

広報とうかい 8/25 号

1. 9月の休日診療
2. 9月の健康相談
3. 集団検診（10月）の予約を受け付けます
4. みんなですこやかウォーキング
5. 認可外保育施設の保育料を一部補助します
6. みぎわ幼稚園令和5年度園児募集
7. 「こあらひろば（子育て支援室）」に遊びにきませんか？
8. 東海村の大地をめぐる 大地の成り立ちとふれあいツアー
9. トレーニング基礎講座
10. SC スマイル TOKAI「赤城山ハイキング」

Tokai Newsletter 25 Aug. 2022

1. Weekend Medical Services in Sep.
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In order to prevent the infectious disease of the novel coronavirus from spreading, some or all the events may be canceled or postponed.

1. Weekend Medical Services in Sep.

Hours: 9:30 a.m. - 2:00 p.m., except noon - 1:00 p.m. (Hours are available for all locations.)

Sun. 4: Tokai Clinic, ph.029-283-1711

Sun. 11: Tokai Hospital, ph.029-282-2188

Sun. 18: Ogata Clinic, ph.029-282-4781

Mon. 19: Tokai Hospital, ph.029-282-2188

Fri. 23: Ibarakihigashi National Hospital, ph.029-282-1151

Sun. 25: Higashihara Clinic, ph.029-283-2301

Ibaraki Children Emergency Information Helpline, ph. #8000 or 050-5445-2856

Hours: open 24 hours a day, every day of the year (including emergency medical information)

Ibaraki Adult Emergency Information Helpline, ph. #7119 or 050-5445-2856

Hours: open 24 hours a day, every day of the year (including emergency medical information)

2. Health Checks and Consultations in Sep.

(1) Health Consultation for Mothers and Children

Date: Fri. 16 Sep.

Time: 9:00 a.m. - 11:00 a.m., 1:00 p.m. - 3:00 p.m.

Please make an appointment.

(2) “Genki-up” Health Consultation for Adults

Date: Fri. 16 Sep.

Time: 9:00 a.m. - 11:30 a.m., 1:00 p.m. - 3:00 p.m.

Please make an appointment.

(3) Health Check for Babies

1) Infants for babies born in Apr. 2022

Date: Wed. 7 Sep.

Time: 12:50 p.m. - 1:50 p.m.

2) Children - aged 1 year and 6 months old for babies born in Feb. 2021

Date: Thu. 8 Sep.

Time: 12:50 p.m. - 1:50 p.m.

3) Children - aged 3 years old for babies born in Mar. 2019

Date: Wed. 21 Sep.

Time: 12:50 p.m. - 1:50 p.m.

(4) Baby Class for babies born in Jun. 2022

Date: Thu. 15 Sep.

Time: 1:00 p.m. - 1:20 p.m.

Inquiries: Tokai Health Center, ph. 029-282-2797

3. Health Checks for Residents in Oct.

Residents' health checks for tuberculosis, lung cancer, colon cancer, prostate cancer, liver inflammation, specific health checks, health checks for the elderly and lifestyle disease prevention health checks will be held as listed below.

Health checks for residents will be held only by advance reservation to prevent the spread of the coronavirus. Please note that a limited number of people will be accepted.

Dates:

Fri. 7, Sat. 8, Wed. 12, Fri. 14, Sat. 15, Mon. 17, Tue. 25, Wed. 26, Thu. 27 and Fri. 28 Oct.

Reception Time:

- ①9:30 a.m. – 9:45 a.m. ②10:00 a.m. – 10:15 a.m. ③10:30 a.m. – 10:45 a.m.
- ④11:00 a.m. – 11:15 a.m. ⑤1:00 p.m. – 1:15 p.m. ⑥1:30 p.m. – 1:45 p.m.
- ⑦2:00 p.m. – 2:15 p.m. ⑧2:30 p.m. – 2:45 p.m.

Place:

Tokai Health Center in Tokai Welfare Center "Kizuna"

Cost: Free

Reservation:

-By Phone: Call Health Check Call Center, ph. 0570-010-212, between 9:00 a.m. – 6:00 p.m. on Tue. 6 and Wed. 7 Sep.

-Online: Book through Health Checks Reservation Website between 7:30 a.m. and 11:00 p.m. on Tue. 6 and Wed. 7 Sep. (See the leaflet enclosed with your checkup voucher for details.)

*Reservations are taken on a first come, first served basis. If there is any vacancy, reservations will be taken at Tokai Health Center after Mon. 12 Sep.

For those who take colon cancer test only:

No reservation is required. Please bring your sample to Health Center during the reception hours on the checkup day.

Notes:

*If you are not registered as a resident of the village on the checkup day, you are not eligible for the checkup.

*Please wear a mask and take your temperature.

*You cannot take a health check if you are unwell or without a reservation on the day.

Free shuttle bus service:

Free shuttle bus service is available between each community center and Tokai Health Center on the following dates. If you want to use the bus service, please request it when you reserve your checkup. The time schedule will be notified on the voucher.

Date:	From: / To:
Wed. 12 Oct.	Ishigami Community Center
Fri. 14 Oct.	Nakamaru Community Center
Mon. 17 Oct.	Muramatsu Community Center
Tue. 25 Oct.	Masaki Community Center
Wed. 26 Oct.	Shirakata Community Center

Thu. 27 Oct. Funaishikawa Community Center

Inquiries:

About specific health checks and health checks for the elderly; Health Insurance Section, ph. 029-282-1711 ext. 1131, 1135

About health checks other than the above; Tokai Health Center, ph. 029-282-2797

4. Healthy Walking Group

One-hour walk along the Health Road around Tokai Welfare Center "Kizuna".

