

## 広報とうかい 4/10号

1. 4月の休日診療
2. 窓口業務時間延長
3. 歴史と未来の交流館休館日のお知らせ
4. 東海村成人歯科健康診査
5. 「ポランサークル」年間会員募集
6. 妊婦のための「ハローベビースクール」

## Tokai Newsletter 10 Apr. 2023

1. Weekend Medical Services in Apr.
2. Extension of Administrative Service Time
3. Irregular Closing Dates of Tokai Village Museum
4. Dental Checkups for Adults and Pregnant Women
5. Seeking Poran Circle Annual Members for the Year 2023
6. Hello Baby Classes for Pregnant Women

**In order to prevent the infectious disease of the novel coronavirus from spreading, some or all the events may be canceled or postponed.**

### 1. Weekend Medical Services in Apr.

**Hours:** 9:30 a.m. - 2:00 p.m., except noon - 1:00 p.m. (Hours are available for all locations.)

Sun. 16: Tokai Hospital, ph.029-282-2188

Sun. 23: Ibarakihigashi National Hospital, ph.029-282-1151

Sat. 29: Tokai Hospital, ph.029-282-2188

Sun. 30: Muto Pediatric Clinic, ph.029-282-7722

**Ibaraki Children Emergency Information Helpline**, ph. #8000 or 050-5445-2856

Hours: open 24 hours a day, every day of the year (including emergency medical information)

**Ibaraki Adult Emergency Information Helpline**, ph. #7119 or 050-5445-2856

Hours: open 24 hours a day, every day of the year (including emergency medical information)

### 2. Extension of Administrative Service Time

**Date:** Every 1st and 3rd Thu.

**Time:** 8:30 a.m. - 7:00 p.m.

**Services and Sections:**

**Civil Registration Section;** Resident registration, seal (hanko) registration, My Number Card, passport issuance, and publishing of other certifications and permissions

**Health Insurance Section;** Procedures of National Health Insurance, National Pension Plan, Long Life Medical Care for the Elderly, Medical Welfare Subsidy and Long-term Care Insurance

**Tax Section;** Issuance of certifications, (local) taxpayer assistance (needs reservation)

**Accounting Section;** Payment of tax (except national tax, prefectural tax and national pension premiums) and royalties

**Childcare Support Section;** Procedures for day-care centers and kindergartens, application of child allowance and child-rearing allowance

**Waterworks Section;** Procedures to supply public water, payment of water and sewage bills

### **3. Irregular Closing Dates of Tokai Village Museum**

Tokai Village Museum (Rekishi To Mirai No Koryukan) is usually closed on Mon. However, closing days will change during and after Japanese Golden Week as follows.

**Closed:** Mon. 24 Apr., Mon. 1, Tue. 2, Mon. 8, Tue. 9, Wed. 10, Thu. 11 May

**Inquiries:** Lifelong Learning Section, ph. 029-287-0851

<https://www.vill.tokai.ibaraki.jp/soshikikarasagasu/kyoikuiinkai/shogaigakushuka/9/1/1/6270.html>

### **4. Dental Checkups for Adults and Pregnant Women**

Free dental checkups are available to adults of specific ages and pregnant women at the designated dental clinics.

**Term:** Until Sun. 31 Mar. 2024

**Eligible people:** Residents who will turn 30, 40, 50, 60 and 70 years old in fiscal 2023, and pregnant women

**Cost:** Free

**Other:** Vouchers will be sent to eligible people. Pregnant women will receive a voucher when the Maternal and Child Health Handbook (Boshi Kenko Techo) is issued. Contact Tokai Health Center if you recently moved to Tokai Village and don't have a voucher.

**Inquiries:** Tokai Health Center, ph. 029-282-2797

## 5. Seeking Poran Circle Annual Members for the Year 2023

Poran Circle is offering a place where parents and children can have a pleasant time playing outside with the children of Tulip Daycare Center.

**Date and Time:** 9:30 a.m. – 3:00 p.m. on weekdays

**Place:** Tulip Daycare Center

**Eligible people:** Children born between 2 Apr. 2019 and 31 Dec. 2021 and their guardians

**Capacity:** 15 pairs \*Priority will be given to Tokai Village residents.

**Cost:** Free

**Others:** Childcare consultation is provided from 10:00 a.m. to 3:00 p.m. on weekdays. (Reservations are required.)

**Application and Inquiries:** Apply by phone on Wed. 19 Apr. from 10:00 a.m. to 3:00 p.m. to Tulip Daycare Center, ph. 029-282-3158.

## 6. Hello Baby Classes for Pregnant Women

Let's learn about pregnancy, childbirth, childcare, and share your concerns and experiences with us as an expecting mother. You can join either one or both classes.

**Date and Content:**

(1) Fri. 12 May, 9:15 a.m. - 11:45 a.m. (Registration starts at 9:00 a.m.)

Lecture by a midwife, a nutrition manager and a dental hygienist. Childcare service will be provided for free.

(2) Sat. 13 May, 9:15 a.m. - 11:45 a.m. (Registration starts at 9:00 a.m.)

Talk about babies' crying / how to bathe a newborn / pregnancy experience for fathers / useful services for before and after childbirth. Bring aprons for each attendee. No childcare service will be provided.

**Place:** Tokai Health Center

**Capacity:** (1) 8 people, (2) 12 pairs

**Cost:** Free

**Other:** Bring your Maternal and Child Health Handbook (Boshi Kenko Techo), the supplementary handbook, pen and notebook.

**Applications:** Apply from the following Childcare Support Portal Website "Nobi-nobi Kosodate Cho", by Thu. 27 Apr.

<https://www.tokai-kosodate.jp/pagecat101/10j8c5ihg9-1647390608#contentstop>

**Inquiries:** Tokai Health Center, ph. 029-282-2797