### 広報とうかい 7/25 号

- 1. 8月の休日診療
- 8月の健康相談
- 3. 受診しましょう「腹部超音波検診」
- 4. 親子教室「親子でサッカーを楽しもう!」
- 5. ニュースポーツだョ!全員集合!
- 6. 企画展「村を走った幻の小さな鉄道-村松軌道」
- 7. SC スマイル TOKAI「ゴルフ教室」
- 8. 舟石川コミュニティセンター多目的ホール使用一時停止

#### Tokai Newsletter 25 Jul. 2023

- 1. Weekend Medical Services in Aug.
- 2. Health Checks and Consultations in Aug.
- 3. Abdominal Ultrasound
- 4. Soccer Class for Kids and Parents
- 5. New Sports Experience Day
- 6. Special Exhibition at Tokai Village Museum
- 7. SC Smile TOKAI "Golf Class"
- 8. Temporary Closure of Multipurpose Hall at Funaishikawa Community Center

### 1. Weekend Medical Services in Aug.

**Hours**: 9:30 a.m. - 2:00 p.m., except noon - 1:00 p.m. (Hours are available for all locations.) Sun. 6: Ishii Orthopedics (Seikeigeka) Clinic, ph.029-270-5141

Fri. 11: Tokai Hospital, ph.029-282-2188

Sun. 13: Muto Pediatric Clinic, ph.029-282-7722

Sun. 20: Tokai Hospital, ph.029-282-2188

Sun. 27: Ibarakihigashi National Hospital, ph.029-282-1151

Ibaraki Children Emergency Information Helpline, ph. #8000 or 050-5445-2856

Hours: open 24 hours a day, every day of the year (including emergency medical information)

Ibaraki Adult Emergency Information Helpline, ph. #7119 or 050-5445-2856

Hours: open 24 hours a day, every day of the year (including emergency medical information)

#### 2. Health Checks and Consultations in Aug.

- (1) Health Consultation for Mothers and Children
  - Date: Fri. 4 Aug.

**Time**: 9:00 a.m. - 11:30 a.m., 1:00 p.m. - 3:00 p.m.

Please make an appointment.

## (2) "Genki-up" Health Consultation for Adults

Date: Fri. 4 Aug.

Time: 9:00 a.m. - 11:30 a.m., 1:00 p.m. - 3:30 p.m.

Please make an appointment.

(3) Health Check for Babies

#### 1) Infants for babies born in Mar. 2023

Date: Wed. 2 Aug.

Time: 12:50 p.m. - 1:50 p.m.

## 2) Children - aged 1 year and 6 months old for babies born in Jan. 2022

Date: Thu. 3 Aug.

Time: 12:50 p.m. - 1:50 p.m.

### 3) Children - aged 3 years old for babies born in Feb. 2020

Date: Wed. 9 Aug.

Time: 12:50 p.m. - 1:50 p.m.

## (4) Baby Class for babies born in May 2023

Date: Mon. 7 Aug.

**Time**: 1:00 p.m. - 1:20 p.m.

### (5) Dental Checkup Class for babies born in Jan. & Feb. 2023

Date: Mon. 28 Aug.

Time: 9:30 a.m. - 9:45 a.m.

Please make an appointment.

Inquiries: Tokai Health Center, ph. 029-282-2797

## 3. Abdominal Ultrasound

An abdominal ultrasound is a medical imaging test to investigate abdominal symptoms or concerns about organs in the abdominal cavity.

Date: Tue. 22, Wed. 23, Thu. 24, Fri. 25 and Sat. 26 Aug.

Time: 8:00 a.m.- 11:45 a.m. (Appointment time will be specified.)

Place: Tokai Health Center

Eligible people: Tokai Village residents over 40 years old

**Cost**: 1,500 yen per person to be collected on the day

Application: Apply from Mon. 31 Jul to Fri. 4 Aug.

In person/By post: Submit your name, address, date of birth, phone number and two preferred dates to Tokai Health Center, 2005 Muramatsu, Tokai Village 319-1112. Online:

https://www.vill.tokai.ibaraki.jp/soshikikarasagasu/fukushibu/kenkozoshinka/2/1/1/8377.ht ml

\*The application period will be closed as soon as the number of applicants reaches the limit. Inquiries: Tokai Health Center, ph. 029-282-2797

## 4. Soccer Class for Kids and Parents

Date: Sun. 10 Sep.
Time: 10:00 a.m. - 11:00 a.m.
Place: Tokai Muramatsu-Syuku Kodomoen
Eligible People: Children from 3 years old to preschool age accompanied by a guardian who lives in Tokai Village
Capacity: 20 pairs
Instructor: Mito Hollyhock team member
Cost: Free
Application and Inquiries: Apply by phone to Tokai Muramatsu-Syuku Kodomoen Parenting
Support Center between 9:00 a.m. and 4:00 p.m. after Tue. 8 Aug., ph. 029-282-7390.

## 5. New Sports Experience Day

New Sports Experience Day will be held every month featuring various unique sports.
Date: Sat. 12 Aug.
Time: 10:00 a.m.- 11:30 a.m.
Place: Tokai Gymnasium
Cost: Free
Other: Bring indoor shoes, a drink, a towel, and wear comfortable clothes.
Application and Inquiries: Apply by phone to Tokai Gymnasium by Wed. 9 Aug., ph. 029-283-0673.

### 6. Special Exhibition at Tokai Village Museum

Tokai Village Museum is having a special exhibition "Muramatsu Kido: The Short-lived Railway in Tokai Village."

Date: Until Sun. 24 Sep.

Place: Tokai Village Museum (Rekishi To Mirai No Koryukan)

Inquiries: Lifelong Learning Section, ph. 029-287-0851

## 7. SC Smile Tokai "Golf Class"

Both beginners and experienced players are welcome.
Dates: 5 Sundays - 20, 27 Aug. and 3, 17, 24 Sep.
Time: 1:30 p.m. - 2:30 p.m.
Place: Sakaide Golf Center in Naka city
Eligible people: Anyone who lives or works in Tokai Village (including family living together) or belongs to SC Smile Tokai and is 18 years old or above
Capacity: 4 people
Instructor: Mr. Shigeru Nanao (PGA qualified instructor)
Cost: 10,000 yen for Smile Tokai members, 12,500 yen for non-members
Application: Apply with the fee at Tokai Gymnasium between 8:30 a.m. and 5:15 p.m. from Sun. 30 Jul. to Thu. 17 Aug. (except Mon.)
Inquiries: SC Smile Tokai at Tokai Gymnasium, ph.029-283-1001

# 8. Temporary Closure of Multipurpose Hall at Funaishikawa Community Center

Funaishikawa Community Center will undergo the replacement of air conditioning equipment from October 2023 to the end of February 2024. The Multipurpose Hall will be temporally closed from Tue. 10 Oct. to Thu. 30 Nov. Other rooms and areas will be available during the work. Thank you for your understanding and cooperation.

Inquires: Community Support Section, ph. 029-282-1711 ext. 1462