Date: Fri. 2 Sep. (Canceled in case of rain or extreme heat)

Time: 9:30 a.m. (Registration starts from 9:00 a.m.)

Meeting place: Tokai Welfare Center "Kizuna"

Eligible People: Tokai Village residents

Other: No reservation is required. Wear a mask. Bring a drink, a towel, and wear comfortable clothes. Please try carpooling due to the limited space in the parking lot.

Inquiries: Tokai Health Center, ph. 029-282-2797

5. Subsidy for Day Care Fees of Unlicensed Childcare Facilities

Eligible people:

A child of a household who meets all conditions below;

- 1) The child is a resident of Tokai village.
- 2) Parents/guardians are unable to take care of the child due to work or illness.
- 3) The child attended/has been attending an unlicensed childcare facility, which had been filed as required by Child Welfare Act, between Apr. and Aug. 2022 on a monthly contract (including the ones outside Tokai Village).
- 4) The fees paid were higher than what was supposed to be paid if the child attended a licensed daycare center.
- 5) The child is certified or eligible for childcare by Parenting Support New System (except for those who are eligible for Free Preschool Education System).

Subsidy:

Max. 20,000 yen per person per month – half of the difference in the monthly fee of the unlicensed childcare facility and that of a licensed daycare center

Application: Submit the application form with the certificate to prove attendance and payment issued by the unlicensed childcare facility to the Childcare Support Section by Fri. 30 Sep. The Application form and the flyer are available at the Childcare Support Section or

can be downloaded from the Childcare Support Portal Website “Nobi-nobi Kosodate Cho” at <https://www.tokai-kosodate.jp/>.

Inquiries: Childcare Support Section, ph.029-282-1711 ext.1185

6. Admissions Information of Migiwa Kindergarten for 2023

(1) Children for kindergarten

Eligible people:

3-year-old children born between 2 Apr. 2019 and 1 Apr. 2020

4-year-old children born between 2 Apr. 2018 and 1 Apr. 2019

*Children who have turned 3 years old can enter.

Orientation: 2:00 p.m. - 3:00 p.m. on Thu. 22 & Mon. 26 Sep.

*No reservation required

Visit Day: 10:30 a.m. - 11:15 on Mon. 3 Oct.

*No reservation required

(2) 2-year-old children for nursery (Usagi-gumi)

Eligible people:

Children born between 2 Apr. 2020 and 1 Apr. 2021

Orientation: 10:30 a.m. - 11:30 a.m. on Fri. 16 Sep.

*No reservation required

Application and Inquiries: Fill out the application form which will be distributed from Mon. 5 Sep. and apply in person from 9:00 a.m. on Fri. 21 Oct. for (1), and on Fri. 28 Oct. for (2) at Migiwa Kindergarten (First-come-first-served-basis). ph. 029-282-9155

For more details, see Migiwa Kindergarten website at <http://migiwa-y.com/>

7. Koala Hiroba for Parents and Kids

Date: Every Wed. from 14 Sep. *Check the dates at <https://www.tokai-kosodate.jp/>.

Time: 10:00 - 11:30 a.m.

Place: Hyakutsuka Daycare Center

Eligible People: Pre-school age children or under and their guardians who live in Tokai Village

Capacity: 8 pairs

Contents: Playing freely, Storytelling

Cost: Free

Other: Bring a drink, extra clothes, a towel and a name tag.

Application and Inquiries: Apply by phone to Hyakutsuka Daycare Center Parenting Support Center, ph. 029-270-5660, between 9:00 a.m. and 10:00 a.m. on the day of your visit.

8. Let's Explore the Land and History of Tokai Village!

Dates: Sat. 1 Oct.

Time: 9:00 a.m. - 12:30 p.m.

Place: Meeting at Akogigaura Park – Muramatsu Sakyu – Masakiura – Masaki Kofun - Suwama

Eligible People: Elementary school students or older

Capacity: 20 people

Cost: 500 yen per person

Applications: Apply by phone or email with your name(s), number of participants, phone number and program name to Lifelong Learning Section (ph. 029-287-0851, maruhaku@vill.tokai.ibaraki.jp) between Thu. 1 and Sun. 25 Sep.

Inquiries: Kondo san, ph. 090-9689-0643

9. Basic Physical Training Course

Date: Sun. 25 Sep.

Time: 10:30 a.m. - noon

Place: Tokai Gymnasium

Eligible people: People from 40s to 70s

Capacity: 10 people (The minimum number is 5.)

Instructor: Mr. Yuto Sakai

Cost: 600 yen per person

Application: Apply with the fee at Tokai Gymnasium between 8:30 a.m. and 5:15 p.m. from Tue. 30 Aug. to Wed. 21 Sep. (except Mon. 5, 12 and Tue. 20 Sep.)

Inquiries: Tokai Gymnasium, ph. 029-283-0673

10. Hiking Tour to Mt. Akagi

Date: Sat. 24 Sep.

Time: Meeting at Fureaino-mori Park at 5:20 a.m.

Departure time: 5:30 a.m.

Place: Mt. Akagi in Maebashi City, Gunma

Eligible people: Anyone who lives or works in Tokai Village (including family living together) or belongs to SC Smile Tokai and is 18 years old or above

Capacity: 20 people

Contents: From Akagi Hiroba to Mt. Kurobi which takes approx. 4.5 hours

Cost: 9,000 yen for Smile Tokai members, 11,000 yen per person who lives together with a Smile Tokai member, 13,000 yen for non-members

Application: Apply with the fee at Tokai Gymnasium between 8:30 a.m. and 5:15 p.m., from Sat. 3 to Wed. 21 Sep. (except Mon. 5, 12 and Tue. 20 Sep.)

Inquiries: SC Smile Tokai at Tokai Gymnasium, ph.029-283-1001