 yen money coupon
Other: Money coupons are also sold at Tokai Village Society of Commerce and Industry.
Inquiries: Tokai Village Society of Commerce and Industry, ph. 029-282-3238